



HUDSON SENIOR
NETWORK FOUNDATION
- HUDSON, OHIO -

Hudson Adult Senior Programs Presentation

November 22, 2022

Council Workshop Meeting

Hudson Senior Network Foundation

Adult Senior Programs

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Hudson Senior Network Presentation Outline

Introduction of Presenters and each of their roles/background

Background of the Hudson Senior Citizens Group and Hudson Senior Network (HSN)

Why the Senior Groups are presenting to the Mayor, Council Members, and City

Review of programs and senior growth in population and in participation

1. Over 65 population growth in Hudson
 - US census in 2010 had 12% of Hudson population over age 65. US census in 2020 this increased to 18%
 - Summit County Public Health Vital Statistics report projects this population will increase to 22% by 2035
2. Survey identified programming and communication as highest need
 - Respondents had educational programming as their #1 priority need
3. Past 2 years programming and highlights
 - Attendance averages between 30 and 50 seniors, below are a few highlights:
 - Fashion show, 55
 - Brain Health, 35
 - Cybersecurity, 40
 - Elder Law, 34
 - Downsizing, 43
 - Sleep, 36
 - Big Band Concert, 88+
 - Holiday party registrants, 59

Review of 5-year Business Plan Goals

Short term priority needs

1. Discussions with City officials indicated a need to inform the community who we are, what we do, and where we go from here
 - The current timing of the Comprehensive Plan is an opportune time to get community feedback on senior citizen needs and interests
 - Newsletters to increase awareness of programming and activities
 - Part-time administrative support to provide coordination of HSN initiatives, \$15,000
2. Proposed program expansion, \$31,000
 - Goal to increase educational programming weekly
 - Increase health-related programs and social activities
3. Newsletters (4 per year), \$15,600
 - Paper communications as well as electronic
 - Receive input from HCER and benefit of mailed program guides
 - Investigate advertising as a method of raising revenue for the newsletter

Long term priorities as part of the Comprehensive Plan

1. Snowplow program - \$30,200
 - Provides safe entrances to senior housing for public safety forces
2. Senior Social Services Support - \$5,000 Placeholder, \$____ Unfunded
 - Grief support groups, etc.
 - Comprehensive Plan community feedback
3. Senior Center - \$____ Unfunded
 - Provide more frequent simultaneous programming
 - Comprehensive Plan community feedback

Summary and what are we asking for?

- Benefits of activities to participants to provide this type of engagement for our senior population
- Incorporate discussion of senior center, social support services, and snowplow program in the community conversations for the Comprehensive Plan
- Funding for program expansion, newsletter, and support staff: CDBG grant, other grants, fundraising, local foundation support, and asking City for participation in these programs

HSN respectfully requests consideration for support of our senior programming needs and would like to thank you for tonight's discussion.

Questions?

Hudson Senior Network (HSN) 5-Year Business Plan Goals

Introduction

The Hudson Senior Network (HSN) was organized as an advisory group in 2019. HSN incorporated as a 501c3 in 2021 to become a not-for-profit organization with the ability to apply for grant funds as well as to partner with other community organizations for the benefit of Hudson's growing senior citizen population. The Hudson Senior Citizens group was organized in 1967 and a short history is attached (Appendix A). Like the HSN, this group provides programs and a monthly lunch. Over the last few years, the HSN and the Hudson Senior Citizens group have shared activities and information together. Discussions have been ongoing about blending activities into a single source program providing educational information. We are happy to announce that on November 8, 2022, HSN and Hudson Senior Citizens Group have formally combined efforts to best serve the senior population in Hudson (Appendix B) and will be known as the Hudson Senior Network. Our unified 5-year Business Plan Goals combine goals of the Hudson Senior Citizens group activities within the expanded programming and communications of the HSN.

Today, our Business Plan Goals are respectfully presented to the Mayor, City Council Members, and the community at large. Why now? Hudson's over 65 population is growing. The 2010 US Census recorded 12% (Appendix C) of the City's overall population to be over 65. The senior population has grown to 18% per the 2020 US Census (Appendix D). The Summit County Public Health Vital Statistics report (source information obtained from the Ohio Development Services Agency, 2015-2019 American Community Survey, 5-year average), states the senior population is expected to increase to 22% by 2035 (Appendix E). Statistically, we are an aging community. Additionally, as the Comprehensive Plan update is expected to be completed by the end of 2023, it is important to have the senior population's needs and interests included in this community conversation.

HSN has, and currently offers, educational programming series on topics such as social security, Medicare, health issues, and safety. Social programs are important to seniors as many live alone and need social engagement. Some of the social programs provided include a night of big band music by the Hudson Community Band and a Holiday Luncheon with music in December. Additionally, during COVID, holiday drive-throughs provided holiday cheer to many who would otherwise have been alone. The lunch programs provided are especially beneficial for both social engagement as well as the educational component of the speakers that provide so much to our senior population. Communication and collaborative memberships will provide the ability to expand the dissemination of information that is important to seniors. For example, it would be imperative to have various sources of communication if a snowplow program were to be implemented. Social service needs are another example of how communication such as newsletters are an important element to inform our seniors about resources and programs available to and for them.

The following is a list of a few educational programs provided and expected to be provided:

- Downsizing
- Scams and Senior Safety
- Fire and Home Safety for Seniors
- Brain Health and Exercises
- Cybersecurity
- Lowering our Utility Bills
- Skin Care for Aging Skin and Skin Cancer Awareness
- Medicare Enrollment, Supplemental Plans and VA Benefits
- Fall Prevention (2023 and forward)
- Other health and safety topics to be determined (2023 and forward)

Our Business Plan Goals will benefit Hudson's senior population by providing an expansion of educational and social programming identified through questions included on senior citizen surveys conducted in 2019 (Appendix F) and 2021/2022 (Appendix G and H). Additionally, data was obtained via a SmartSheet form in September 2022 from seven surrounding communities on their senior programs (Appendix I).

Priorities

The following priorities provide information on each component of our 5-year Business Plan Goals and when the funding for each component is expected to be needed. Priorities were developed based on a 2019 and 2021/2022 senior survey, input from Hudson seniors, senior care agencies, hospitals, and other senior organizations. Additionally, as noted previously, data was obtained on senior programs provided by surrounding communities. A summary of the priority goals is included in Appendix J.

Efforts for funding considerations include, however, are not limited to:

- Grants
- Local Foundations
- Sponsors
- Fundraising
- Senior Organizations
- Other resources

We also respectfully request consideration from Mayor Anzevino, City Council Members, and the community at large to support our senior programming needs in the best interest of our growing senior population.

The following is a narrative of business expansion goals in order of priority:

1. **Expansion of senior programing** \$31,000 for year 1
In kind contribution for box lunches is (\$7.00 - \$10.00 per lunch)

The HSN conducted surveys in 2019 and 2021/2022 and found that 71% and 90%, respectively, of respondents, felt programming for senior events such as lectures and educational presentations was a top priority. Currently an all-volunteer staff provides two educational programs per month with one having a free box lunch (sponsored by a community senior service facility). In summer of 2022, the HSN applied for a Community Development Block Grant (CDBG) for the purpose of doubling the senior programming events and the development/distribution of a newsletter. This grant is currently pending at the Summit County Community Development office with further details on approval expected in mid-November. Should the grant be approved, HSN would receive the grant monies which would fund program expansion for one year. Our Business Plan Goals would then be amended for funding needs to occur in year two and then as an ongoing need.

The CDBG grant application (Appendix K) submitted in July 2022 is attached for your reference. Most of the budget for this expansion of senior programming is for supplies (\$24,000). This expense priority covers items for the health and safety of seniors such as updated extension cords, fridge paks, fire extinguishers, etc. These items are listed in the grant application and the costs associated have been determined through an average of three estimates for each item.

Our Business Plan Goals combine all the community senior citizen initiatives and incorporates funding for retention and expansion of existing and expanded activities and programs. Expansion of programs includes trips paid 100% by attendees. HSN has partnered with the trip program offered at LifeCenter Plus and proposes to continue this partnership rather than add this type of transportation (and liability) to HSN.

2. **Newsletter and Community Communications** \$15,600 for year 1

The HSN has grown our programming through several organizations that provide services or information to senior citizens. This includes the senior service facilities, other not-for-profit community organizations, the Fire and EMS services (including the volunteers there), and the City website, to name a few. The senior citizens we are not reaching are those living on their own that do not participate in electronic communications. Printed and mailed newsletters also reach children of senior citizens that can then pass on program and educational information to their parents.

As our programming participation grows, there is a need to use conventional communications (i.e., a newsletter) to provide information and education to all Hudson seniors and their families. The CDBG application that is pending would provide funding to begin such a newsletter with publication and distribution of four

editions for one year. Once again, our 5-year Plan includes funding as an ongoing need. Costs for this priority include publication and mailing of four newsletters, estimated at \$15,600 for the first year (based on City's cost for their quarterly newsletter).

In reviewing Stow's Senior Newsletter, just one of the communities who provide a mailed newsletter to their seniors (Appendix M), they include advertising as a revenue generator. The HSN would do the same however, until we understand the quantity of revenue a quarterly newsletter would provide, we do not consider this an offset.

Potential advertising revenue from the following sources to be considered for the newsletter:

- Senior Care Facilities
- Hudson restaurants
- Hudson real estate agencies
- Home security companies
- Other agencies

3. **Support Staff** \$15,000 for year 1

As the HSN services and programs expand, there is a need for part-time administrative support via HSN. This support would provide coordination of the newsletter, programming, responding to phone calls and emails, and coordination of volunteers. This support position is budgeted for 10 hours per week at an hourly rate of \$25.00 for a budget need of \$13,000 in year one. Weekly hours are expected to increase to 15 hours in year two and 20 hours by year three. Also included in the budget goal are consulting services of \$2,000 for resources such as legal and financial needs.

4. **Memberships and Collaboratives** \$500 for year 1

As the senior citizen population grows nationwide, there are increasing senior service organizations that provide invaluable resources and training for the deployment of education and services to our senior population. Similarly, there are a growing number of collaborative groups that the HSN would benefit from participating in. The budgeted amount for this line item provides limited funds for memberships or participation in these collaboratives or membership organizations. Examples of organizations include the regional Council on Aging, Summit County Senior Services, Village to Village, which is a nationwide grassroots organization, etc.

5. **Snowplow Program** \$30,200 for year 1

Several surrounding communities offer snowplow programs with restrictions based on age, income, housing, needs, and other restrictions (Appendix L). Surrounding cities fund this type of program with various sources (i.e., tax levies, municipal budgets, etc.). The intent of our goal for this program is to allow safe entrance to a house by EMS, Fire, and Police in the winter months.

The HSN goal is to have a snowplow program in place for the winter of 2023/2024. This program will take planning, outreach, and determination. The HSN is proposing a private contractor to perform the snow removal based on criteria to be determined during the planning stages. This program would be bid out like the City's cul-de-sac snow removal program. The estimated private contractual service budget is \$30,000 based on other community programs. Additionally, \$200 in year one is for planning purposes.

Criteria to consider for the senior snowplow program includes, however, is not limited to:

- Residents 65 and over.
- Homestead Tax.
- First come first serve.
- Number of 'vouchers' per household.
- Age restriction.
- Income restrictions.
- Depth of snow, parking bans, etc.
- Bid process of private contractual snowplow services.

6. **Senior Center** Unfunded – Comprehensive Plan Discussion Item

Our programs and special events currently use the three community rooms, kitchen, and a storage area at City Hall which we are grateful for. As our programming expands over the years, our goal is to provide more frequent simultaneous programming, a designated space for seniors to drop by at their convenience and have coffee, socialize, take strengthening, and balance classes, etc.

As mentioned in the introduction, this is a perfect time to raise the question of the need for a senior center as the Comprehensive Plan update is currently beginning community discussions on future needs within the City of Hudson. A senior center should be included as part of that community input and feedback.

A projected cost for a senior center has not been provided as the space needs and cost of construction have not been determined and is therefore left blank in the unfunded column of the 5-year Business Plan Goals.

7. **Social Service Support**

\$5,000 Placeholder, Unfunded –
Comprehensive Plan Discussion Item

Currently there are several groups in Hudson providing services to our senior citizens. Through grant funding, the City has been able to provide items such as smoke detectors, Knox boxes, bed shakers, and carbon monoxide detectors to a limited number of senior citizens. Other groups such as EMS Outreach, a not-for-profit organization, works to raise funds to fill gaps in what the City can provide however, the main gap is social service funding of programs such as counseling resources and referrals, bereavement support, respite support, etc. The Ministerial Association provides services, though not limited to seniors and is very limited on resources. The local food bank also provides a limited number of needed resources.

Since the City of Hudson is beginning community discussions on future needs for the Comprehensive Plan, this topic should be included as part of community input and feedback.

The HSN sees a future need for this type of service provision for senior citizens to be coordinated so all entities understand what the others are doing thus eliminating duplication and providing services where there may be gaps. This is a future need and is therefore included in the “unfunded” column with a placeholder budget amount.

Summary

The 5-year Business Plan Goals provide services and programming for the growing over 65 population in Hudson. The HSN has worked diligently over the past 4+ years to build an organization that is respected and trusted to provide services and resources to Hudson’s seniors. Likewise, the Hudson Senior Citizens group has also done the same. Both efforts have been achieved with 100% volunteer coordination. As the needs of our senior population grow, it is time to expand our resources beyond the volunteer capacity.

Partnerships are an important element of the growth and sustainability we have had to date. Other community organizations assist in getting information out to seniors that subscribe to their respective “e-mail subscribers”. Organizations such as the County, the Council on Aging, and Village to Village, are just a few who have provided advice. Surrounding Senior Centers and Services have also provided valuable knowledge to what and how a senior citizen entity works. Our local senior housing and health facilities have partnered with us providing lunches and refreshments for our educational programs. All partnerships are expected to continue as we build and expand on a Hudson Senior Network the community can be proud of supporting.

We thank Mayor Anzevino, City Council Members, and the community at large for your consideration on supporting our senior citizens in Hudson.

Hudson Senior Network Foundation

Adult Senior Programs

Appendix

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Appendix A

Hudson Senior Citizens

PO Box 342

Hudson, OH 44236

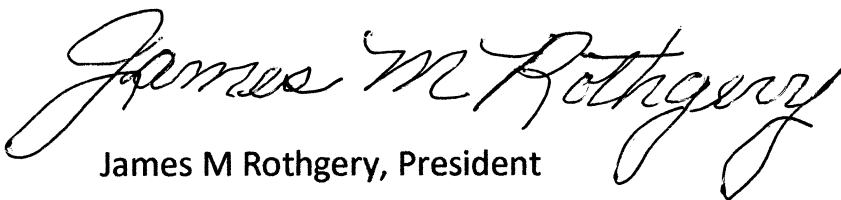
Hudson Community Service

Subject: Annual grant to the Hudson Senior Citizens

Dear Joan Sauer:

The Hudson Senior Citizens was established by HCSA in 1967. Every year it has provided funding for the group. Expenditures by the group for 2021 will be \$829.72. These expenditures encompass mailing costs, table coverings, coffee, tea, condiments as well as the charges for entertainment. Expenditures in 2022 are anticipated to be about \$1,000.

Yours truly,

A handwritten signature in cursive script that reads "James M Rothgery". The signature is written in black ink and is positioned above the printed name.

James M Rothgery, President

Hudson Senior Citizens

A Short History of the Hudson Senior Citizens

The first organizational meeting of the Hudson Senior Citizens was held on Friday, November 10, 1967. A group of about 30 residents met at the Hudson Library to select a name and elect officers. The first chairperson was Lola Daugherty, with Gladys Lewis as secretary and Ellen Mickel as treasurer. Many types of possible activities were discussed. A slide program by Chandler Jones of his trip to Spain, Portugal and Majorca concluded this first meeting.

A second meeting was held on December 15, 1967 at the Hudson Library. At this meeting the name was officially chosen as Hudson Senior Citizens. A set of bylaws was discussed. Also at this meeting, the Hudson Community Service Association was asked to sponsor the organization. The Community Service Association has since helped support the group with United Fund allocations.

Over the years, many persons have joined the group, attracted by frequent activities including trips to Cedar Point, Sea World, Salt Fork, Marietta, and Blossom just to name a few. In addition to the trips, the group for many years met at the Congregational Church meeting room for potluck luncheons.

The first meeting at the Memorial Room of the new Barlow Community Center was held on Friday, December 12, 1980. All of the following meetings have been held at the Barlow Center. The present activities of the group include several trips throughout the year as well as potluck luncheons at the Barlow Center.

To quote Ada Cooper Miller, who has been president three different times "We try to keep everyone young. This is not really a senior citizens group. We're Active". Ken Fligor adds the following comment, "When you retire you've got to keep busy. You can't just sit down in a rocking chair and go to pieces".

The group meets at the Barlow Community Center on the second Friday of each month at 12:30 P.M. Scheduled trips may affect this meeting date.

Appendix B

Agreement

This Agreement, effective November 9, 2022, by and between the Hudson Senior Network, a 501 (c) 3 non-profit organization, and the Hudson Senior Citizens, organized in Hudson, Ohio, each a Party and collectively, the Parties, agree as follows:

As representatives and Directors of the Hudson Senior Citizens, Cindy Suchan Rothgery and James Rothgery, and Co-Chairs of the Hudson Senior Network, Rich Piekarski and Heidi Schweighoefer, agree to incorporate the Hudson Senior Citizens group's programming into that of the Hudson Senior Network.

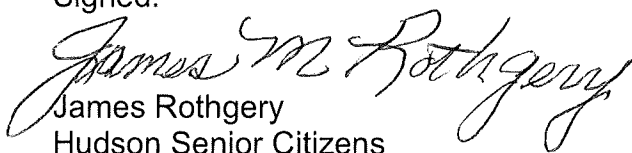
The functions and activities of each group will remain unchanged. Residents of Hudson who may be interested in the activities sponsored by either group may attend and participate in either or both groups' respective activities. The dates and the locations of each groups' activities, and any associated fees, may differ, depending on the planning and scheduling of each group.


The Hudson Senior Citizens group will continue with an independent executive committee, but Cindy Suchan Rothgery will function as a liaison between the Hudson Senior Network and the Hudson Senior Citizens group.

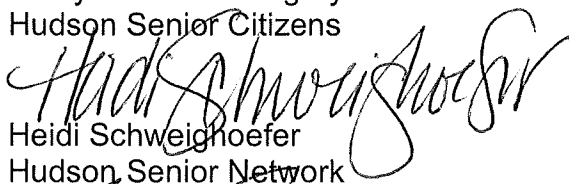
The Hudson Senior Network has incorporated the Hudson Senior Citizens into their 5-year plan and will assist the Hudson Senior Citizens, via donations, purchases of supplies for lunch programs, and speakers as needed, with an annual donation of five hundred dollars (\$500) per year.

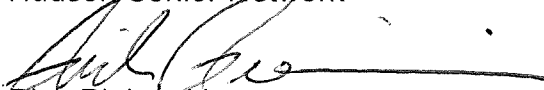
The name "Hudson Senior Network" will refer publicly to both Parties, effective upon the date of execution of this Agreement.

Signed:


James Rothgery
Hudson Senior Citizens


Cindy Suchan Rothgery
Hudson Senior Citizens


Heidi Schweighoefer
Hudson Senior Network


Rich Piekarski
Hudson Senior Network

Appendix C

2010 U.S. Census Data				
	Hudson City, Ohio			
Label	Estimate	Estimate Margin of Error	Percent	Percent Margin of Error
SEX AND AGE				
Total population	22,331	±32	22,331	(X)
Male	10,848	±364	48.6%	±1.6
Female	11,483	±366	51.4%	±1.6
Under 5 years	1,312	±214	5.9%	±1.0
5 to 9 years	1,558	±198	7.0%	±0.9
10 to 14 years	2,354	±231	10.5%	±1.0
15 to 19 years	2,140	±299	9.6%	±1.3
20 to 24 years	757	±167	3.4%	±0.7
25 to 34 years	1,244	±264	5.6%	±1.2
35 to 44 years	2,962	±263	13.3%	±1.2
45 to 54 years	4,540	±296	20.3%	±1.3
55 to 59 years	1,599	±233	7.2%	±1.0
60 to 64 years	1,197	±160	5.4%	±0.7
65 to 74 years	1,287	±219	5.8%	±1.0
75 to 84 years	934	±189	4.2%	±0.8
85 years and over	447	±142	2.0%	±0.6
Median age (years)	41.5	±1.1	(X)	(X)
18 years and over	15,447	±255	69.2%	±1.1
21 years and over	14,828	±261	66.4%	±1.2
62 years and over	3,395	±259	15.2%	±1.2
65 years and over	2,668	±238	11.9%	±1.1
18 years and over	15,447	±255	15,447	(X)
Male	7,404	±257	47.9%	±1.4
Female	8,043	±250	52.1%	±1.4
65 years and over	2,668	±238	2,668	(X)
Male	1,199	±145	44.9%	±4.0
Female	1,469	±175	55.1%	±4.0

Appendix D

2020 U.S. Census Data				
	Hudson City, Ohio			
Label	Estimate	Margin of Error	Percent	Percent Margin of Error
SEX AND AGE				
Total population	22,249	±45	22,249	(X)
Male	10,827	±373	48.7%	±1.7
Female	11,422	±370	51.3%	±1.7
Sex ratio (males per 100 females)	94.8	±6.3	(X)	(X)
Under 5 years	1,610	±356	7.2%	±1.6
5 to 9 years	1,469	±220	6.6%	±1.0
10 to 14 years	1,726	±262	7.8%	±1.2
15 to 19 years	1,627	±259	7.3%	±1.2
20 to 24 years	538	±160	2.4%	±0.7
25 to 34 years	1,607	±351	7.2%	±1.6
35 to 44 years	2,834	±419	12.7%	±1.9
45 to 54 years	3,403	±340	15.3%	±1.5
55 to 59 years	1,841	±262	8.3%	±1.2
60 to 64 years	1,584	±253	7.1%	±1.1
65 to 74 years	2,482	±495	11.2%	±2.2
75 to 84 years	919	±200	4.1%	±0.9
85 years and over	609	±183	2.7%	±0.8
Median age (years)	43.9	±2.1	(X)	(X)
Under 18 years	5,988	±366	26.9%	±1.6
16 years and over	17,052	±367	76.6%	±1.7
18 years and over	16,261	±363	73.1%	±1.6
21 years and over	15,725	±388	70.7%	±1.7
62 years and over	4,758	±531	21.4%	±2.4
65 years and over	4,010	±515	18.0%	±2.3
18 years and over	16,261	±363	16,261	(X)
Male	7,894	±285	48.5%	±1.4
Female	8,367	±308	51.5%	±1.4
Sex ratio (males per 100 females)	94.3	±5.5	(X)	(X)
65 years and over	4,010	±515	4,010	(X)
Male	1,939	±271	48.4%	±3.3
Female	2,071	±306	51.6%	±3.3
Sex ratio (males per 100 females)	93.6	±12.2	(X)	(X)

Appendix E

Population Health Vital Statistics Brief:

Seniors in Summit County, 2014-2020

The *Population Health Vital Statistics Data Brief* series was created to provide regular updates to the 2016 Community Health Assessment and to provide the community with additional important information about population health. For more information on the Community Health Assessment and to access other reports in the *Vital Statistics Data Brief* series, please visit scph.org/assessments-reports

Summit County Public Health Population Health Division
1867 W. Market St., Akron, Ohio 44313 (330) 923-4891
www.scphoh.org



Seniors In Summit County

Summit County was home to approximately 100,000 seniors, defined here as people age 65 or older between 2015 and 2019. Those 100,000 people accounted for over 18% of Summit County's population on average during the past 5 years. Due to the aging of the Baby Boom generation, the percentage of seniors is expected to continue rising sharply in the coming years.

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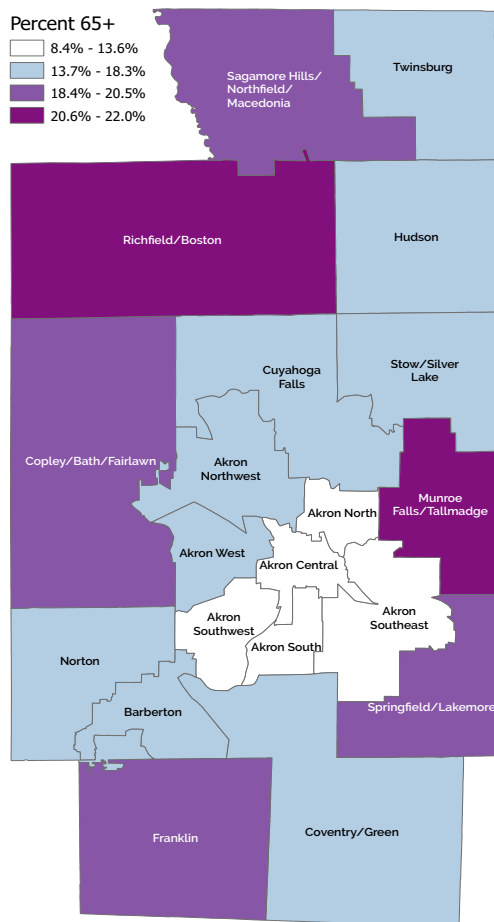


Figure 1: Seniors As A Percent of Total Population by Summit 2020 Cluster. Source: 2015-2019 American Community Survey (ACS), 5-year average.

Senior Population Projections -- Estimates of the 65 and older population for all Ohio counties published by the Ohio Development Services Agency projects Summit County's senior population to peak in 2035 at about 22% of the total population; nearly 116,000 people. Summit County's senior population appears to be growing at a faster rate than the ODSA projection based on current American Community Survey estimates (Figure 2). ODSA projections have Summit County reaching 100,000 seniors in 2021; ACS figures show the county was already within 100 people of reaching that number in 2019.

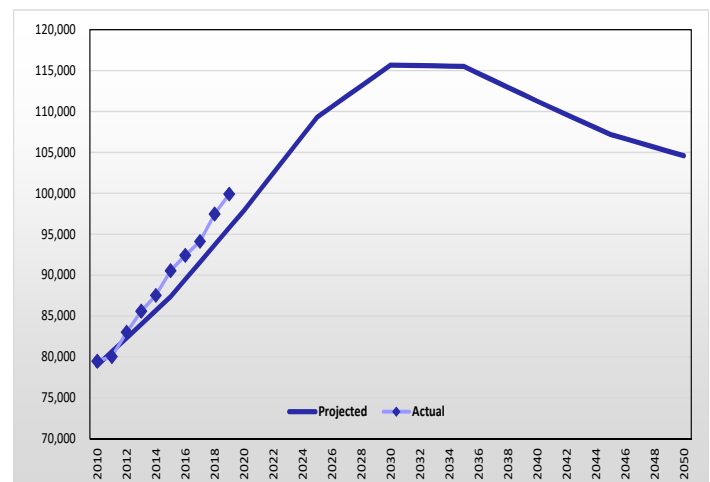


Figure 2: Share of Population Over Age 65 in Summit County, 2010-2050 Projection. Source: Ohio Development Services Agency, 2015-2019 ACS 5-year average.

Senior Demographic Profile

Figure 3 presents a comprehensive demographic profile of the 65 and older population in Summit County from the 2015-2019 American Community Survey (ACS). Details on several indicators can be found below:

- Age, sex, and race -- The median age of seniors in Summit County is 73.2 years; lower than 2010's figure of 75.3. This decline was due to the rapid increase in the 65 and older population caused by the aging of the Baby Boom generation. Most seniors are female (57%), which is higher than the total population figure of 51%. A higher percentage of seniors are white (87%) than the total population (79%). Only 11% of seniors are African-American; lower than the percentage of African-Americans in the total population (15%). Asians make up 1.6% of the 65 and older population; about half their proportion in the total population (4%).
- Disability status -- Nearly one-third of seniors (29%) have at least one disability. Of those with a disability, 43% have an ambulatory disability, while 18% have a cognitive disability, and 31% have a disability that makes independent living difficult or impossible. Other disabilities include self-care (16%), hearing (26%), and vision (12%).
- Housing and households -- About half of seniors (51%) live in a household with at least one spouse or family member, while nearly half (47%) live in a one-person household. More seniors live in owner-occupied housing than the general population (78% and 66%, respectively). Nearly 22% of seniors rent.

Figure 3: Senior Demographic Profile, 2015-2019

Source: 2015-2019 ACS, 5-year average.

Summit County 2019 5-year average	65 years and over (2015-2019)
Population age 65 and older	99,907
SEX AND AGE	
Male	43.5%
Female	56.5%
Median age (years)	73.2
RACE AND HISPANIC OR LATINO ORIGIN	
One race	100%
White	86.7%
Black or African American	11.0%
American Indian and Alaska Native	0.2%
Asian	1.6%
Native Hawaiian and Other Pacific Islander	0.0%
Some other race	0.0%
Two or more races	0.5%
Hispanic or Latino origin (of any race)	0.6%
White alone, not Hispanic or Latino	86.2%
HOUSEHOLDS BY TYPE	
Households	65,189
Family households	51.4%
Married-couple family	42.1%
Female householder, no husband present, family	7.0%
Nonfamily households	48.6%
Householder living alone	45.9%
RESPONSIBILITY FOR GRANDCHILDREN UNDER 18 YEARS	
Population 65 years and over	99,907
Living with grandchild(ren)	3.6%
Responsible for grandchild(ren)	0.9%
VETERAN STATUS	
Civilian population 65 years and over	99,907
Civilian veteran	15.2%
DISABILITY STATUS	
Civilian noninstitutionalized population	99,907
With any disability	31.2%
No disability	68.8%
INCOME IN THE PAST 12 MONTHS	
Households	65,189
With earnings	39.0%
With Social Security income	88.7%
With Supplemental Security Income	5.0%
With cash public assistance income	2.4%
With retirement income	66.7%
With Food Stamp/SNAP benefits	8.7%
Mean earnings (dollars)	\$54,807
Mean Social Security income (dollars)	\$20,846
Mean Supplemental Security Income (dollars)	\$10,227
Mean cash public assistance income (dollars)	\$1,358
Mean retirement income (dollars)	\$26,172
POVERTY STATUS IN THE PAST 12 MONTHS	
Population for whom poverty status is determined	97,465
Below 100 percent of the poverty level	8.2%
100 to 149 percent of the poverty level	7.7%
At or above 150 percent of the poverty level	84.2%
Occupied housing units	65,189
HOUSING TENURE	
Owner-occupied housing units	78.2%
Renter-occupied housing units	21.8%

Senior Demographic Profile (continued)

Other important demographic characteristics of seniors in Summit County include:

- Income and poverty -- More than 8% of seniors live below the poverty line in Summit County; about 8,000 in all; half as high as the rate for the county as a whole (14%). Most of the difference in poverty rates can be explained by the impact of social safety net programs like Social Security, Medicare, and others that benefit seniors. In fact, a November 2018 study by the Center for Budget and Policy Priorities entitled "Social Security Lifts More Americans Above Poverty Than Any Other Program" estimates that the nationwide 2019 poverty rate for seniors would have risen from 8% to over 38% in the absence of Social Security benefits.¹
- Sources of income for seniors: Nearly all seniors in Summit County receive Social Security income (89%), while 67% receive other forms of retirement income. Social Security benefits averaged \$20,846 per year, while other retirement sources averaged \$26,172. More a third of seniors receive earned income (39%), while 9% received benefits from the SNAP program. Five percent received Supplemental Security Income (SSI), while 2% got cash assistance.
- Employment -- Nearly 10% of Summit County seniors worked full-time in the past 12 months, while 13% worked part-time. The vast majority, 78%, did not work at all.

Notes:

1 Romig, K. (2018). Social Security Lifts More Americans Above Poverty Than Any Other Program. Center for Budget and Policy Priorities. Retrieved January 10, 2019, from <https://www.cbpp.org/research/social-security/social-security-lifts-more-americans-above-poverty-than-any-other-program>.

Younger seniors (ages 65-69) worked the most, with 20% working full-time and another 20% working part-time. Only 5% of those age 70 and older worked full-time while 10% worked part-time (Figure 4b).

- Household Income -- The median household income for all seniors is just under \$45,000 per year; lower than the \$57,000 for all households.
- Mortgage burden -- In the years just before retirement (ages 60-64), 60% of owner-occupied homes are mortgaged. That percentage drops to 53% of occupied homes

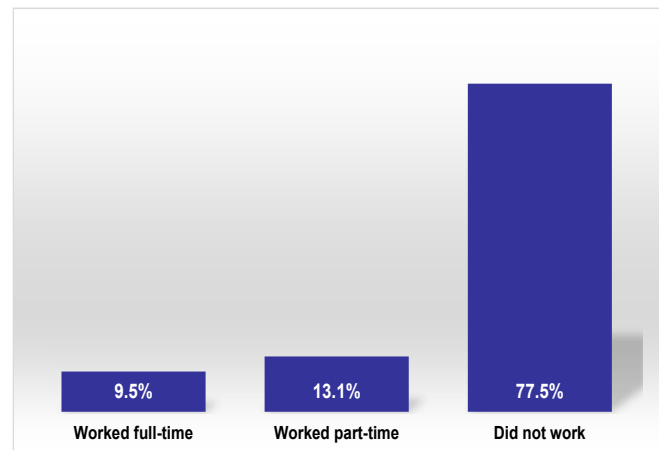


Figure 4a: Senior Employment Status, 2015-2019.

Source: 2015-2019 American Community Survey, 5-year average.

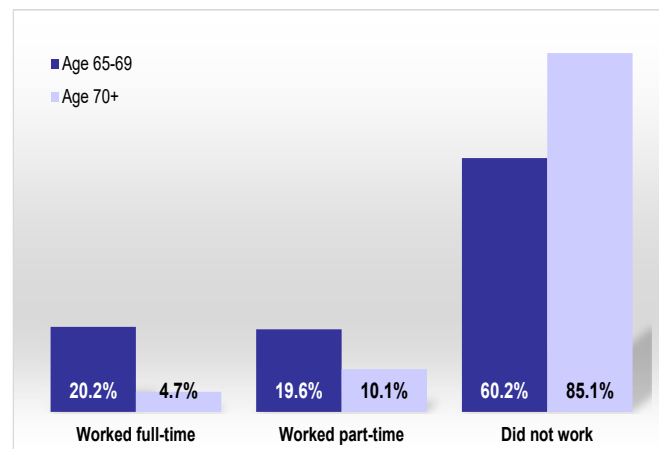


Figure 4b: Senior Employment Status by Age Group, 2015-2019.

Source: 2015-2019 ACS, 5-year average.

with a mortgage between ages 65 and 74, and again to 29% for those age 75 or older. According to the ACS, the median monthly cost for senior homeowners with a mortgage is \$1,098. Median monthly owner costs for seniors without a mortgage is \$476. Even without a mortgage, homeowner costs for seniors add up to more than \$5,700 annually. One-quarter of seniors who own their homes (24%) pay at least 30% of their income for mortgages and other housing costs.

- Renter burden -- Seniors who rent face an even greater housing cost burden. More than 53% of seniors who rent spend at least 30% of their income on rent; much higher than the rate for all Summit County residents (43%).
- A large part of the difference in the renter burden for seniors can be partially explained by their change in income. The median household income for those age 45-64 was \$68,228 in 2019; the highest of any age group. As noted earlier, the median household

income for those 65 and older was just below \$45,000. That's a 34% decline in median income when moving into retirement years; more than \$23,000 annually.

- Unfortunately, monthly rental costs for seniors don't drop anything like enough to keep pace with their income loss. According to ACS data for 2019, median gross rent for all Summit County residents is \$815, vs. \$775 for those age 65 and older. That's a decline of only 5% as people move into their retirement years.

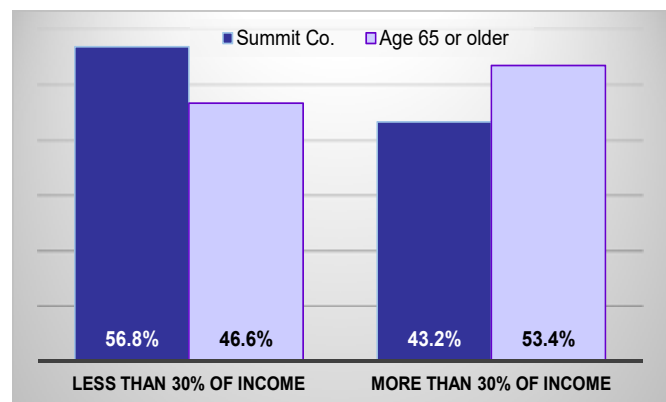


Figure 6: Percent of Renters Paying 30% or More of Income for Rent, 2015-2019. Source: 2015-2019 ACS, 5-year average.

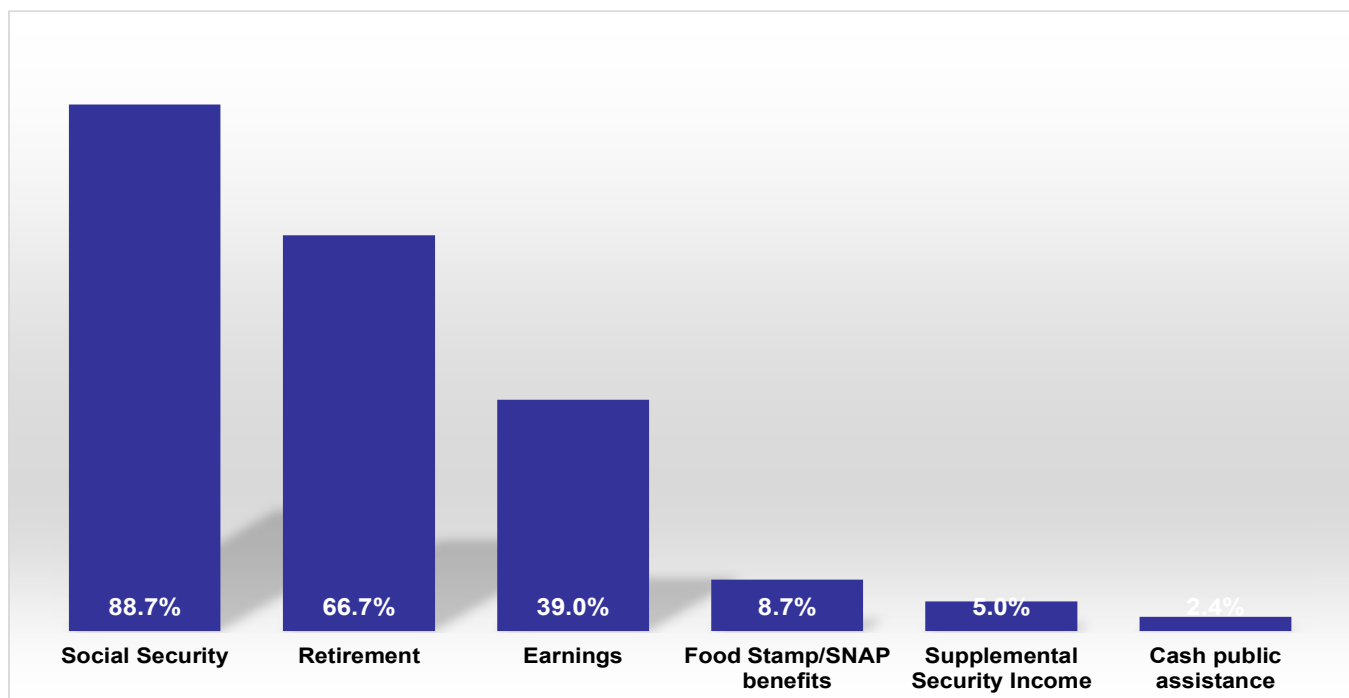


Figure 5: Household Income Sources for Seniors, Summit County 2015-2019

Source: 2015-2019 ACS, 5-year average

- Grandparents raising grandchildren -- One of the more important social indicators the ACS tracks is grandparents raising their own grandchildren. Here in Summit County, an estimated 8,714 grandparents live in the same household as their grandchildren. Of that total, 3,031 grandparents were responsible for raising those grandchildren. Because unintended pregnancies can happen at very early ages (making people parents and sometimes grandparents early in life), the ACS category for grandparents begins at age 30. Of the 3,031 grandparents raising their grandchildren, just under 47% (1,423) are over age 60.

Among grandparents over age 60 who were raising their own grandchildren, 54% were doing so without the help of the children's parents. The burden of being responsible for raising a child not only puts physical and emotional stress on those seniors who are raising their grandchildren, but significant financial burdens as well. According to the ACS, the median household income of those doing so without the help of the children's parents is much lower than for grandparents who are getting that help (see Figure 7).

The amount of time grandparents must commit to raising their own grandchildren can also significantly increase the stress seniors raising their own grandchildren face. According to ACS data, 41% have been responsible for raising their grandchildren for at least 5 years. A much smaller percentage (12%) have been responsible for 6 months or less.

- Racial Differences Among Grandparents raising grandchildren -- Of the 459 African-American grandparents living in the same household as their grandchildren, half (50%) were responsible for raising those grandchildren. Nearly a third (31%) of the 3,900 white grandparents living with their grandchildren were also responsible for raising them.

Note: ACS estimates for the number of Asian grandparents raising their grandchildren is both low and statistically unreliable (an estimated 62 grandparents raising their grandchildren, plus or minus 58). Therefore, Asian estimates are not included in Figure 8.

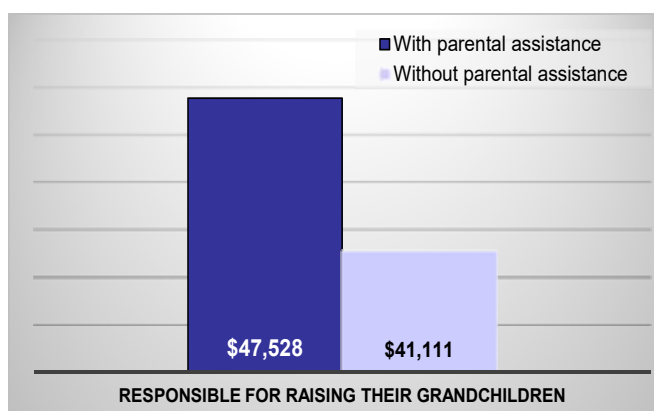


Figure 7: Median Household Income of Grandparents Raising Their Own Grandchildren, 2015-2019;
Source: 2015-2019 ACS, 5-year average

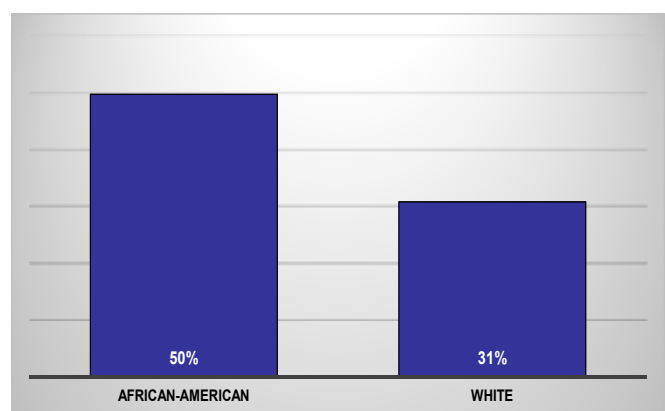


Figure 8: Racial Differences Among Grandparents Raising Their Own Grandchildren, 2015-2019;
Source: 2015-2019 ACS, 5-year average

Health Issues Among Seniors

Fall-related injuries -- Between 2014 and 2020, Summit County seniors had over 42,000 emergency room (ER) visits for a fall-related injury; about an average of 6,100 per year (see Figure 9). Fall-related ER visits rose from just under 52 per 1,000 seniors in 2014 to 82 per 1,000 in 2019, before dropping to just 42.0 in 2020 (3,800 fewer ER visits).

Of those 42,000 visits, records for 2,800 visits included specific mentions of a head injury associated with the ER visit (which could either be a cause or consequence of the fall). Sixty-six of the records included specific mentions of traumatic brain injury (again, as either a cause of consequence of the fall). A total of 6,303 de-

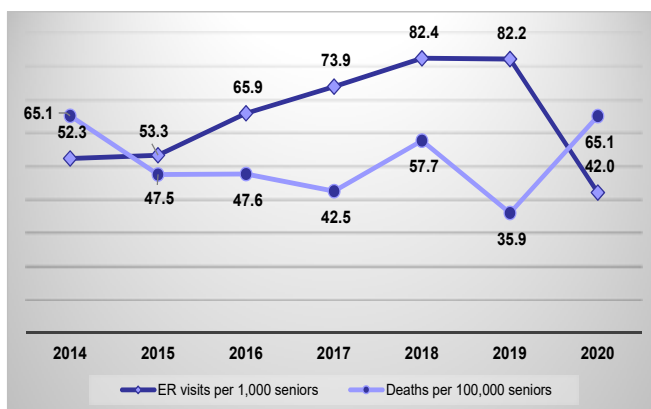


Figure 9: Fall-Related Emergency Room Visits and Fatalities, 2014-2020; Sources: EpiCenter, Ohio Department of Health (ODH) death records

identified individuals, about 15% of the total, visited an ER more than once for a fall-related injury. Eleven of those de-identified individuals visited an ER between 10 and 19 times for a fall-related reason. In addition to falls, other frequently-occurring reasons include lacerations (2%), ankle injuries (1%), and loss of consciousness (2.9%).

Fall-related deaths -- Between 2014 and 2020, 339 Summit County seniors suffered a fall-related death. While fall-related injuries rose steadily from 2015 to 2019, fall-related deaths moved in the

opposite direction until 2019. Fall-related deaths dropped from 65 per 100,000 in 2014 (57 deaths) to 36 in 2019 (35 deaths); a 45% decline.

That pattern changed from 2019 to 2020, with fall-related death rates rising to 65 per 1,000 (65 deaths); an 81% increase in one year.

There are two likely explanations for the sharp decline in fall-related ER visits and the sharp growth in fall-related deaths among seniors appears to be related to the lockdowns necessitated by COVID-19 last year. First, it is possible that many seniors were afraid of going to an ER after a fall for fear of being exposed to COVID-19, significantly increasing their danger of dying from fall-related injuries. Second, the need for vulnerable seniors to avoid exposure to COVID-19 reduced opportunities for healthy physical activity. Normal activities such as shopping, walking, or participating in exercise classes were all negatively impacted by last year's movement restrictions.

Of the 339 deaths between 2014 and 2020, 252 were described in death certificates as either *Other fall on same level* or *Unspecified fall*. Frequently-mentioned specific causes included *Fall from stairs* (39 cases) and *Fall from bed* (23 cases). Other causes include *Fall from chair, ladder or wheelchair* (14 cases).

Age of fall-related incidents -- The average age of fall-related ER visits was 80.5 since 2014, while the average age of fall related deaths was 87.5.

Alzheimer's Disease and Dementia -- Between 2016 and 2020, there were 3,129 Summit County residents who died of either Alzheimer's Disease or dementia. The causes of death were evenly split between Alzheimer's Disease and dementia (51% and 49%, respectively). The vast majority of cases, 68%, occurred in the 85 and older population

(Figure 10). The youngest victim of either disease was 48, while the oldest was 107.

Figure 11 shows the age-adjusted death rates for Alzheimer's disease and unspecified dementia deaths. The rate has been steadily climbing along with the size of the senior population since 2007. Death rates for Alzheimer's / dementia grew by about 11% between the 2007-2010 and 2016-2020 time periods.

For a more detailed look at Alzheimer's Disease and dementia, please see our data brief entitled "Alzheimer's Disease in Summit County," which can be downloaded at <https://www.scph.org/assessments-reports>.

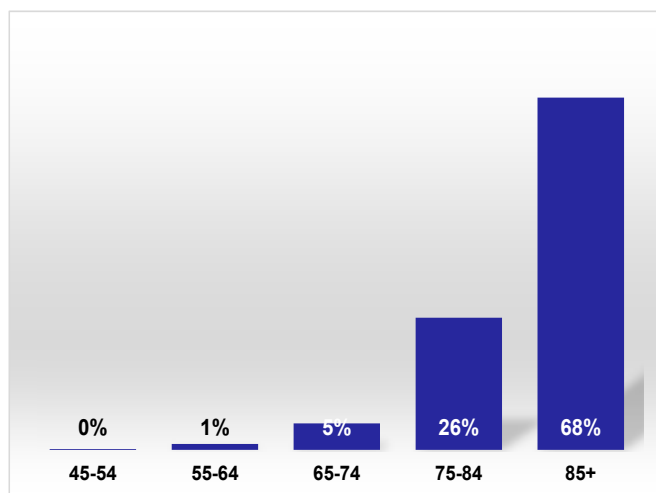


Figure 10: Alzheimer's and Unspecified Dementia Deaths by Age Group, 2016-2020; Source: ODH death records

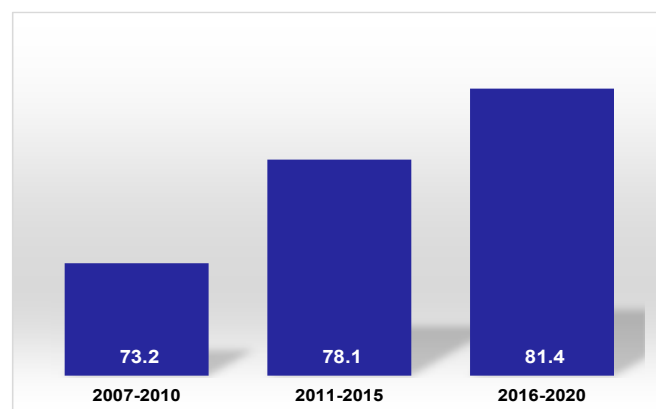


Figure 11: Age-Adjusted Death Rates for Alzheimer's and Unspecified Dementia Deaths - 2007-2020; Source: ODH death records

The Impact of COVID-19 On Seniors -- Not surprisingly, the arrival of COVID-19 significantly altered the life expectancy picture across the age spectrum. Overall, between 2019 and 2020, the estimated life expectancy at birth declined by a year and a half (from 77.5 to 76.0).

Between 2008 and 2017, Summit County residents who were 65 years old could expect an estimated 19.3 additional years of life. In 2020, that figure dropped to just 17.9; a decline of 14 months of life expectancy in just one year.

Figure 12 presents the changes in estimated life expectancy at different ages for seniors between 2019 and 2020. The loss in estimated life expectancy for all seniors was nearly one year (10 months) in 2020. Those in the age 65-69 age group dropped the most (14 months), while those in the 85 and older category dropped the least (0.6 years or about 8 months).

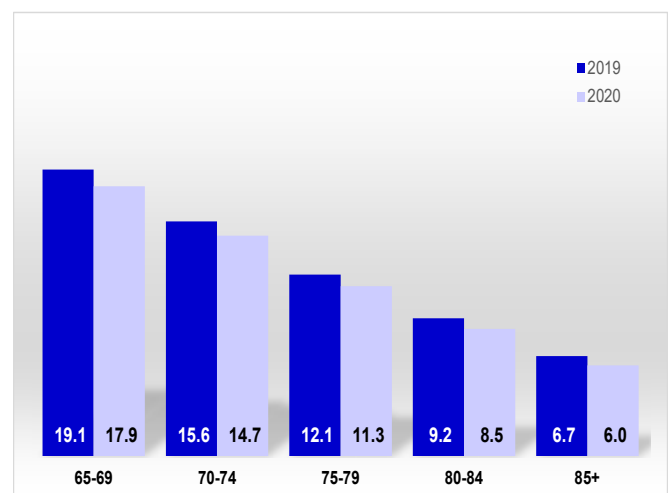


Figure 12: The Impact of COVID-19 On Life Expectancy Age 65+ by Age Group, 2019-2020; Source: ODH death records

Leading Causes of Death -- Figure 13 presents the top 10 leading causes of death since the beginning of the pandemic for each of the 6 age groups with at least one COVID-19 death in Summit County. The tremendous impact of COVID-19 is clear from looking at the table. In less than 18 months, the disease became a top 10 cause of death for Summit County residents age 35 and older. For seniors, COVID-19 is a top 3 cause of death, ranking just behind cancer and heart disease for those age 65-84, and behind only heart disease for those 85 and older.

Age of COVID-19 Cases -- Seniors account for 17% of all cases but 88% of the deaths, while adults age 18-64 account for 74% of the cases but only 12% of the deaths. Children make up 9% of cases but fortunately no deaths to date (Figure 14).

Rank	35 - 44	45 - 54	55 - 64	65 - 74	75 - 84	85 & over
1	Accidents	Heart disease	Cancer	Cancer	Heart disease	Heart disease
2	Heart disease	Cancer	Heart disease	Heart disease	Cancer	COVID-19
3	Cancer	Accidents	Accidents	COVID-19	COVID-19	Alzheimer's disease
4	Suicide	Chronic liver disease	COVID-19	Chronic Lower Respiratory	Alzheimer's disease	Cancer
5	Septicemia	COVID-19	Chronic Lower Respiratory	Diabetes	Chronic Lower Respiratory	Stroke
6	Diabetes	Stroke	Stroke	Stroke	Stroke	Chronic Lower Respiratory
7	COVID-19	Diabetes	Diabetes	Accidents	Diabetes	Hypertension
8	Chronic liver disease	Suicide	Chronic liver disease	Chronic liver disease	Parkinson's disease	Diabetes
9	Kidney disease	Chronic Lower Respiratory	Septicemia	Kidney disease	Accidents	Accidents
10	Stroke	Septicemia	Suicide	Septicemia	Kidney disease	Kidney disease

Figure 13: Ten Leading Causes of Death Ranked For Those Age 35 and Older, 2020 Source: ODH Death Certificate Data, Centers for Disease Control and Prevention

Long-Term Care (LTC) -- Owing to the generally advanced age and fragile health status of those living in LTC facilities such as assisted living or nursing homes, known LTC residents make up only 6% of cases but 57% of the total deaths due to COVID-19 (Figure 15).

For further information on COVID-19 in Summit County, please visit our Assessments and Reports page (<https://www.scph.org/assessments-reports>) and download our publication entitled *Population Health Vital Statistics Brief: COVID-19 Pandemic Summary, 2020-2021*.

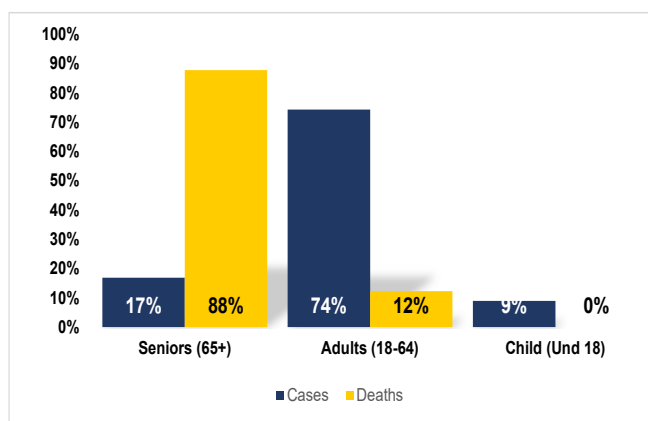


Figure 14: Percent of COVID-19 Cases by Age Source: ODRS, SCPH

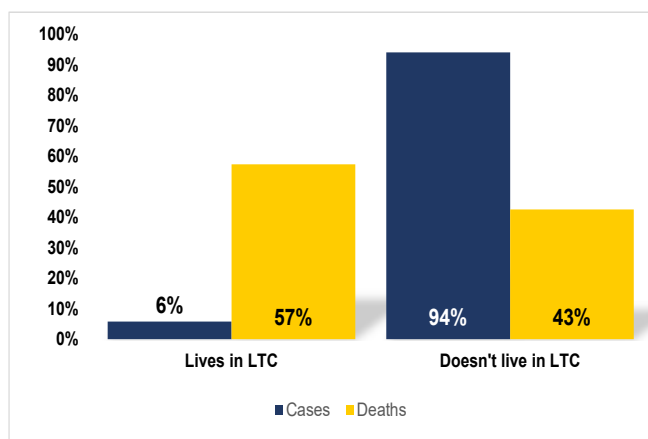
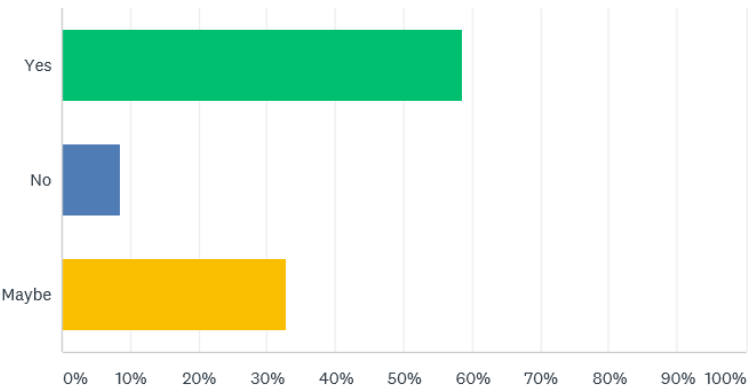


Figure 15: Percent of COVID-19 Cases and Deaths by Long-Term Care Status (LTC) Source: ODRS, SCPH

Appendix F

Would you use a senior center if available?

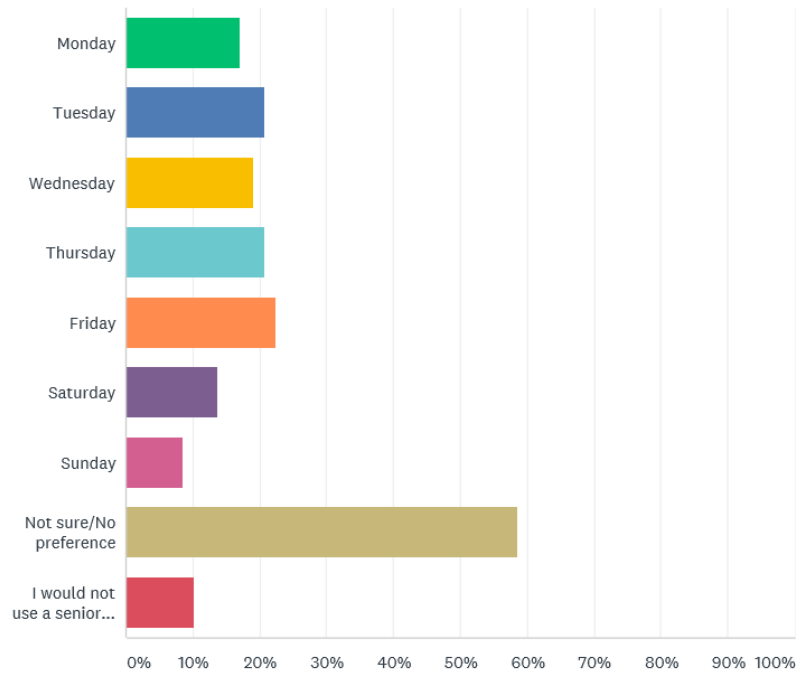
Answered: 58 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	58.62%	34
No	8.62%	5
Maybe	32.76%	19
TOTAL		58

If you would use a senior center if available, what days of the week would you be most likely to use it?

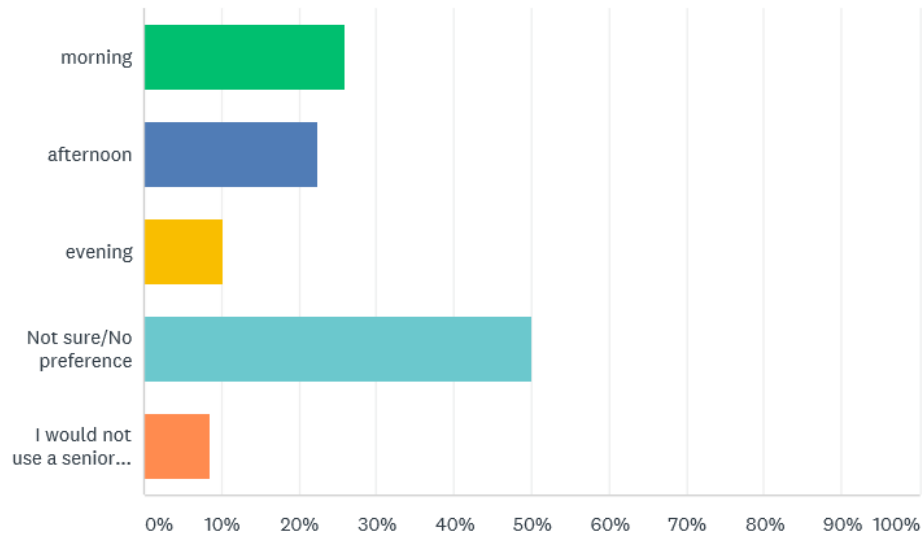
Answered: 58 Skipped: 0



ANSWER CHOICES	RESPONSES	
▼ Monday	17.24%	10
▼ Tuesday	20.69%	12
▼ Wednesday	18.97%	11
▼ Thursday	20.69%	12
▼ Friday	22.41%	13
▼ Saturday	13.79%	8
▼ Sunday	8.62%	5
▼ Not sure/No preference	58.62%	34
▼ I would not use a senior center	10.34%	6
Total Respondents: 58		

What time of day would you use the senior center?

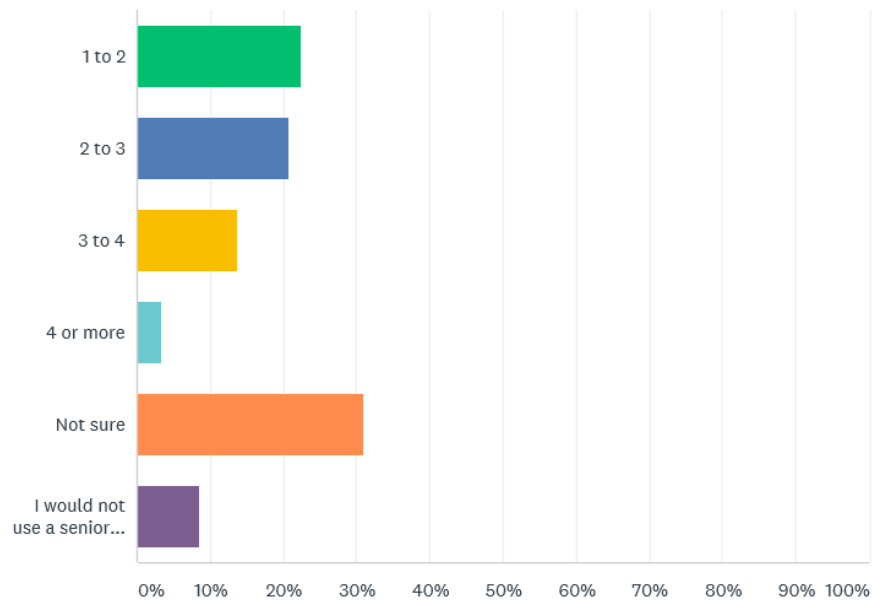
Answered: 58 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ morning	25.86% 15
▼ afternoon	22.41% 13
▼ evening	10.34% 6
▼ Not sure/No preference	50.00% 29
▼ I would not use a senior center	8.62% 5
Total Respondents: 58	

How many days a week do you think you would visit a senior center?

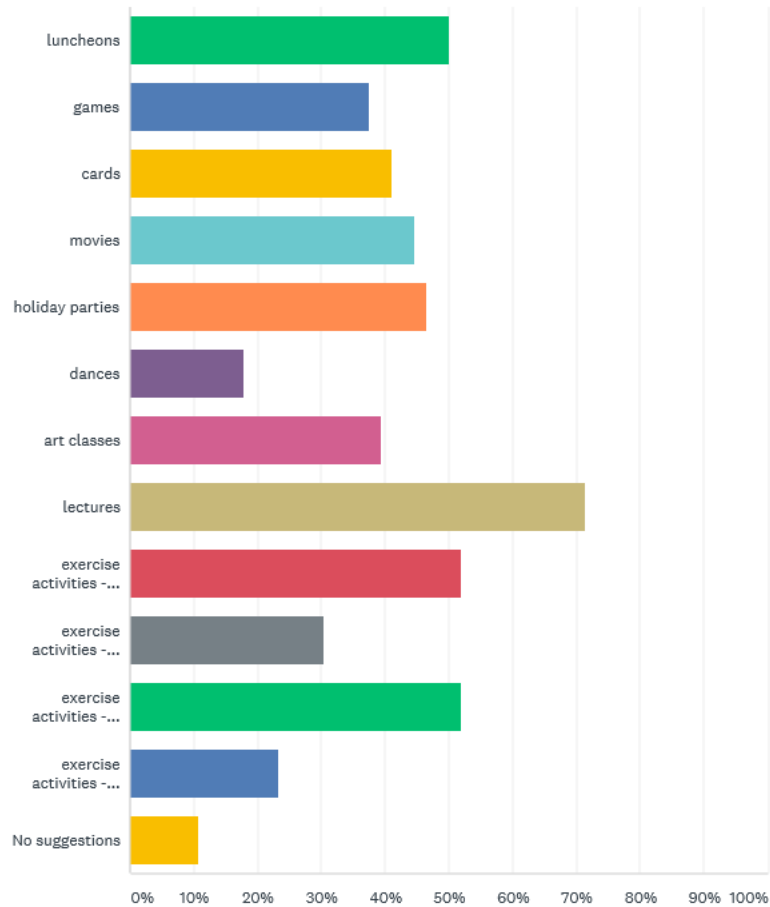
Answered: 58 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ 1 to 2	22.41% 13
▼ 2 to 3	20.69% 12
▼ 3 to 4	13.79% 8
▼ 4 or more	3.45% 2
▼ Not sure	31.03% 18
▼ I would not use a senior center	8.62% 5
TOTAL	58

What senior activities would you like to see offered in Hudson?

Answered: 56 Skipped: 2



ANSWER CHOICES	RESPONSES	
▼ luncheons	50.00%	28
▼ games	37.50%	21
▼ cards	41.07%	23
▼ movies	44.64%	25
▼ holiday parties	46.43%	26
▼ dances	17.86%	10
▼ art classes	39.29%	22
▼ lectures	71.43%	40
▼ exercise activities -- walking groups	51.79%	29
▼ exercise activities -- hiking groups	30.36%	17
▼ exercise activities -- yoga	51.79%	29
▼ exercise activities -- pickleball	23.21%	13
▼ No suggestions	10.71%	6
Total Respondents: 56		

Comments re activities:



bocce teams

10/16/2019 10:14 PM



light aerobics (indoor walk aerobics, etc.)

10/15/2019 12:43 PM



Balance classes. Chair yoga.

10/13/2019 6:28 PM



Trips to various activities

10/3/2019 9:17 AM



Walking or hiking at the Hudson Parks.

10/2/2019 10:05 AM

[View respondent's answers](#)

[Add tags](#) ▼



Research show that multiage activities keep older people involved Our library provides all the lectures, demonstrations, classes, etc, for all community

10/2/2019 9:58 AM

[View respondent's answers](#)

[Add tags](#) ▼



stretching, balance classes

10/2/2019 9:52 AM

[View respondent's answers](#)

[Add tags](#) ▼



Tai chi

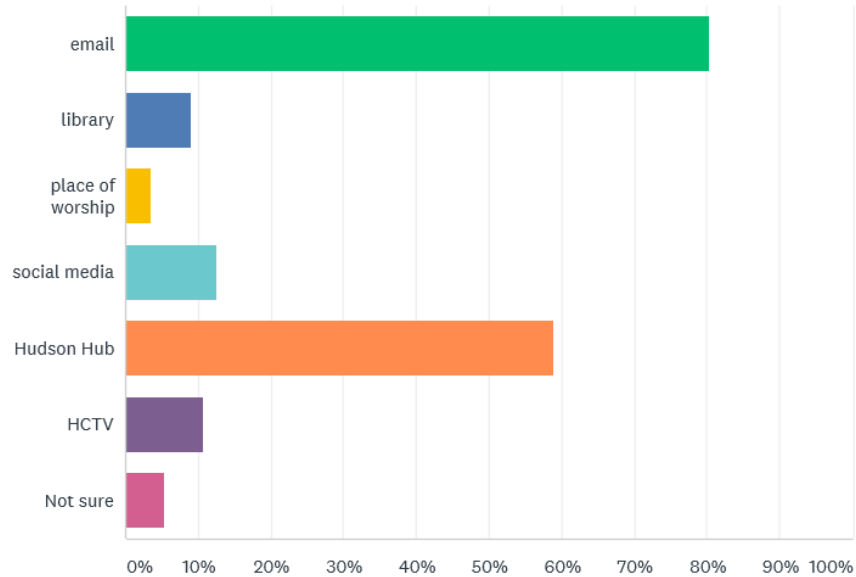
9/22/2019 9:14 AM

[View respondent's answers](#)

[Add tags](#) ▼

How would you like to receive communication about senior events and activities?

Answered: 56 Skipped: 2



ANSWER CHOICES	RESPONSES	
▼ email	80.36%	45
▼ library	8.93%	5
▼ place of worship	3.57%	2
▼ social media	12.50%	7
▼ Hudson Hub	58.93%	33
▼ HCTV	10.71%	6
▼ Not sure	5.36%	3
Total Respondents: 56		

Comments re receiving communication:

- ☐ instead of a senior center, combine financial resources for a community rec center so all could use it

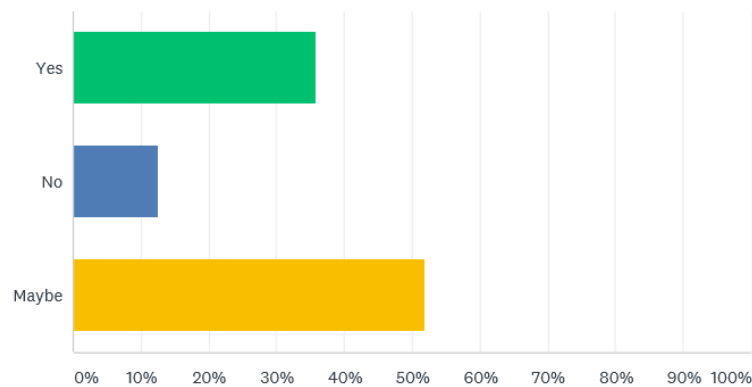
10/18/2019 2:46 PM
[View respondent's answers](#)
[Add tags](#)
- ☐ Newsletter

10/9/2019 8:22 PM
[View respondent's answers](#)
[Add tags](#)
- ☐ Newsletter

10/2/2019 2:59 PM
[View respondent's answers](#)
[Add tags](#)


Would you be willing to volunteer your time to help other seniors?

Answered: 56 Skipped: 2



ANSWER CHOICES	RESPONSES
▼ Yes	35.71% 20
▼ No	12.50% 7
▼ Maybe	51.79% 29
TOTAL	56

Comments re volunteering time to help other seniors:

- ☐ **Help organize activities prydquist@gmail.com**
10/16/2019 2:51 PM [View response](#)
- ☐ **Veer thru church.**
10/13/2019 6:28 PM [View response](#)
- ☐ **Driving, take grocery shopping, out to lunch. Marilyn Olzmann, 549 Atterbury Blvd**
10/2/2019 2:59 PM [View response](#)
- ☐ **Uncertain as to how to help. Contact me email - lnahas@roadrunner.com**
10/2/2019 1:47 PM [View response](#)



Programming. Marilyn Orr. marilynjorr@me.com

10/2/2019 10:19 AM

[View respondent's answers](#)



I do that now so if there is more need, I might be interested

10/2/2019 9:58 AM

[View respondent's answers](#)



Liz Murphy lizmurphy204@gmail.com

10/2/2019 9:52 AM

[View respondent's answers](#)

Please write in any other thoughts about what activities you would want to have for Hudson Seniors:



The questions regarding which days and times I would be likely to visit a senior center were difficult to answer because it would all depend on which activities were on which days and times. In addition to a Senior Center, having senior transportation would be great.

10/15/2019 12:43 PM

[View respondent's answers](#)

[Add](#)



We need a meeting place available 24/7

10/4/2019 12:58 PM

[View respondent's answers](#)

[Add](#)



They are all covered. It sounds very good.

10/2/2019 9:11 PM

[View respondent's answers](#)

[Add](#)






One possible future use for the Baldwin-Buss House (if acquired by the Foundation) would be for senior activities, among other community uses.

10/2/2019 5:39 PM

[View respondent's answers](#)

[Add](#)

	<input type="checkbox"/> Daily trips go on Trolley Cleveland. Good times on the Lake	10/2/2019 4:12 PM	View respondent's answers	
	<input type="checkbox"/> Trips to playhouse square.	10/2/2019 2:59 PM	View respondent's answers	
	<input type="checkbox"/> Traveling in the summer	10/2/2019 12:42 PM	View respondent's answers	
	<input type="checkbox"/> Connect with Hudson churches about services and activities already available.	10/2/2019 10:47 AM	View respondent's answers	
	<input type="checkbox"/> Multi season support is needed. Shared meals are nice but I feel strongly that programs will drive this	10/2/2019 10:19 AM	View respondent's answers	Add tags
	<input type="checkbox"/> The city should help provide funds for Kristen Keller who solves problems and resolves issues for seniors more than any "center" would do	10/2/2019 9:58 AM	View respondent's answers	Add tags
	<input type="checkbox"/> Would transportation for field trips be available?	9/24/2019 4:13 PM	View respondent's answers	Add tags
	<input type="checkbox"/> Crafting			
	<input type="checkbox"/> Transportation assistance	9/22/2019 9:14 AM	View respondent's answers	Add tags ^

Appendix G

Hudson Senior Network Survey

SURVEY RESPONSE REPORT

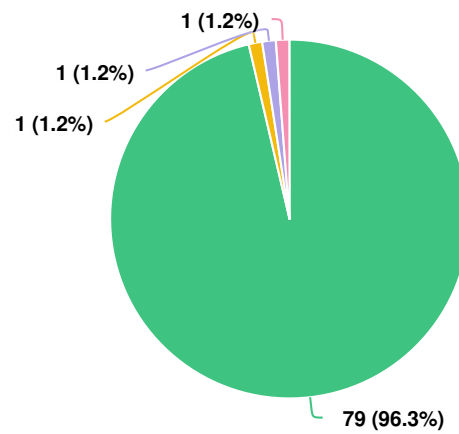
28 September 2021 - 07 November 2022

PROJECT NAME:
Senior Resources



REGISTRATION QUESTIONS

Q1 ZIP Code



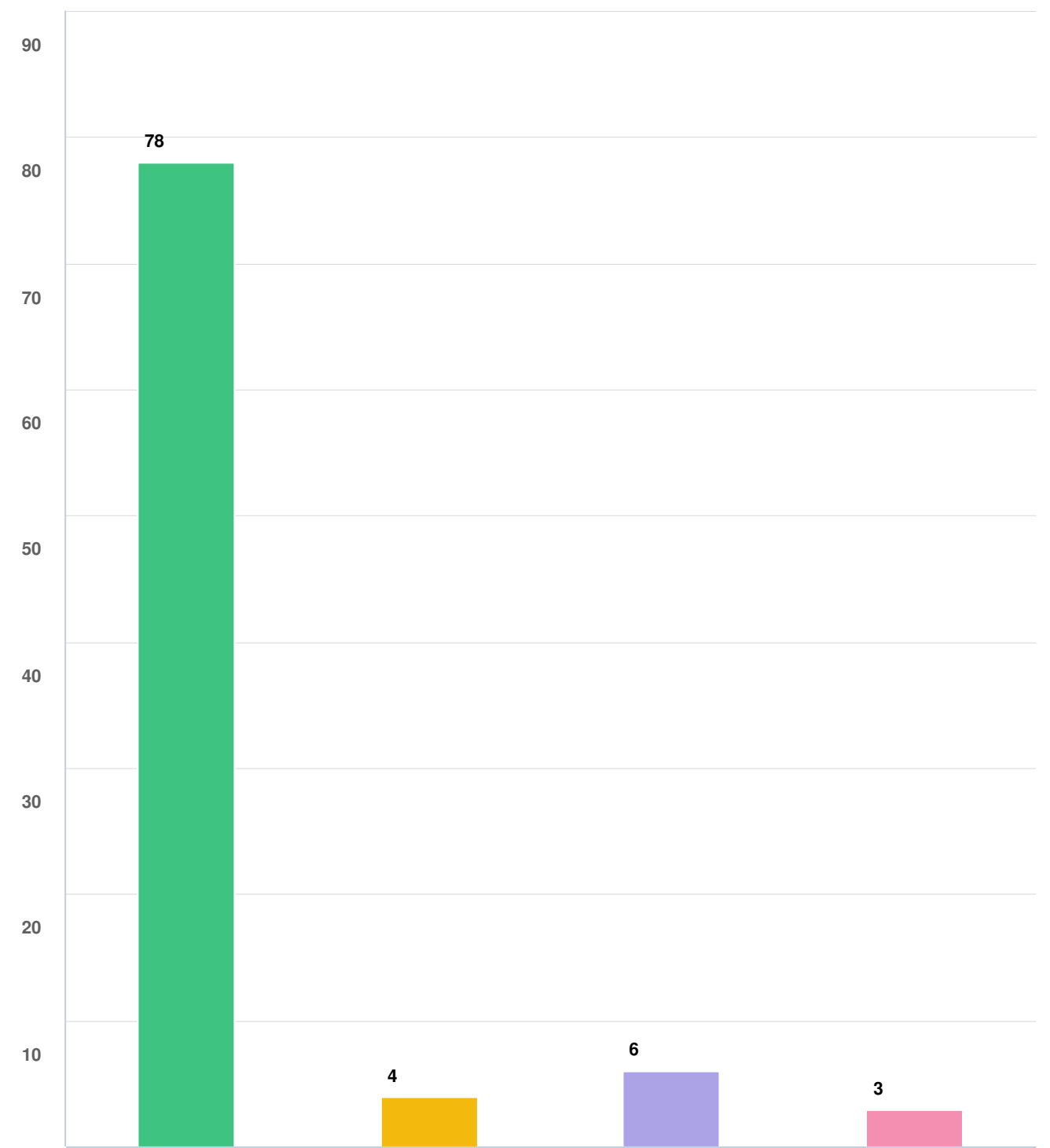
Question options

● Hudson, OH 44236 ● Macedonia, OH 44056 ● Stow, OH 44224 ● Streetsboro, OH 44241

Mandatory Question (82 response(s))

Question type: Region Question

Q2 Please tell us how you are connected with Hudson. Check all that apply.

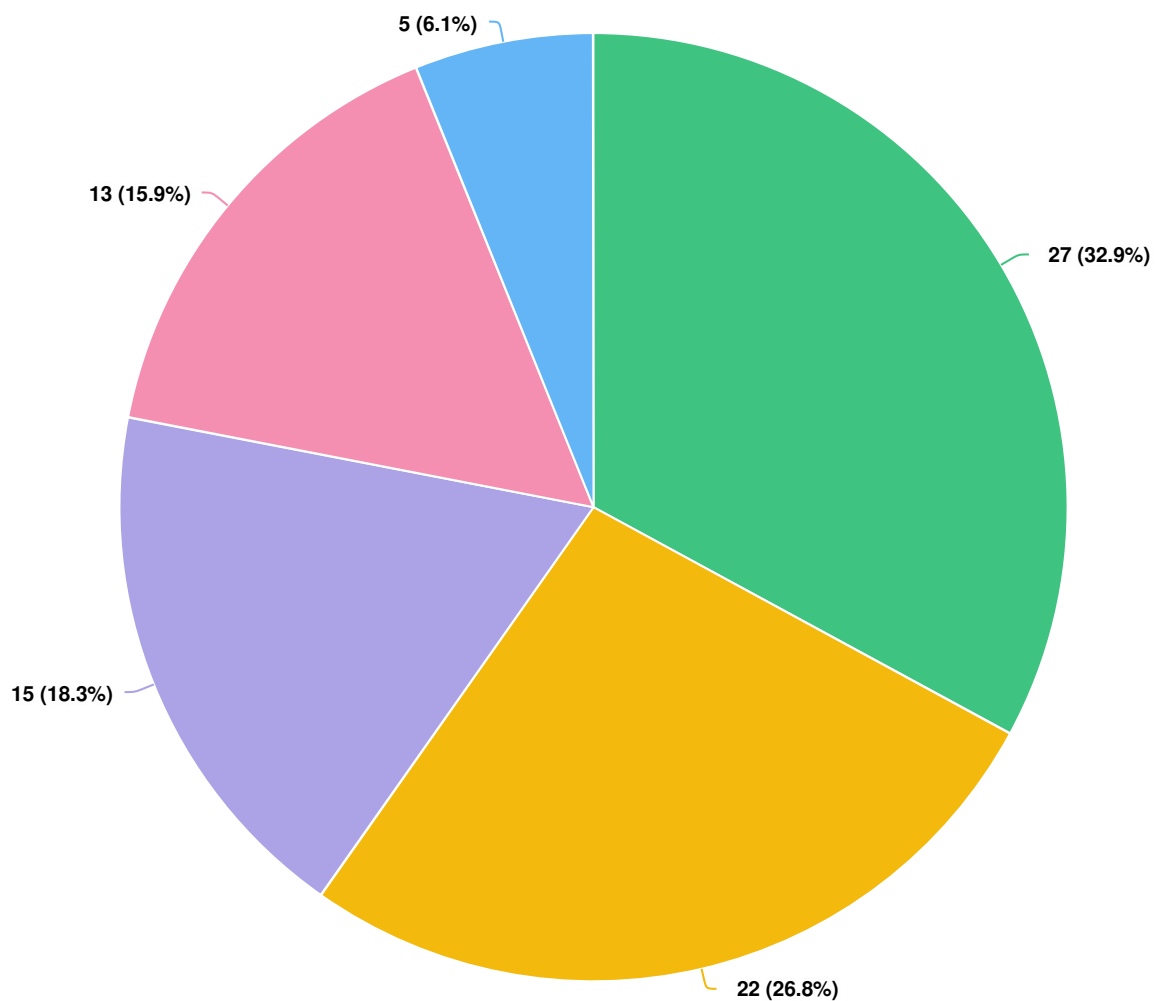


Question options

☒ I live in Hudson. ☐ I own or manage a business in Hudson. ☐ I work in Hudson. ☐ I am a visitor to Hudson.

Mandatory Question (82 response(s))
Question type: Checkbox Question

Q3 What Ward do you live in?



Question options

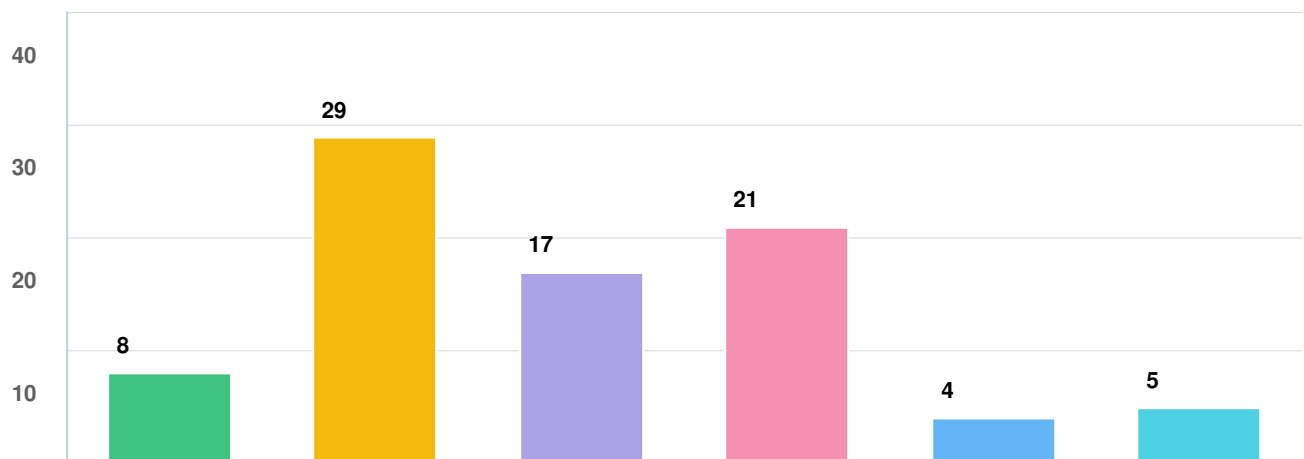
● Ward 1 ● Ward 2 ● Ward 3 ● Ward 4 ● I do not live in Hudson.

Mandatory Question (82 response(s))
Question type: Radio Button Question



SURVEY QUESTIONS

Q1 Age group:



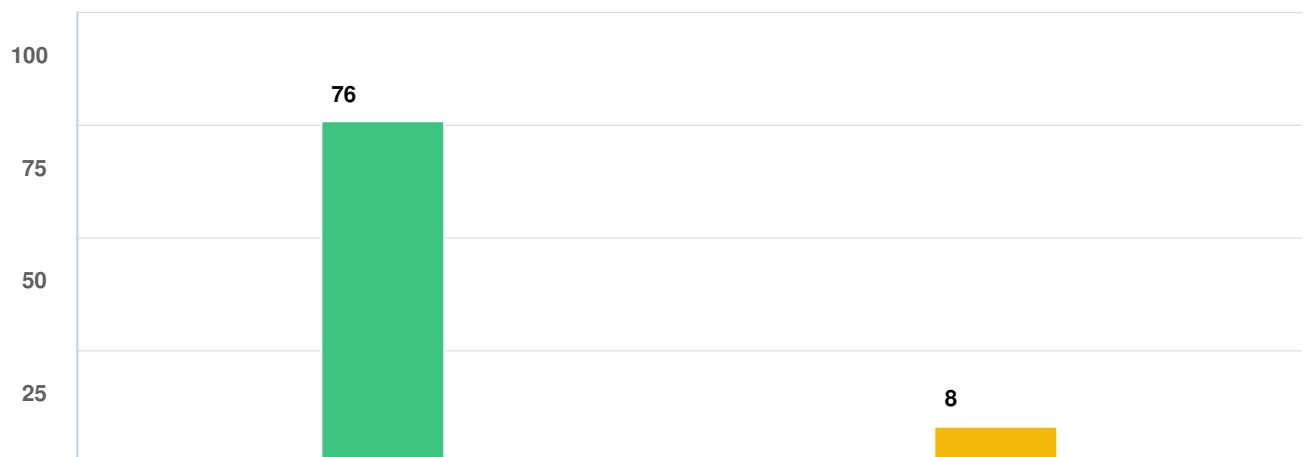
Question options

60-64 65-69 70-74 75-79 80-84 85+

Mandatory Question (84 response(s))

Question type: Checkbox Question

Q2 Are you interested in the Hudson Senior Network offering educational programs, such as art, computer classes or lectures?



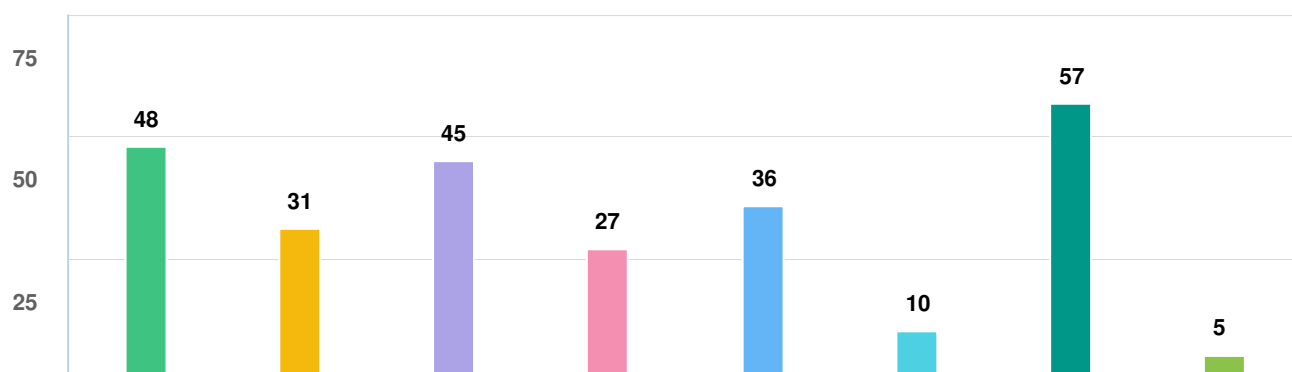
Question options

Yes No

Optional question (84 response(s), 0 skipped)

Question type: Checkbox Question

Q3 Please let us know if any of the following are educational programs you would like to see offered (check as many as you like)



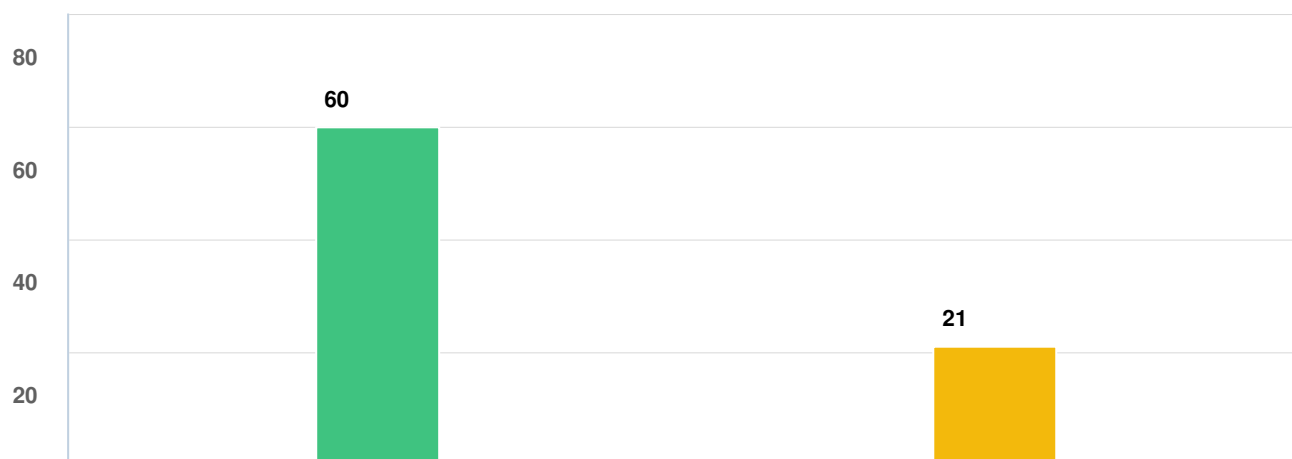
Question options

- Art & craft classes ● Book groups ● Computer & technology classes ● Discussion groups
- How-to-workshops (i.e. cooking, home repairs, quilt making) ● Wine & beer making classes ● Lectures/Speakers series
- Please let us know any other educational programs you are interested in:

Optional question (75 response(s), 9 skipped)

Question type: Checkbox Question

Q4 Are you interested in group social activities if offered?



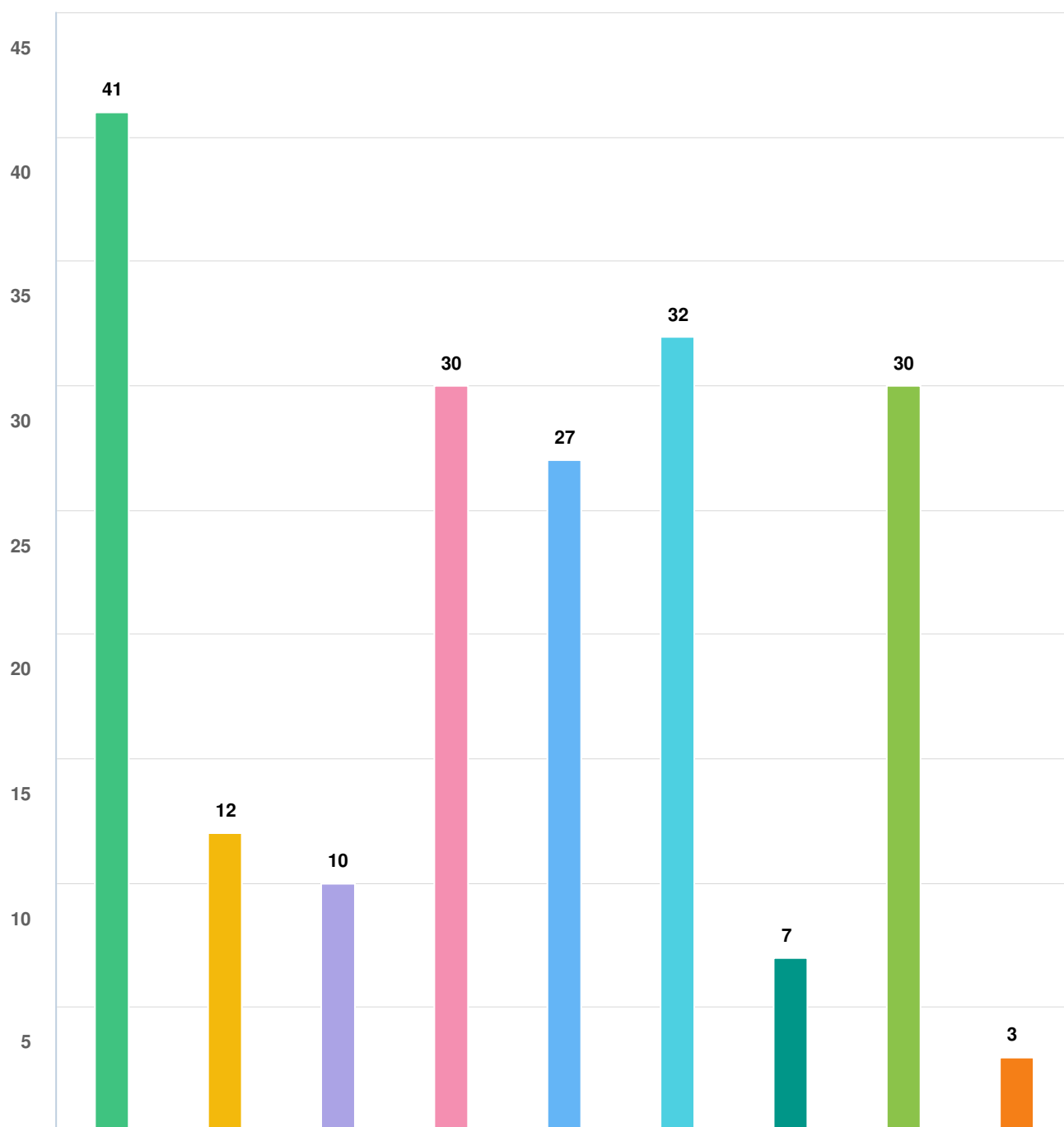
Question options

- Yes ● No

Optional question (81 response(s), 3 skipped)

Question type: Checkbox Question

Q5 Please put a check in front of each activity that you would be interested in attending (you may select as many as you like):



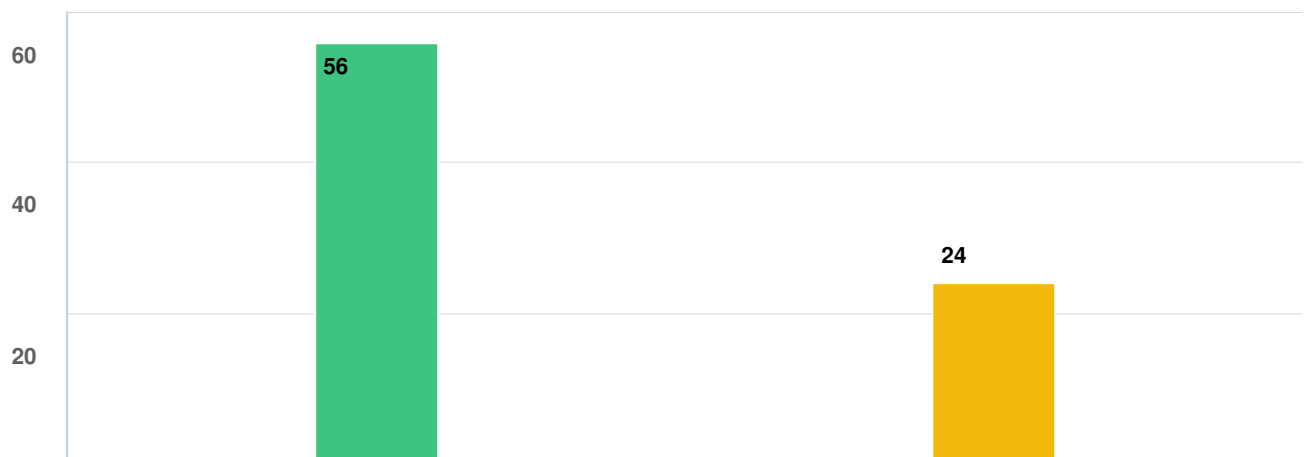
Question options

- Art and craft classes
 ● Beer and/or wine making
 ● Bingo
 ● Card, chess, or game groups
- Coffee and/or tea get-togethers
 ● Film club (movie night)
 ● Storytelling or drama groups
 ● Dining out
- Please let us know what other social activities you would like to see offered:

Optional question (59 response(s), 25 skipped)

Question type: Checkbox Question

Q6 Are you interested in taking day trips if chartered transportation were offered?



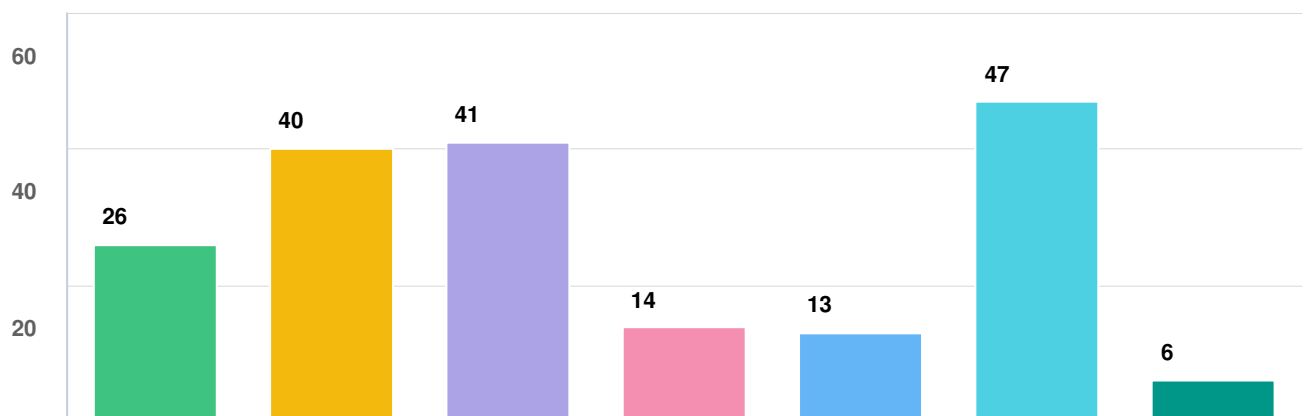
Question options

Yes No

Optional question (80 response(s), 4 skipped)

Question type: Checkbox Question

Q7 Which day trips would you be interested in?



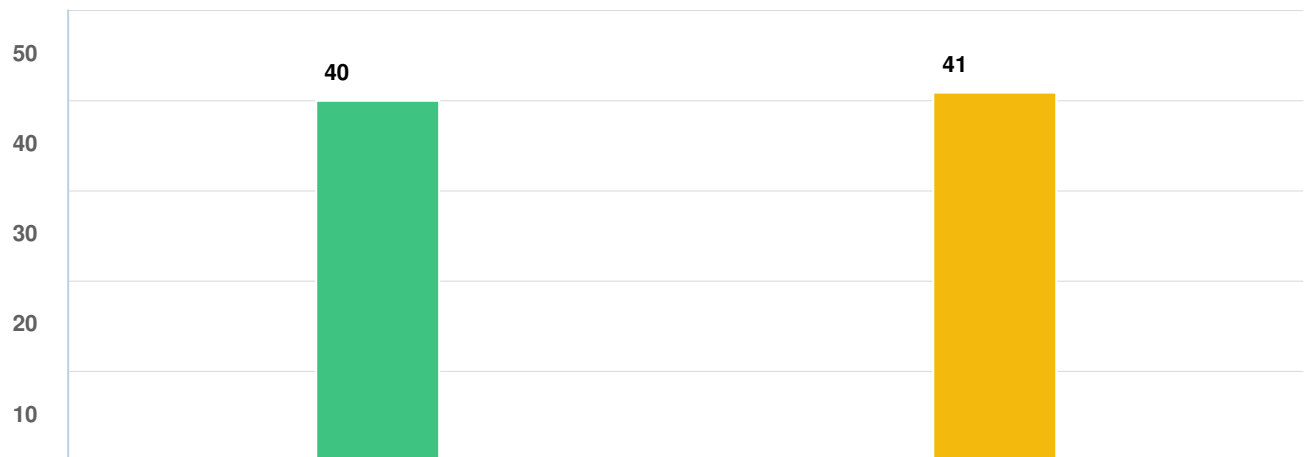
Question options

Amish Country Tour Concerts Museums Shopping trips Sporting events Theaters
Please let us know other day trips that would interest you:

Optional question (56 response(s), 28 skipped)

Question type: Checkbox Question

Q8 Would you be interested in taking overnight trips if chartered transportation were offered (i.e. big cities, casinos, iconi...

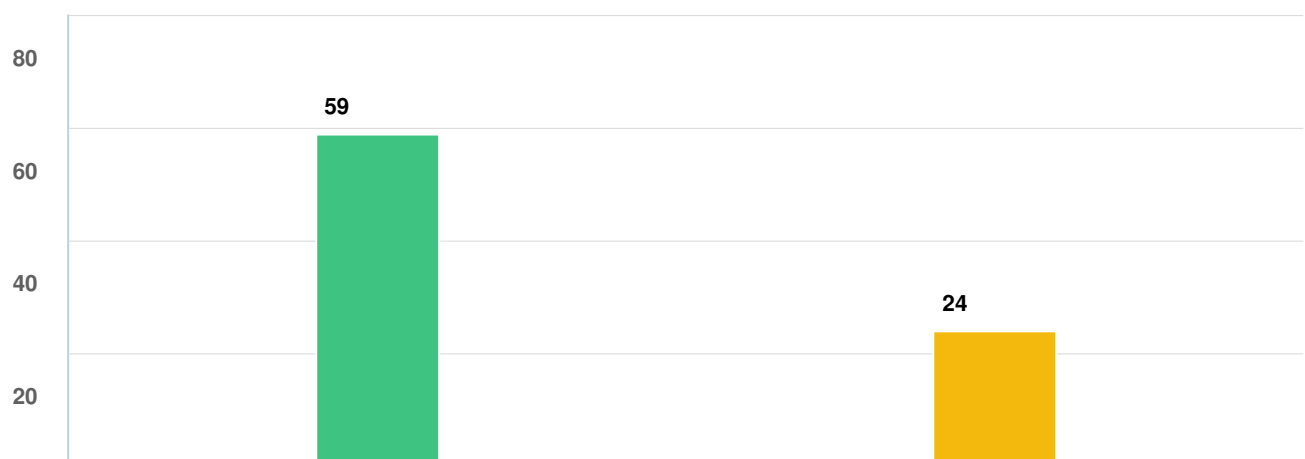


Question options

☒ Yes ☐ No

Optional question (81 response(s), 3 skipped)
Question type: Checkbox Question

Q9 Are you interested in attending health and fitness activities, such as yoga, balance or stretching classes?

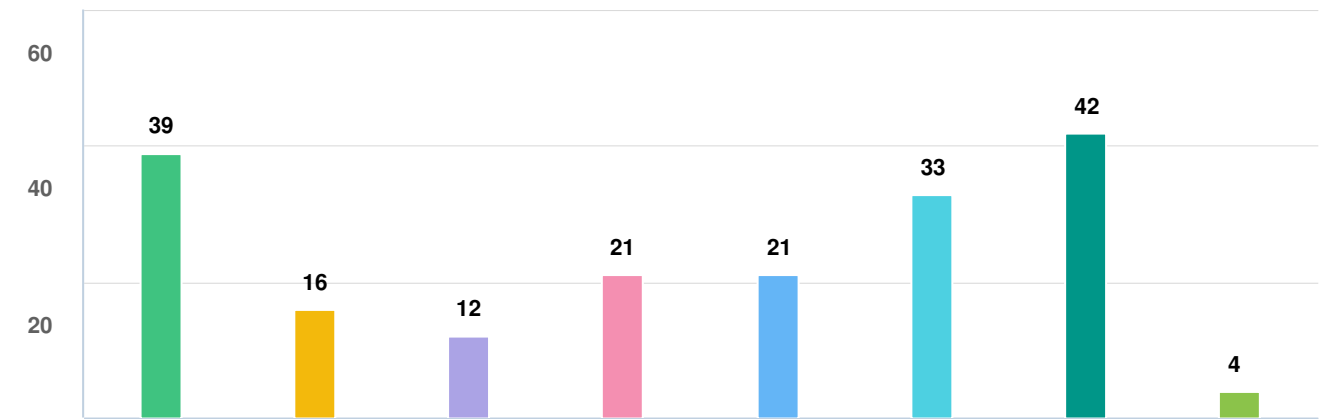


Question options

☒ Yes ☐ No

Optional question (83 response(s), 1 skipped)
Question type: Checkbox Question

Q10 Please let us know which activities you are interested in attending (you may select as many as you like):

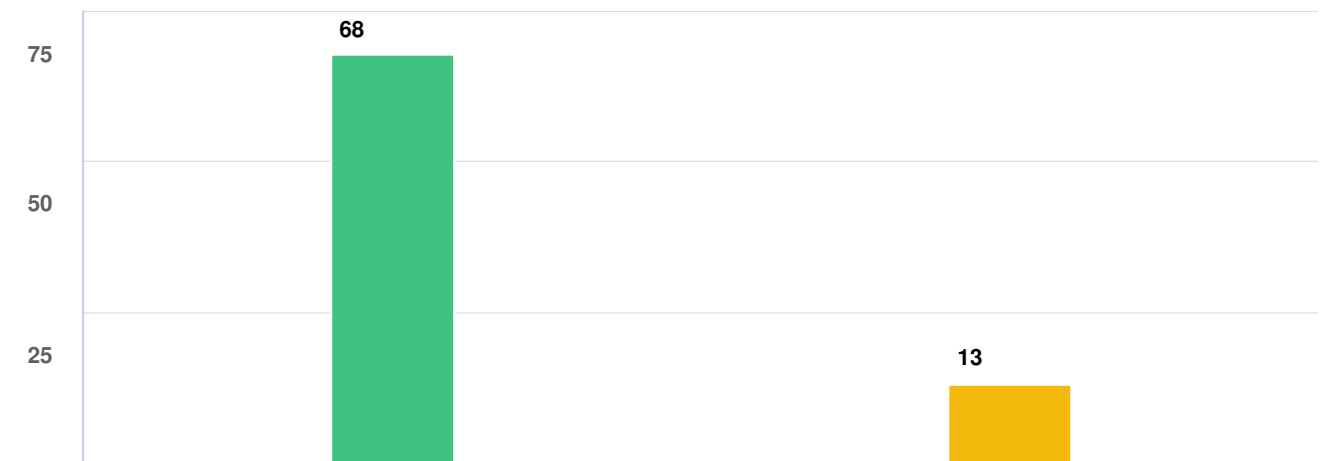


Question options

Balance Class Biking Dance Meditation Swimming/water aerobics Walking and/or hiking groups Yoga/Tai Chi/Stretching What other health and fitness activities would you like to see offered?

Optional question (59 response(s), 25 skipped)
Question type: Checkbox Question

Q11 Would you be interested in learning more about keeping your brain healthy as you age?

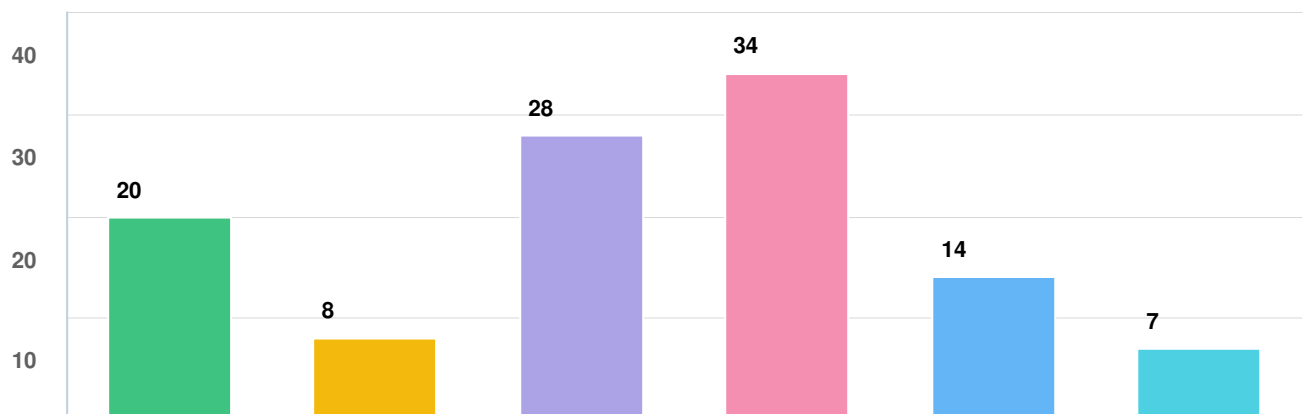


Question options

Yes No

Optional question (81 response(s), 3 skipped)
Question type: Checkbox Question

Q12 What other medical and health interests do you have?

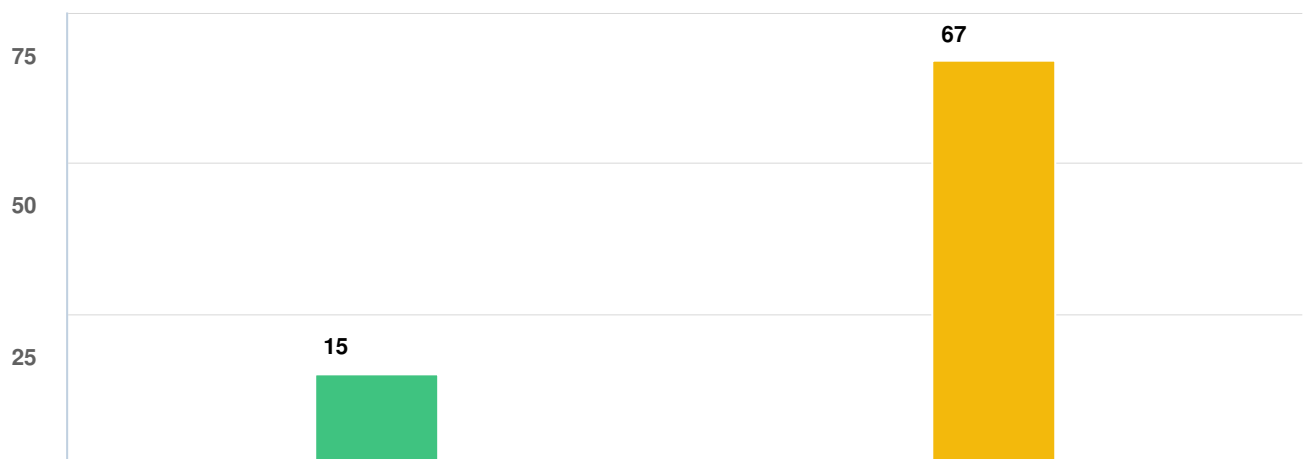


Question options

- Acupuncture
- Emotional and support groups
- Massage therapy
- Nutrition and diet information
- Patient advocacy/companion to medical appointments
- Other medical/health areas I am interested in include:

Optional question (62 response(s), 22 skipped)
Question type: Checkbox Question

Q13 Do you need assistance with understanding insurance benefits or plans?

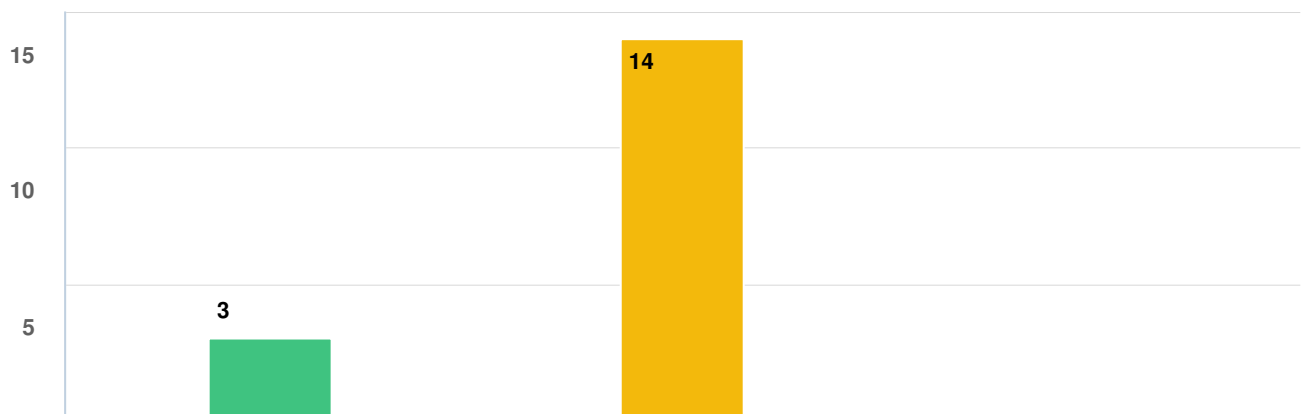


Question options

- Yes
- No

Optional question (82 response(s), 2 skipped)
Question type: Checkbox Question

Q14 I am interested in the following insurance topics:

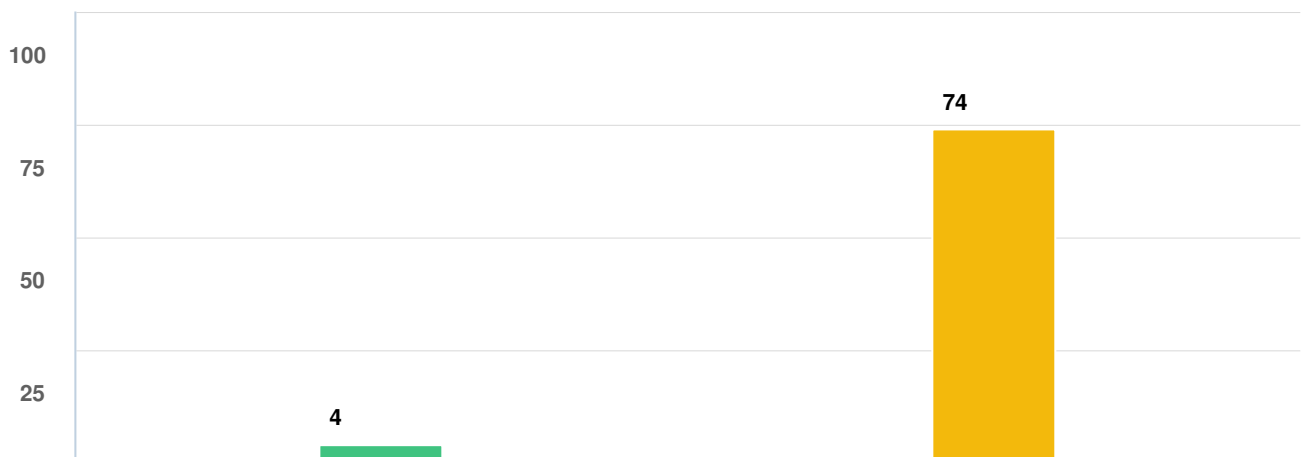


Question options

- ☒ Filing insurance & healthcare claims
- ☒ Explaining of Medicare plans & health care options
- ☐ What other questions do you have regarding insurance?

Optional question (14 response(s), 70 skipped)
Question type: Checkbox Question

Q15 Do you need assistance with tasks such as balancing your check book, organizing mail, tax preparation services or legal ass...

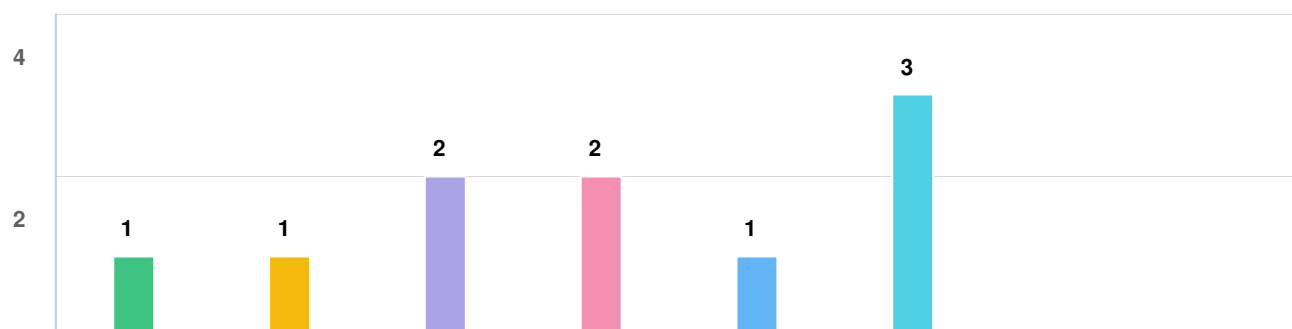


Question options

- ☒ Yes
- ☒ No

Optional question (78 response(s), 6 skipped)
Question type: Checkbox Question

Q16 What type of assistance would you like help with?



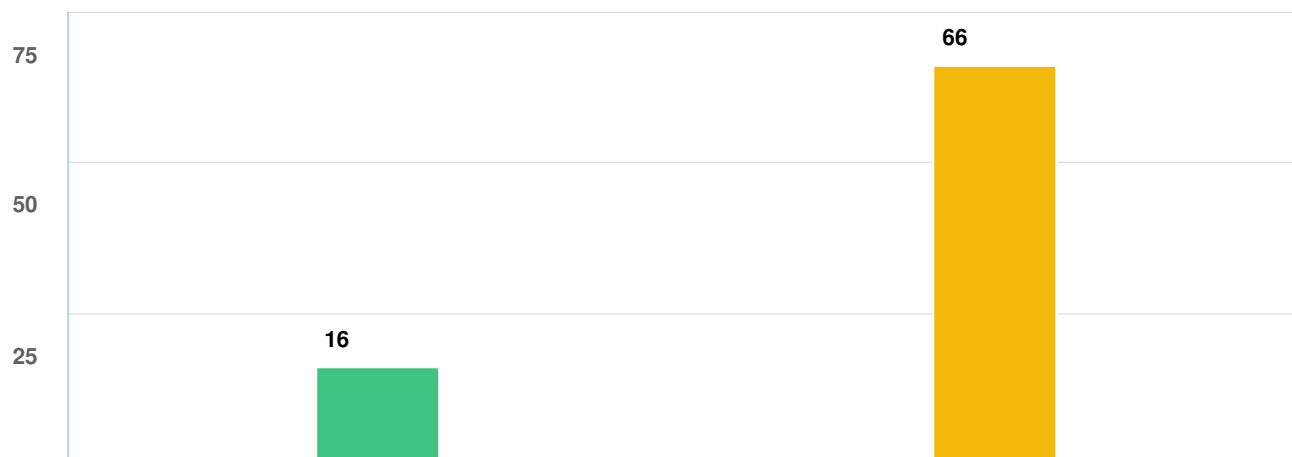
Question options

- Evaluating insurance options ● Finding part-time employment
- Help installing & troubleshooting technology (i.e. computers, mobile phones, iPads, etc.) ● Investment/estate planning
- Legal assistance ● Tax preparation assistance ● Balancing checkbook, organizing mail & paying bills
- What other professional support services would you like to see offered?

Optional question (3 response(s), 81 skipped)

Question type: Checkbox Question

Q17 Do you feel you may need support at home with minor home repairs, laundry, shopping, meal preparation, live-in caregiver et...



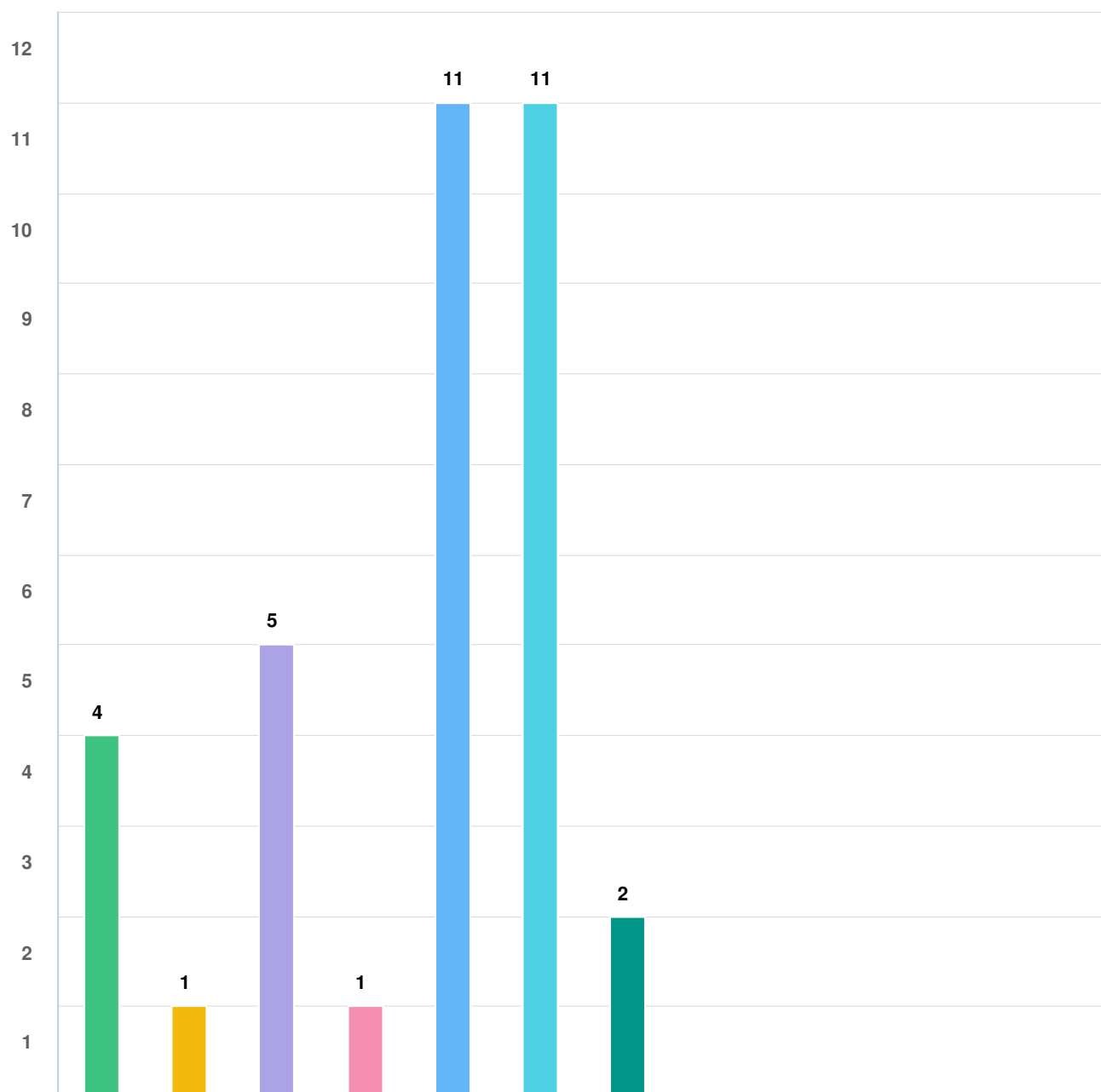
Question options

- Yes ● No

Optional question (82 response(s), 2 skipped)

Question type: Checkbox Question

Q18 What every-day home living assistance would you like to see offered?



Question options

- Aging-in-place home modifications (i.e. ramps, grab bars)
 ● Home health care
 ● Housecleaning
 ● Meal preparation
- Minor home repairs or maintenance (i.e. replacing light bulbs, furnace filters, patching)
 ● Outdoor help (gardening, snow removal, leaf raking)
 ● What other assistance would you like to see offered?
- Live-in caregiver
 ● Laundry
 ● Picking up prescriptions and/or organizing medications
 ● Shopping assistance
- Transportation

Optional question (15 response(s), 69 skipped)

Question type: Checkbox Question

Appendix H



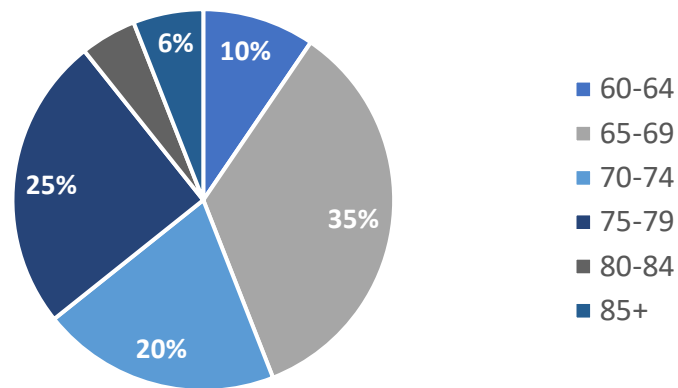
HUDSON SENIOR NETWORK FOUNDATION - HUDSON, OHIO -

Hudson Senior Network Survey

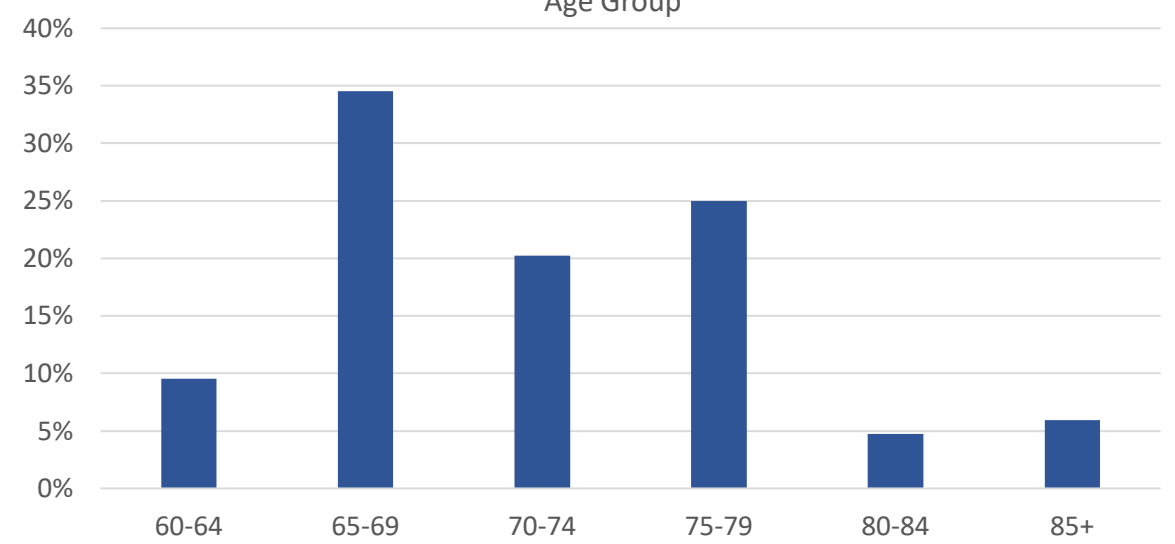
Response Report by Percentage: September 28, 2021 - November 9, 2022

Q1. Age Group

Completed Survey
Age Group

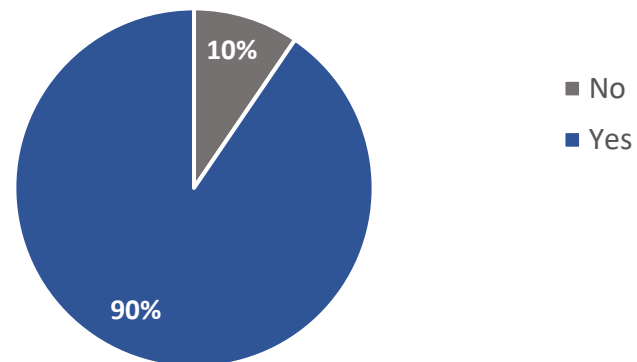


Completed Survey
Age Group

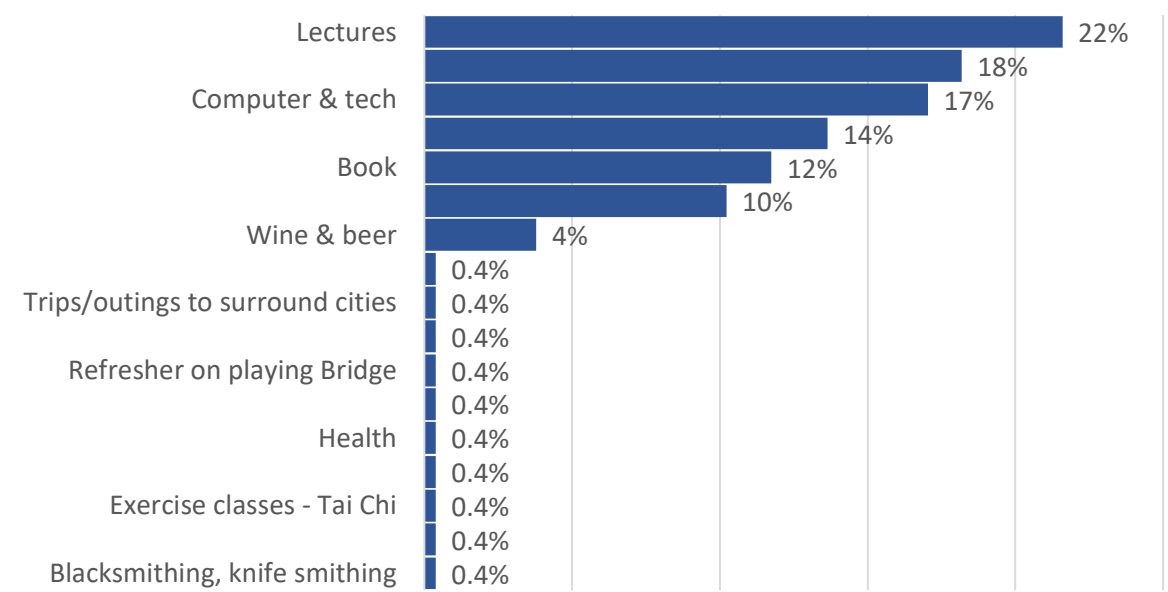


Q2 & Q3: Interested in Educational Programs

Interested in Education Programs
(i.e. art, computer classes, lectures)

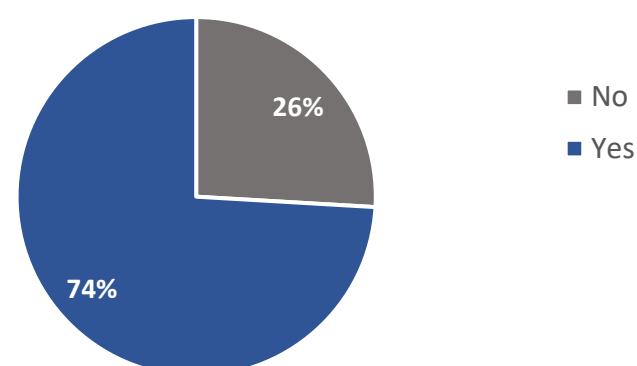


Preferred Education Programs

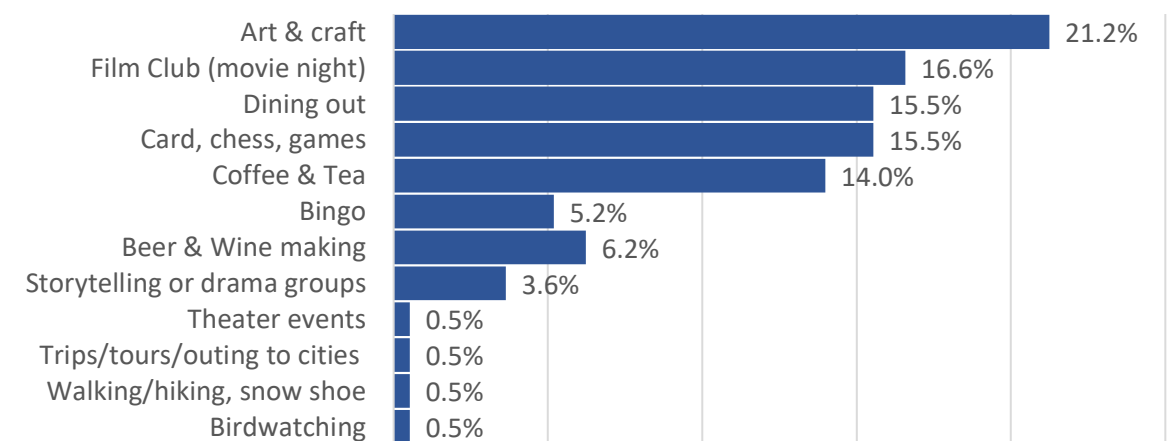


Q4 & Q5: Interested in Group Social Activities

Interested in Group Social Activities

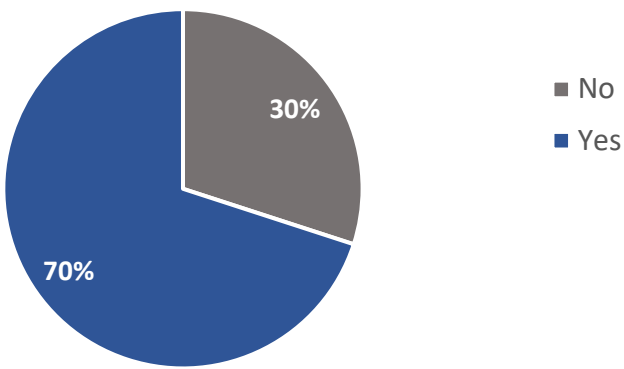


Group Social Activity Interests

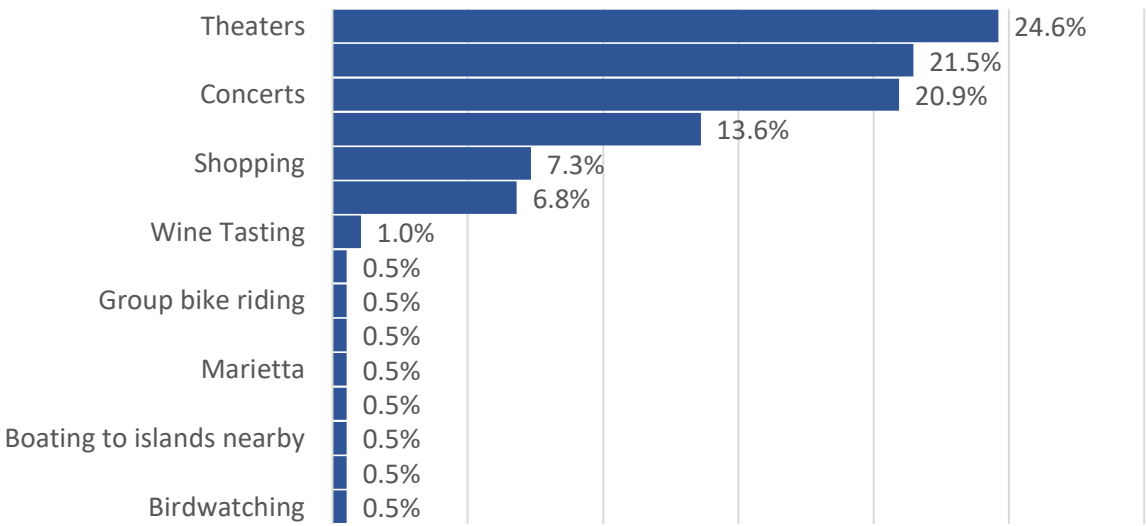


Q6 & Q7: Interested in Day Trips

Interested in Day Trips
If Transportation is Provided

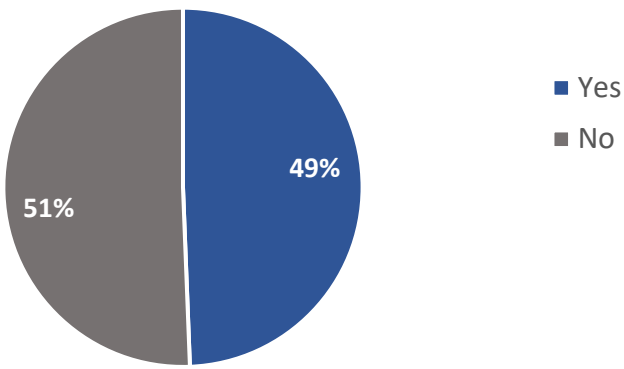


Day Trip Interests



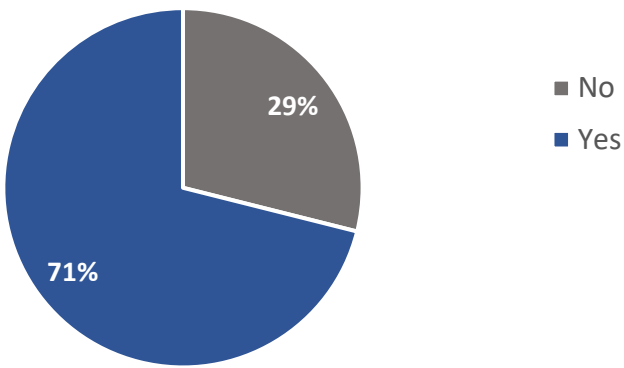
Q8: Interested in Overnight Trips

Interested in Overnight Trips

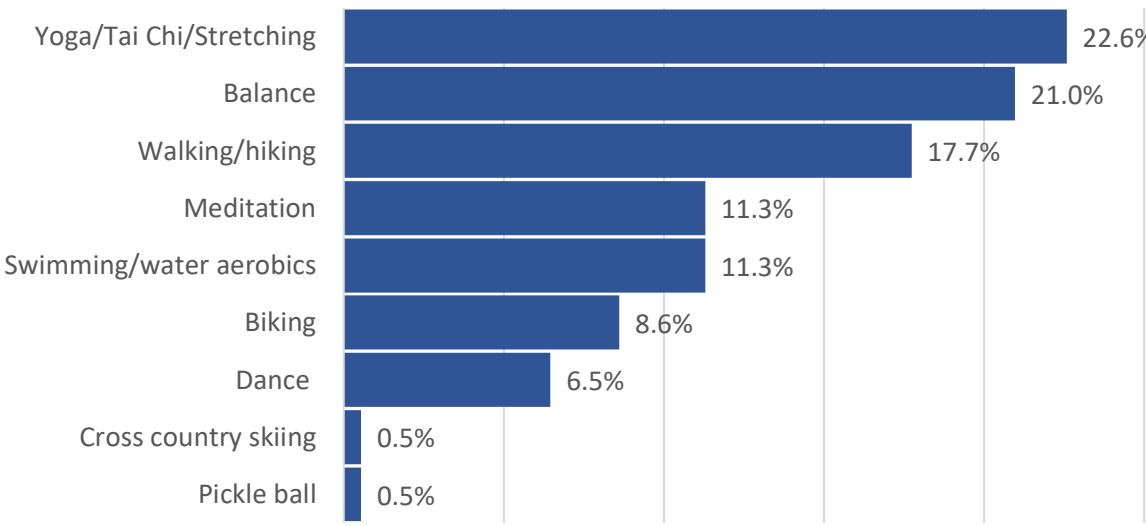


Q9 & Q10: Interested in Health & Fitness

Interested in Health & Fitness Activities

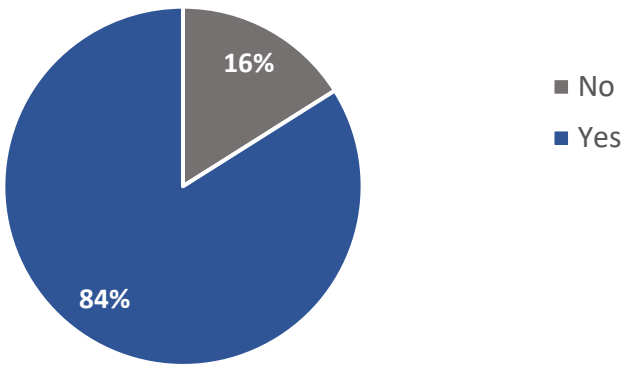


Health & Fitness Activities

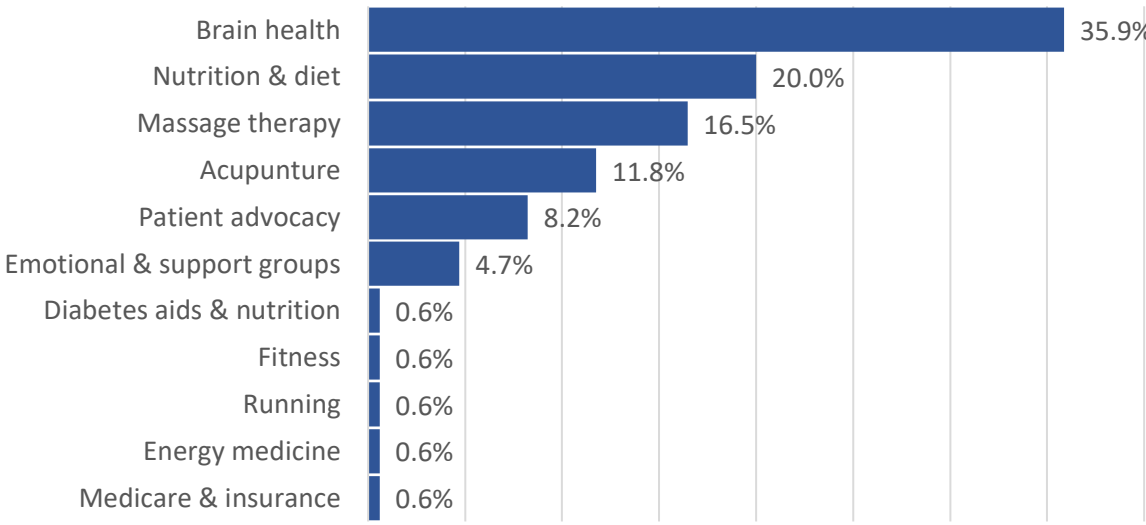


Q11 & Q12: Interested in Brain Health & Other Medical

Interested in Brain Health

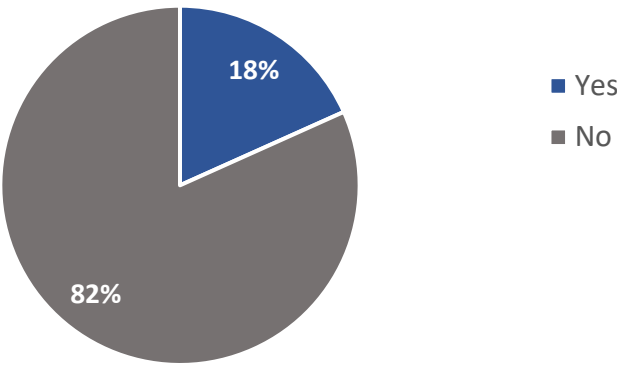


Other Medical & Health Interests

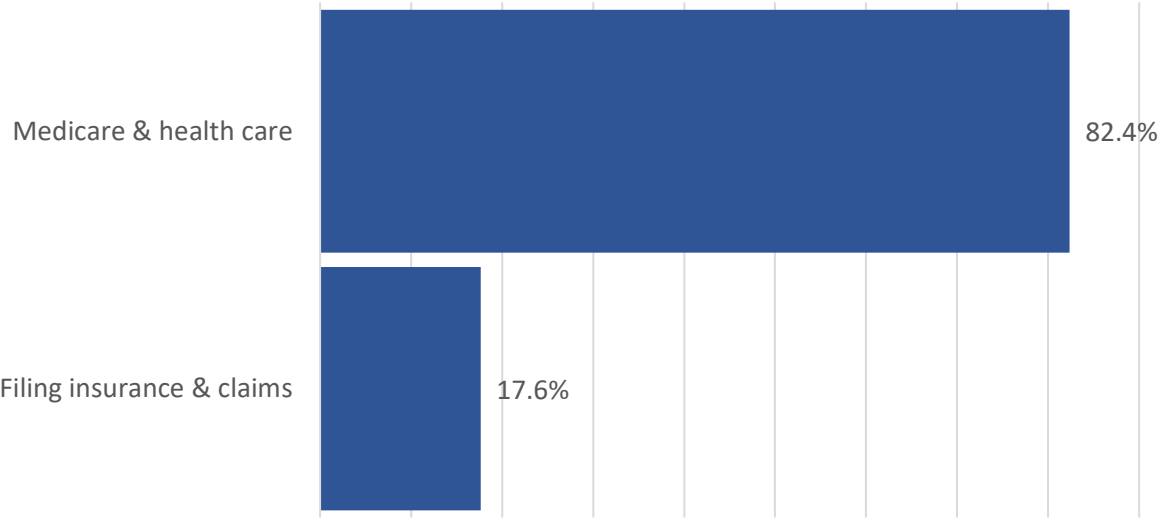


Q12 & Q13: Needs Assistance with Insurance Topics

Needs Assistance with Understanding Insurance

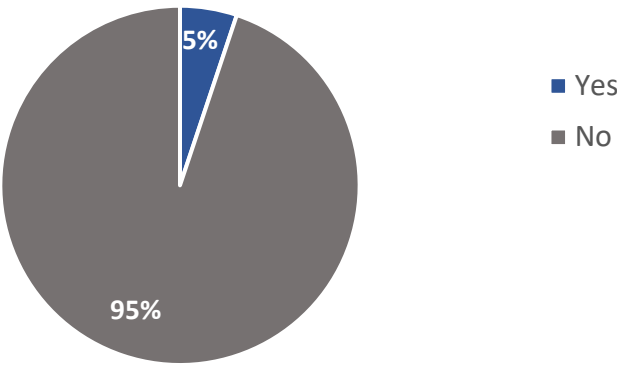


Insurance Topic Assistance Needed

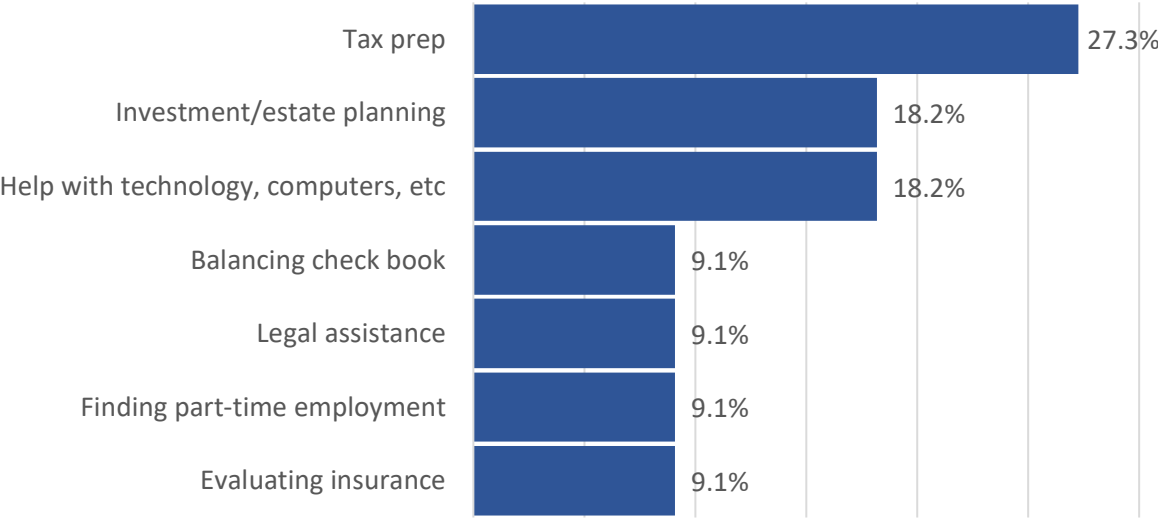


Q15 & Q16: Professional Assistance Needed

Needs Assistance with Professional Tasks
(i.e. balancing check book, mail, tax prep)

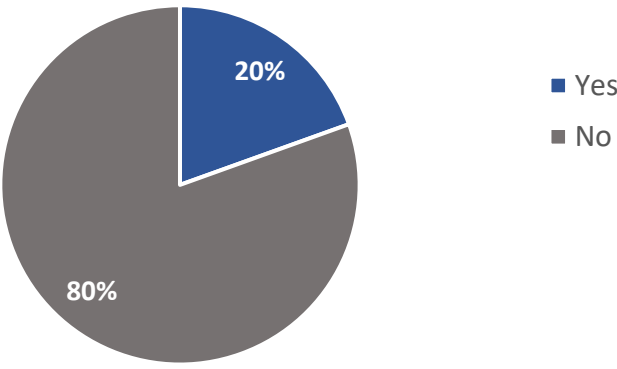


Professional Assistance Needed

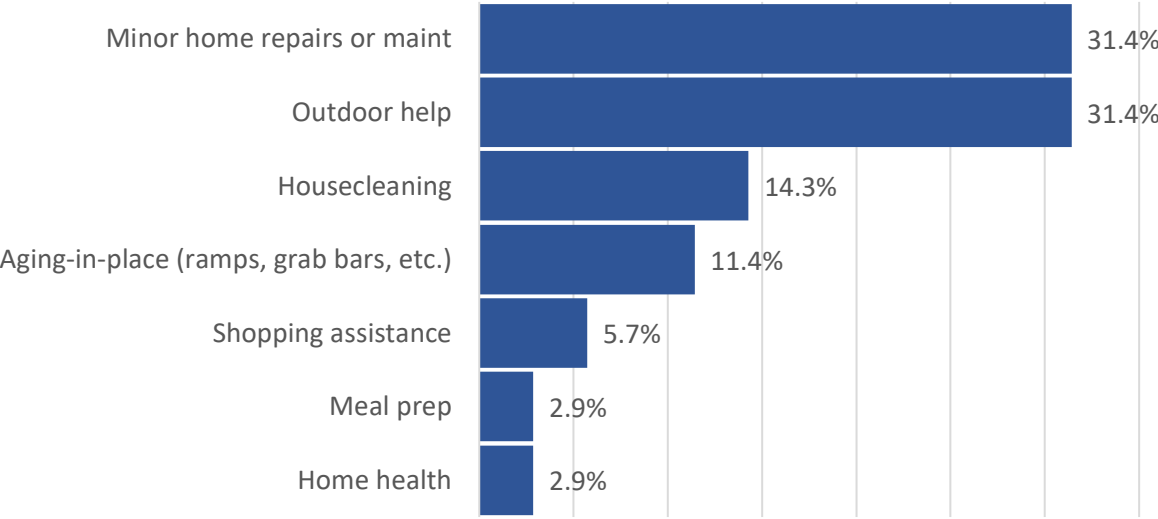


Q17 & Q18: Every-Day Needs Assistance

Needs Daily Assistance
(i.e. home repairs, laundry, shopping, meal prep, live-in caregiver)



Every-Day Needs Results



Appendix I

Adult Senior Community Programs Data
Data as of 9-21-2022

Date Received	Community Name	Employee Name	Senior Program Created Date	Name of Community Department that Oversees	Number of Full Time Staff	Number of Part-Time Staff
09/09/22 3:27 PM	City of Solon	Jonathan Mendoza	01/01/92	Department of Senior Services	9	21
09/12/22 10:42 AM	City of Green Parks & Recreation	Kim Goodhart	09/01/98	Green Parks & Recreation	1	0
09/12/22 2:39 PM	City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	2013	Fire	1	1
09/15/22 12:38 PM	VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	2006	Service Department	7	0
09/15/22 4:36 PM	Twinsburg	Laura Siefer	2010?	Parks and Recreation	2	0
09/16/22 4:06 PM	City of Stow	Kathy Lewis	unsure	Parks and Recreation	1	3
09/21/22 8:05 AM	City of Independence	Emily Thomas	33725	Community Services	7	8

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	How Budget is Determined	Annual Budget Cost of Program	Is there a permanent designated location	Is site exclusive to Seniors	Has a Membership Cost
City of Solon	Jonathan Mendoza	Council Approved Budget	\$970,000	Yes	No	Yes
City of Green Parks & Recreation	Kim Goodhart	Council approved budget.	\$10,000.00	Yes	No	No
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	Council approved budget		Yes	No	No
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	Council approved budget-cost of employees hourly wages		No		Yes
Twinsburg	Laura Siefer	Council Approval	\$190,000	Yes	Yes	Yes
City of Stow	Kathy Lewis	Finance department determines the budget each year, unfortunately I do not have my specific budget per year offhand.		Yes	Yes	No
City of Independence	Emily Thomas	The annual budget noted in the question above is our entire Community Services budget \$1.7M Our Community Services Budget is created by the Community Services Director and approved by the Mayor before being reviewed and approved by City Council.	\$1,737,830	Yes	No	No

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Member Cost	Has a Membership List	Program is Open to Residents or Others	Has Minimum Age to be a Member	Minimum Age	Provides Snow Services
City of Solon	Jonathan Mendoza	\$30 non-resident only (free for Solon residents)	Yes	Yes	Yes	60	Yes
City of Green Parks & Recreation	Kim Goodhart		Yes	Yes	Yes	50	No
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator		Yes	Yes	Yes	62	Yes
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	\$5.00	Yes	No	Yes	65	Yes
Twinsburg	Laura Siefer	For Non Residents \$35/yearly and residents there is no fee	Yes	Yes	Yes	55	Yes
City of Stow	Kathy Lewis		Yes	Yes	Yes	55	Yes
City of Independence	Emily Thomas		No	Yes	No		Yes

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	How Snow Program is Ran
City of Solon	Jonathan Mendoza	The Department of Senior Services coordinates the Snow Removal Service and it is budgeted through the city's Service Department. The city hired independent contractors and are provided zones as to which houses they will be doing plow service for.
City of Green Parks & Recreation	Kim Goodhart	
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	LOW INCOME qualification guidelines PER HUDD snow plowing contracted out. Service & Finance Dept administers the application and financial requirements approval one push in 24 hours 3" snowfall budgeted based on the previous year Upon qualification they also receive free trash pick-up and fall gutter cleaning
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	Service dept. runs the program,
Twinsburg	Laura Siefer	Parks and Recreation handles the application process Service Department handles the implementation of the program
City of Stow	Kathy Lewis	This is offered through the City and not Parks and Recreation. It is offered on a first come, first served basis until filled.
City of Independence	Emily Thomas	Our Snow Removal Service Program is facilitated through a collaboration of our Community Services, Service and Purchasing Department. Our Purchasing Departments bids out the service each year. Contractors bid on one or more routes and are awarded routes accordingly. The Service Department budgets for the program, creates the routes and is responsible for calling the contractors out to plow. To the best of my knowledge, the budget for the snow removal is developed based on the number of participating households X the average cost for a contractor to plow a driveway. The Community Services Department is responsible for promoting the snow removal program, creating the application and brochure, reviewing and approving snow removal applications, processing payment and relaying the list of participants to the Service Department.

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Who Snow Service is Provided To
City of Solon	Jonathan Mendoza	Seniors that meet the criteria to be eligible for the program.
City of Green Parks & Recreation	Kim Goodhart	
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	disabled low income over 65 low income
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	1. SENIOR RESIDENT: (Complete if age 65 & older), I, hereby certify that I am 65 years of age or older, I live alone or with a spouse, and there is no other person under the age of 65 years of age residing with me capable of providing snow removal service. 2. HANDICAPPED RESIDENT: (COMPLETED IF UNDER 65) *Must provide a doctor's certificate relative to the handicap* I, _____, hereby certify that I am handicapped and am unable to provide snow plowing because of my handicap, which is _____.
Twinsburg	Laura Siefer	65 and better with income under gross household income of \$60,000 and no able bodied person residing in the home 55-65 if disabled and have no one else in the home able to shovel and have a doctor note stating disability
City of Stow	Kathy Lewis	Public Works Budget: \$20,000. The program is designed to provide driveway and sidewalk snow removal services to residents who are either elderly or disabled and are experiencing true hardship circumstances.
City of Independence	Emily Thomas	There are four (4) categories of individuals who qualify for snow removal...1) Residents ages 60 +, residents who are on permanent disability, residents assigned to active military duty and residents on HEAP.

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	How Snow Services are Determined	Snow Services Provided	Other Snow Services Provided	Charges for Snow Services	\$ Amount Charged for Snow Services
City of Solon	Jonathan Mendoza	Salary limit, 65 years of age or older OR permanently disabled under guidelines of the Social Security Administration, Solon residents	Driveways		No	
City of Green Parks & Recreation	Kim Goodhart					
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	HUDD low income threshold. tax return or soc sec statement required	Driveways		No	
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	See qualifications listed above	Driveways		Yes	\$5.00 per season
Twinsburg	Laura Siefer	Income Based, City Resident for the whole year, Not part of a homeowners association that provides the service	Driveways		Yes	Household gross income under \$32,000- FREE Households gross income between \$32,000-\$60,000-\$50/Year
City of Stow	Kathy Lewis	annual income	Driveways Sidewalks		No	
City of Independence	Emily Thomas	There are four (4) categories of individuals who qualify for snow removal...1) Residents ages 60 +, residents who are on permanent disability, residents assigned to activity military duty and residents on HEAP.	Driveways		Yes	\$25/year

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Class, Training & Activity Services Provided
City of Solon	Jonathan Mendoza	Art Programs Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Concerts Cyber & Scam Training Mahjong Other Physical & Mental Health Classes Pickleball Tai Chi Classes Technology, Computer, Phone Training Yoga Classes
City of Green Parks & Recreation	Kim Goodhart	Art Programs Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Physical & Mental Health Classes Pickleball Yoga Classes
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Concerts Mahjong Other Physical & Mental Health Classes Yoga Classes
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	Concerts
Twinsburg	Laura Siefer	Art Programs Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Concerts Mahjong Other Physical & Mental Health Classes Pickleball Yoga Classes
City of Stow	Kathy Lewis	Art Programs Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Concerts Cyber & Scam Training Mahjong Physical & Mental Health Classes Pickleball Technology, Computer, Phone Training
City of Independence	Emily Thomas	Art Programs Balance Classes Community Speakers, (Local Fire Officials, Police, Income Tax, etc.) Concerts Other Physical & Mental Health Classes Pickleball Yoga Classes

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Other Class, Training & Activity Services Provided	Charges for Classes, Training, Activities	Charges Separately for Classes, Training	Classes, Training & Activities Provided
City of Solon	Jonathan Mendoza	Social Events/Gatherings, Out-of-town Excursions	\$2 up to \$80 for excursions and/or special events	Yes	Yes
City of Green Parks & Recreation	Kim Goodhart		Varies	Yes	Yes
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	crafts luncheons bingo meal delivery		No	Yes
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ			No	Yes
Twinsburg	Laura Siefer	Transportation Program Lifeline Program Meal Delivery Program Trips Variety of Special Events Chair Volleyball Variety of Card Games Exercise Classes Line Dancing Flu Shots Cooking Classes	Depending on the program. If food is involved \$3-\$5	Yes	Yes
City of Stow	Kathy Lewis		Each program varies	Yes	Yes
City of Independence	Emily Thomas	Our programming varies, so the best way to stay up to date on our program offerings is through our Community Spotlight, which may be found online at https://www.independenceohio.org/departments/community_services/community_spotlight.php . Our largest and most-well attended programs are our Tuesday and Friday Dine-In Lunches as well we our bi-weekly Wednesday Drive Thru Lunch.	\$Varies	Yes	Yes

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Tours are Provided	Type of Tours	Tour Transportation	Distribution of Tour Costs	Tour Cost	Tour Bus Number of Seats	Equipment & Supplies Provided Y/N	Equipment & Supplies Provided
City of Solon	Jonathan Mendoza	Yes	Day Tours	Community Bus	Both Community & Member	Yes	16	Yes	The Senior Center provides Emergency Alarm kits.
City of Green Parks & Recreation	Kim Goodhart	Yes	Day Tours	Private Transportation	Both Community & Member	Yes		No	
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	No						Yes	KNOX box
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	No						Yes	smoke alarm, knox box - through Village of Northfield Fire Dept. no charge
Twinsburg	Laura Siefer	Yes	Day Tours	Community Bus Private Transportation	Member Only	Yes	14	Yes	Knox Box and Smoke Alarms/ CO detectors through our Fire Department Lifeline through Philips Lifeline Day old bakery and bread from Panera and Heinen's
City of Stow	Kathy Lewis	Yes	Day Tours	Community Bus	Both Community & Member	Yes	36	No	
City of Independence	Emily Thomas	Yes	Day Tours	Private Transportation	Both Community & Member	Yes		Yes	We have the opportunity for residents to borrow medical equipment, such as wheelchairs, walkers, canes, shower chairs, etc.

Adult Senior Community Programs Data

Data as of 9-21-2022

Community Name	Employee Name	Other Programs & Services Provided
City of Solon	Jonathan Mendoza	<p>The once-a-month Mobile Pantry and the Produce Market, both free, are coordinated by the Department of Senior Services. Mobile Pantry not only serves seniors, but people of all ages who are in need of food assistance. The Produce Market is free for members of the Solon Senior Center. The department also provides rubbish/waste removal for any senior member who needs assistance with trash pick-up. We also have other transportation programs for both in-town and out-of-town travel. In-town transportation is provided free to Solon resident senior members using the department's van and two buses. Out of town transportation is serviced through contracted companies Senior Transportation Connection and Uber Health</p> <p>To further expand on this questions: Is the designated location exclusive to Adult Seniors only?; this location is available for rent on weekends and/or holidays when the center is closed and is also available for disabled members of the community.</p>
City of Green Parks & Recreation	Kim Goodhart	
City of Macedonia	Cheryl Kuczma Administrative Assistant ~ Senior Coordinator	Upon qualification they also receive free trash pick-up and fall gutter cleaning
VILLAGE OF NORTHFIELD	LISA RODRIGUEZ	<p>leaf pick up services all seniors 65 years and older receive free trash services - Village pays for their monthly trash invoice.</p> <p>We are joined with Macedonia, Sagamore Hills Township and Northfield Center Township with senior center for seniors to meet at Macedonia's Recreation Center on Wednesdays weekly for activities, lunch etc.</p>
Twinsburg	Laura Siefer	<p>Our local Cub Scouts provide Leaf Raking each fall Transportation Services within a 10 mile radius of the City for medical appointments Scheduled trips to the grocery stores and drug stores Trash services are free for city residents</p>
City of Stow	Kathy Lewis	
City of Independence	Emily Thomas	<p>In Community Services, we only have three (3) programs that are designated as senior programs...transportation services, snow removal services and our bi-weekly Wednesday Drive Thru Lunch.</p> <p>Our programming varies, so the best way to stay up to date on our program offerings is through our Community Spotlight, which may be found online at https://www.independenceohio.org/departments/community_services/community_spotlight.php.</p>

Appendix J

Adult Senior Programs

Goals for Year 1

Account Description		2023 Goals	Comments
Adult Senior Programs			
52340	PROFESSIONAL SERVICES	\$2,000	Consultant, CPA, Legal, Marketing, etc.
52371	CUSTOM PRINTING AND COPYING	\$15,600	Newsletter, 4 mailings a year
52380	DUES AND FEES	\$500	Village to Village dues
			Snowplow program coordination & private contractor \$30,200. Administrative Support Services \$13,000.
52390	CONTRACT SERVICES-MISC	\$43,200	
	SUBTOTAL CONTRACTUAL SERVICES	\$61,300	
52420	OPERATING SUPPLIES	\$31,000	Expansion of senior programming
	SUBTOTAL MATERIALS AND SUPPLIES	\$31,000	
	ADULT SENIOR PROGRAM TOTAL	\$92,300	
		\$92,300	Base Operating
			Request (Over)Under 0%
FUND TOTAL		\$92,300	

Adult Senior Program 5-Year Goals

	<u>2023</u>	<u>2024</u>	<u>2025</u>	<u>2026</u>	<u>2027</u>	<u>Unfunded</u>	<u>Total</u>
Senior Program Expansion (Education, Supplies, etc.)	\$31,000	\$31,930	\$32,888	\$33,875	\$34,891		\$164,583
Newsletter & Communications	\$15,600	\$16,068	\$16,550	\$17,047	\$17,558		\$82,823
Administrative Staff Support - contractual	\$13,000	\$20,085	\$26,780	\$27,583	\$28,411		\$115,859
Professional Consulting Services	\$2,000	\$2,060	\$2,122	\$2,185	\$2,251		\$10,618
Collaboratives, Memberships, Networking	\$500	\$515	\$530	\$546	\$563		\$2,655
Snowplow Program & development.	\$30,200	\$30,900	\$31,827	\$32,782	\$33,765		\$159,474
Senior Community Center						Placeholder	\$0
Social Services - Support						\$5,000	\$5,000
							\$0
							\$0
							\$0
Total 5-Year Goals	\$92,300	\$101,558	\$110,697	\$114,018	\$117,439	\$5,000	\$541,012

Above considers a 3% increase each year.

Appendix K



PROGRAM YEAR 2022
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM
APPLICATION FOR FUNDING

Project Category: (check one only)	<input checked="" type="checkbox"/> Public Service
	<input type="checkbox"/> Economic Development
	<input type="checkbox"/> Capital Improvement
	<input type="checkbox"/> Housing Activities
	<input type="checkbox"/> COVID Resiliency

Application Number:
(CDBG Program Office Use Only)

--

Applicant Agency Information:

Applicant legal name:	Hudson Senior Network Foundation via Hudson Community Foundation as fiscal sponsor				
Applicant Address:	49 East Main St., Hudson, Ohio 44236				
Type of agency:	<input checked="" type="checkbox"/> 501(c)(3)	<input type="checkbox"/> Gov't./Public	<input type="checkbox"/> For Profit	<input type="checkbox"/> Faith-Based	<input type="checkbox"/> Other
Tax ID number:	EIN#34-1935499				
Agency UEI number:		CAGE Code:			

Project Title: Educational Programming for Hudson Senior Citizens

Funding Request:

Total funding requested in this application:	\$44,200.00	
Total cost to complete project:	\$53,125.00	

Project Information:

Project address(s):	Census tract:	Council district:
Educational Programs will be held in the City Hall Community Room at 1140 Terex Road, Hudson Ohio		

Section 1: Project Details

1.1	Project category: (check one only)	<input checked="" type="checkbox"/> Public Service <input type="checkbox"/> Economic Development <input type="checkbox"/> Capital Improvement <input type="checkbox"/> Housing Activities <input type="checkbox"/> COVID Resiliency
1.4	CDBG Criteria: Which CDBG criteria below does your project meet?	
<input type="checkbox"/>	(1) Area benefit: At least 51% of residents within the targeted activity area are low to moderate income LMI).	
<input checked="" type="checkbox"/>	(2) Limited clientele (select subpart below):	
<input checked="" type="checkbox"/>	(a) Special needs group (select benefit group from the list below):	
	<input type="checkbox"/>	(i) Abused children
	<input checked="" type="checkbox"/>	(ii) Elderly persons 62 years or older
	<input type="checkbox"/>	(iii) Battered spouses
	<input type="checkbox"/>	(iv) Severely disabled adults (not children) – Census definition; documentation required
	<input type="checkbox"/>	(v) Illiterate adults
	<input type="checkbox"/>	(vi) Persons living with HIV/AIDS
	<input type="checkbox"/>	(viii) Homeless persons
<input type="checkbox"/>	(b) At least 51% of clientele to be served will be documented as LMI.	
<input type="checkbox"/>	(3) Housing (select subpart below):	
	<input type="checkbox"/>	(a) Single family (must be 100% LMI)
	<input type="checkbox"/>	(b) Multi-unit (must be 51% LMI)
<input type="checkbox"/>	(4) Job creation: At least 51% of jobs for LMI persons: Number of FTE jobs to be created:	
<input type="checkbox"/>	(5) COVID Resiliency	



PROGRAM YEAR 2022
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM
APPLICATION FOR FUNDING

1.5 Detailed Project Description

Include supporting documentation and statement of need. Project must meet one of the goals listed in the Consolidated Plan. Describe the target population that will benefit from the project and estimated number of clients to be served. Use additional sheets if necessary.

According to the most recent census, 18% of Hudson's population is over 65 years old. Yet Hudson has never provided senior citizen services. The Hudson Senior Network was organized approximately 2 plus years ago as awareness in the community grew regarding the need for senior support services. The Network is housed under the 501c3 umbrella of the Hudson Community Foundation wherein it has a dedicated fund.

In the fall of 2021, the Network conducted a survey to determine priority needs of the senior population. The number one need was for educational programming. This grant application is seeking funding to provide 12 educational programs in the following areas:

Technology
Household safety
Scam prevention
Health and Wellness
Finance

The educational sessions will include lectures and one on one consultations. Take aways such as blood pressure cuffs, nutrition advisories, technology devices will also be provided to those seniors in need of them. The following is a list of takeaway items and their estimated costs:

Fire extinguisher @\$75 per unit
Extension cords @\$10 per unit
Medication and Health information pouch for the refrigerator @\$10 per unit
Blood pressure cuff @\$40 per unit
Breathing exercise machine @\$10 per unit
Chrome book or iPad device @\$250 per unit
Phone charging port with LED light @\$40 per unit
Large read phone @\$150 per unit
Magnifying glass @\$15 per unit
Walking stick for balance @\$20 per unit
Suction handles for bath or shower @15 per unit

Marketing for these educational sessions will include mailers, one per quarter, outlining the upcoming sessions as well as registration information.

The attendees will vary depending on the topic, a maximum of 30 seniors per class will be the upper limit. This will ensure adequate time for individualized consultations. At 12 sessions, the estimated total clientele over the grant period would be 360.

Costs have been estimated as follows:

Supplies (take aways) @\$24,000
Marketing material including postage and printing @\$3,400 per quarter for a total of \$13,600
Activity Delivery fees for program delivery coordination @ 20 hours per month @\$25/hour = \$6,000
Speaker fees @\$50 per session = \$600
Total estimated budget is \$44,200 (CDBG) + \$8,925 (local match and in kind)
Total is \$53,125



PROGRAM YEAR 2022
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM
APPLICATION FOR FUNDING

APPENDIX A: PROJECT BUDGET

Budget Exhibit is ONLY for funds related to current CDBG Project Application

COUNTY OF SUMMIT

COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM YEAR

2022 APPLICATION

AGENCY:	Hudson Senior Network Foundation				
PROJECT:	Educational Programming for Hudson Senior Citizens				
	CDBG Funds Requested	Agency/Local Funds	State Funds	Federal Funds	In Kind
Salaries and Wages	Ineligible				\$4,000
Fringe Benefits	Ineligible				
Supplies	\$24,000				
Postage	\$4,000				
Consultant Services	Speaker fees \$600	\$2,000			
Maintenance/Repair	Ineligible				
Publications/Printing	\$9,600				
Transportation		\$100			
Rent	Ineligible	\$75			
Equipment Rental	Ineligible	\$500			
Insurance	Ineligible				
Utilities	Ineligible				
Telephone	Ineligible				
Construction					
Activity Delivery Costs to operate program *	\$6,000				Volunteer Session Assistance:
Other					\$2,250
TOTAL	\$44,200	\$2,675			\$6,250

Appendix L

13 Matching Service Providers

TWINSBURG CITY OF - PARKS AND RECREATION DEPARTMENT

RESIDENTIAL SNOW SHOVELING FOR OLDER ADULTS AND ADULTS WITH DISABILITIES (SENIOR SNOWPLOW)

Offers snow plowing services for older adults and adults with disabilities in Twinsburg.

10260 Ravenna Road | Twinsburg, OH 44087 | [\(330\) 963-8722](tel:(330)963-8722)

MACEDONIA CITY OF

FREE SNOW SHOVELING, TRASH SERVICE AND GUTTER CLEANING FOR OLDER ADULTS AND PEOPLE WITH

Provides free trash collection, gutter cleaning, and snowplowing to older adults and individuals with disabilities, based on availability of funding.

9691 Valley View Road | Macedonia, OH 44056 | [\(330\) 468-8330](tel:(330)468-8330)

NORTHFIELD VILLAGE OF

Northfield Village Of - Service, Building, And Sewer Billing Departments

RESIDENTIAL SNOW SHOVELING (SNOWPLOWING FOR SENIORS)

Offers free snowplowing for older adults age 65 and over.

199 Ledge Road | Northfield, OH 44067 | [\(330\) 468-4363](tel:(330)468-4363)

AURORA CITY OF

RESIDENTIAL SNOW SHOVELING (SNOW PLOWING PROGRAM)

Provides snow plowing for low-income Aurora City residents who are either age 60 and over or disabled.

130 South Chillicothe Road | Aurora, OH 44202 | [\(330\) 562-6131](tel:(330)562-6131)

STREETSBORO CITY OF

Streetsboro City Of - Senior Center

GENERAL YARD WORK (SENIOR ASSISTANCE PROGRAMS)

Offers leaf removal, mowing assistance, and snow plowing. Removes fallen leaves and branches from the yard prior to the winter months.

1951 Annalane Drive | Streetsboro, OH 44241 | [\(330\) 626-2398](tel:(330)626-2398)

STOW CITY OF

RESIDENTIAL SNOW SHOVELING (SNOWPLOW ASSISTANCE PROGRAM)

Offers driveway and sidewalk snow removal services to residents who are unable to do so themselves either because they are older adults or totally and permanently disabled. Provides six (6) snow plow vouchers to eligible participants to use at their ...

3760 Darrow Road | Stow, OH 44224 | [\(330\) 689-2820](tel:(330)689-2820)

CUYAHOGA FALLS CITY OF

RESIDENTIAL SNOW SHOVELING (SENIOR SNOW REMOVAL PROGRAM)

Provides vouchers for free snow removal from driveways of older adults and disabled adults.

2310 2nd Street | Cuyahoga Falls, OH 44221 | [\(330\) 971-8173](tel:(330)971-8173)

BONDAGE BREAKERS

Confidential Address | [\(330\) 701-0576](tel:(330)701-0576)

Confidential Address

EX-OFFENDER EMPLOYMENT PROGRAMS (A SERVANT'S HANDS)

Offers an ex-offender employment program matching potential clients with low-cost, supervised services from individuals striving to successfully re-enter society after being incarcerated. Low-cost services include lawn care, leaf removal, and snow re ...

GENERAL YARD WORK AND SNOW SHOVELING FOR OLDER ADULTS FOR ADULTS WITH DISABILITIES

Provides reduced cost yard work and snow shoveling for older adults and adults with disabilities.

AKRON CITY OF - PUBLIC SERVICE DEPARTMENT

Akron City Of - Public Service Department - Public Works Bureau

RESIDENTIAL SNOW SHOVELING (RESIDENTIAL SNOW PLOWING)

Plows the driveway approach of individuals with disabilities and older adults when snow accumulations exceed five inches. Includes plowing from the street curb to the property line only, not the entire driveway.

1436 Triplett Boulevard | Akron, OH 44306 | [\(330\) 375-2311](tel:(330)375-2311)

COPLEY TOWNSHIP

Copley Township - Office

RESIDENTIAL SNOW SHOVELING (SENIOR SNOW PLOW PROGRAM)

Offers free driveway snow removal for eligible older adults and people with physical disabilities. Contractors will plow when it reaches 4 inches or more.

1540 South Cleveland Massillon Road | Copley, OH 44321 | [\(330\) 666-0365](tel:(330)666-0365)

MOGADORE VILLAGE OF

RESIDENTIAL SNOW SHOVELING (SENIOR DRIVEWAY APRON SNOW REMOVAL PROGRAM)

Plows the driveway approach of disabled and elderly citizens when snow accumulations exceed 12 inches or more.

135 South Cleveland Avenue | Mogadore, OH 44260 | [\(330\) 628-4896](tel:(330)628-4896)

GREEN CITY OF

NEIGHBORHOOD IMPROVEMENT GROUPS FOR COVID-19 (GREEN TOGETHER: NEIGHBORS HELPING NEIGHBORS)

Connects public and private sources of help with those who need assistance during Covid-19. Assistance that may be available include yard work, snow shoveling, grocery shopping, and companionship phone conversations.

1755 Town Park Boulevard | Uniontown, OH 44685 | [\(330\) 896-6933](tel:(330)896-6933)

MEDINA CITY OF

RESIDENTIAL SNOW SHOVELING (DRIVEWAY SNOW REMOVAL)

Provides driveway snow removal service in which three or more inches of snow accumulate. Program is designed for older adults or disabled individuals who would have difficulty in snow removal.

132 North Elmwood Avenue | Medina City, OH 44256 | [\(330\) 722-9020](tel:(330)722-9020)



SNOWPLOW ASSISTANCE PROGRAM

2022-2023 Winter Season

PROGRAM OVERVIEW

The program is designed to provide driveway and sidewalk snow removal services to residents who are either elderly or disabled and are experiencing true hardship circumstances.

The program will run from November 15, 2022 to March 31, 2023.

Applications are accepted on a first-come, first-served basis.

The program will remain open until it has reached its budgeted capacity **OR** November 18, 2022, whichever comes first.

Abuses of this program will result in the termination of service.

SIDEWALK SNOW REMOVAL

Stow-Munroe Falls High School student volunteers will clear sidewalks for participants in the program.

Sidewalk snow removal services include:

- Sidewalks parallel to the roadway; and
- For detached garages, one sidewalk or path (4' width) connecting the house to the driveway.

This service will begin automatically whenever snowfall from a single snow event exceeds four inches (4") City-wide as determined by the City of Stow for a maximum of six (6) snow events. There is no need to call to activate this service.

DRIVEWAY SNOWPLOWING

Driveways will be plowed using a voucher system:

- Approved participants will receive six (6) snow plow vouchers to use at their discretion this winter season. Since every household has different needs, participants may choose when to use the vouchers.
- To receive snow plow service, participants call their assigned contractor, sign and date a voucher, and place it in their front screen door or a door closest to the driveway for the plow driver to retrieve.
- Vouchers should be used carefully and extra care taken so they are not misplaced. If a participant misplaces or runs out of vouchers, the contractor will expect full payment at the time of service.
- The City cannot issue additional vouchers or replace vouchers that are lost.

(Cont'd)

The contractor will make one (1) pass on a single car driveway, and two (2) passes on a double car driveway. The driveway apron and the length of the driveway will be plowed.

For residences with multiple driveways or garages, only the driveway to the garage closest to the street will be plowed.

Snow will be deposited within the tree lawn or along the left side of the driveway within the property. If snowfall is excessive, snow may be placed in the yard.

The contractor will not plow edge to edge, salt surfaces, or clear snow from patios, decks, bump out driveways, or around mailboxes.

It may take up to twelve (12) hours from the time the contractor is called until the driveway is plowed. Be sure to plan accordingly.

The private contractor is responsible for any property damage caused by this service.

ELIGIBILITY REQUIREMENTS

Applicants must meet **ALL** of the following criteria in order to be eligible for this program:

- 65 years of age or older **OR** totally and permanently disabled.
A written excuse from a licensed physician or a certificate of disability from the Social Security Administration for the individual(s) in the household who is under the age of 65 and disabled must accompany the application.
- The annual combined gross income of all household occupants (including seniors, disabled, and other occupants), must be less than the amount listed below. *If all occupants of the household are 75 years of age or older, the income criteria is waived.*

1 Person – \$28,700	5 People – \$44,300
2 People – \$32,800	6 People – \$47,600
3 People – \$36,900	7 People – \$50,850
4 People – \$41,000	8 People – \$54,150
- There must not be an able-bodied person between the ages of 13 and 65 residing in the house.
- This service will be provided to qualified residents living in a single family home or two-family home with a separate driveway for each unit. Apartment buildings, condominiums, and mobile home communities are not eligible for this service as landlords and homeowner's associations, respectively, are responsible for clearing all driveways, parking lots and sidewalks.
- Applicants must reside in the home of the property address listed on the application all winter long. Vacant homes and homes where the applicants have left for the winter months are not eligible for this program.
- Driveways must be concrete or asphalt and in good condition. Driveways or aprons containing any portion of gravel, limestone, brick, or similar type driveways will not be permitted in the program.
- Program is not for "driveway aprons" only.

***The application and all supplemental information submitted is a public record
and may be viewed or copied to the general public.***



APPLICATION

SNOWPLOW ASSISTANCE PROGRAM

*This program will remain open to qualifying residents until it has reached its budgeted capacity **OR** November 18, 2022, whichever comes first.*

STEP 1 – APPLICANT INFORMATION

Name: _____
Address: _____
Phone Number: __ (____) _____

STEP 2 – HOUSEHOLD MEMBERS AND INCOME

Number of Occupants in Household: _____

Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____
Name: _____	Date of Birth: _____

The annual combined gross income for all occupants of the household (including seniors, disabled, and other occupants), must be less than the amount listed below. If all occupants of the household are 75 years of age or older, the income criteria is waived.

1 Person – \$28,700	5 People - \$44,300
2 People – \$32,800	6 People - \$47,600
3 People – \$36,900	7 People - \$50,850
4 People – \$41,000	8 People - \$54,150

Check the box that applies.

- ☐ The combined household gross income is less than the amount listed above for the number of occupants.
☐ All occupants of the household are 75 years of age and the income criterion does not apply.

STEP 3 – DISABILITY (IF APPLICABLE)

List each disabled household member under the age of 65 and attach a separate certificate from a licensed physician or the Social Security Administration, which verifies this information. If not applicable, proceed to Step 4.

Name: _____	<input type="checkbox"/> I am totally and permanently disabled
Name: _____	<input type="checkbox"/> I am totally and permanently disabled
Name: _____	<input type="checkbox"/> I am totally and permanently disabled

Continued on Reverse Side

STEP 4 – GARAGE <i>Check appropriate box.</i>		
<input type="checkbox"/> Attached Garage	<input type="checkbox"/> Detached Garage	<input type="checkbox"/> No Garage
STEP 5 – DRIVEWAY <i>Check appropriate box.</i>		
<input type="checkbox"/> Concrete	<input type="checkbox"/> Asphalt	
STEP 6 – MISCELLANEOUS <i>Check all boxes that apply. (You must be able to check <u>all</u> boxes to be eligible for program.)</i>		
<input type="checkbox"/> There are no other able-bodied persons between the ages of 13 and 65 residing in this house. <input type="checkbox"/> I reside in this house throughout the winter months. (I am not a snowbird!) <input type="checkbox"/> This is not an apartment building, condominium, or mobile home. <input type="checkbox"/> My driveway or apron does <u>not</u> contain any portion of gravel, limestone, brick, or other similar surface. <input type="checkbox"/> I am not applying for "Apron Only" services.		

It is my understanding that the City of Stow will make a thorough investigation of all information provided in connection with this application. I authorize the City of Stow to verify any information contained in this application and/or to obtain additional information as is necessary in order to process my application. I, hereby, release the City of Stow, its agents and/or assigns from any liability associated with the processing of my application.

I certify that, to the best of my knowledge and belief, the information given within this application is true and correct. I certify that I will be actively residing at this property and that there will be no other able-bodied individuals residing at this address who are capable of removing snow during the period of this program. **Vacant homes and homes where the applicant(s) have left for the winter months are not eligible.**

If this application is approved by the City of Stow, I authorize the City of Stow, its officers, employees, and contractors to come upon my premises (at the address indicated on this application) for the purpose of plowing snow or related inspections. I further, forever, and completely, hold harmless and release the City of Stow, its officers, agents, and employees from all liability, claims, demands, damages, actions, and causes of action whatsoever which I might otherwise have or enjoy as a result of the City of Stow providing the snowplowing services for which I have applied.

I further understand that the Snowplow Assistance Program may be discontinued at any time by the City of Stow and that there shall be no liability or claims arising to the City of Stow as a result of the discontinuance of such program. I have received, read, and will comply with the City of Stow's Rules & Regulations governing this program. Additionally, I will comply with all applicable federal and local requirements, policies, and administrative procedures.

WARNING

Ohio law, including but not limited to Ohio Revised Code Section 2921.13 Falsification, makes it a criminal offense to make willful false statements or misrepresentations to the public officials administering this program. Falsification is a Misdemeanor of the First Degree punishable by up to 180 days in jail and a fine of \$1,000.

Signature

***Return completed application to Stow City Hall, 3760 Darrow Rd.
For questions, contact the Public Service Department at (330) 689-2829.***

*******BELOW IS FOR CITY USE ONLY*******

REQUIRED MUNICIPAL INCOME TAX FILINGS ARE CURRENT:

BY: _____

DATE: _____



The City of Solon

Department of Senior Services

35000 Portz Parkway

Solon, OH 44139

Phone: 440.349.6363

Internal Use Only

Proof of Income Provided ☐

Proof of Disability Provided ☐

2022 - 2023 Application for Snow Removal Services

Ordinance #2001-148

Applicant Information

Name: _____ Date of Birth: _____

Address: _____

Phone Number: _____ Email: _____

Household Information:

Additional Occupant: _____ Date of Birth: _____

Additional Occupant: _____ Date of Birth: _____

Answer each question by circling either True (T) or False (F):

- T F** I own or rent the above stated address.
- T F** I am 65 years of age or older **OR** I am permanently disabled under the guidelines of the Social Security Administration.
- T F** No other able-bodied person resides at the above applicant address.
- T F** I reside at the applicant address stated above.
- T F** The applicant address stated above is my permanent residence now and for the majority of the winter.
- T F** The total gross household income is not more than \$40,000/year, which includes Social Security, pensions, interest, and gambling/lottery winnings.

I hereby certify that the information contained in this application is true and correct to the best of my knowledge.

The undersigned, being the owner/resident, and any other residents of the above stated residence hereby agree for consideration of snow plow removal services to be provided by the City of Solon; to hold harmless and release the City of Solon and its agents from any and all suits, claims or damages that may arise as a result of snow plow removal services rendered on the premises of the undersigned for his or her convenience and waive any claim on his or her own behalf arising from said City service. I/We further understand the snow plow drivers will not be dispatched for drifting snow and/or apron cleaning. We are not permitted to contact the snow plow drivers directly, and all inquiries will be directed to the Senior Services Department.

Director, Jill Frankel _____ Date _____ Owner's / Resident Signature _____ Date _____

Please **MAIL** the completed application and any copies of supporting documents to: **Solon Senior Center, 35000 Portz Parkway, Solon OH 44139.**

Proof of income documents are required for **ALL members of the household.**

DEADLINE: the completed applications and supporting documents must be received no later than **Thursday, November 10th, 2022.**

Applicants will be **notified by phone** of the status of the Snow Removal Service once the application has been processed. For those needing assistance, processing of the application is available in-person **by appointment only.** Please schedule by calling the Solon Senior Center.

ACKNOWLEDGMENT FOR SNOW REMOVAL SERVICES 2021-2022

ORDINANCE 2001-148

I hereby acknowledge that I have read and understand the conditions and timing for snow removal:

1. Snow removal services may be provided for Solon residents who are 65 years of age or over, or those residents who are classified as physically or mentally handicapped under the guidelines of the Social Security Administration, who have an annual gross household income of not more than \$40,000 per year including Social Security, pensions and interest with proof of gross income satisfactory to the Director of Senior Services, provided that no able-bodied person is residing with the resident at the same address. Each qualified resident must reside in the home for a majority of the winter months. Driveways will be staked by the first week of December by the plower.
2. **No snow plowing will be furnished to qualified residents, except when the accumulation of snow reaches approximately 3 inches in one snowfall, as determined by the Service Director. Driveways shall be cleared not more than once in a 24-hour period.**
3. **Snow removal vehicles will clear not more than a single driveway width.** Applicants shall not have side or overhead driveway obstructions which may interfere with snow removal operations. (Ord. 1990-160, passed 9/21/99; Ord. 2001-148, passed 7/2/01)
4. A City resident who qualifies for City snow plowing and who desires plowing services must complete, in person, an application at the Department of Senior Services. Any resident who is unable to appear in person may request the Senior Services Director to come to his/her home to complete the application. (Ord. 1986-180, passed 1/19/87; Ord. 2001-148, passed 7/2/01)
5. The falsification of any information contained in the application of a City resident shall result in immediate and permanent ineligibility for snow plowing services, and the applicant shall reimburse the City for costs incurred. (Ord. 1986-180, passed 1/19/87; Ord. 2001-148, passed 7/2/01)

I further acknowledge that:

1. Normal wear and tear to adjacent lawn areas as a result of snow plowing is the responsibility of the resident.
2. Any damage over and above normal wear and tear must be reported to the Senior Center within 24 hours. I/We further understand we are not permitted to contact the snow removal contractors directly.

The undersigned, being the owner and/or resident, and any other residents of the above stated residence hereby agree for consideration of snow plow removal services to be provided by the City of Solon, Ohio; to hold harmless and release the City of Solon, Ohio, and its agents from any and all suits, claims or damages that may arise as a result of snow plow removal services rendered on the premises of the undersigned for his or her convenience and waive any claim on his or her own behalf arising from said

Name & Address (Please Print)

Date

Owner's Signature

Other Resident Signature

The City of Twinsburg (“City”), in reliance upon the representations of the undersigned resident (“Applicant”), hereby agrees to provide snow removal services for certain residents that qualify as defined herein:

*The applicant is not eligible if this is a rental property. Applicant must own and reside at the residence.

*Applicants who own a gravel driveway acknowledge that the gravel will be displaced during the course of plowing and **the City will not repair or replace any displaced gravel.**

1. The City of Twinsburg, its elected or appointed officials, agents, contractors and employees shall be HELD HARMLESS FROM ALL LIABILITY for any damages or injuries to persons or property due to participation in the above referenced program; and the above-named and undersigned party, in consideration of the services to be provided by the City under this program, further agree to fully indemnify the City for any and all expenses that it might incur as a result of any such claim, damages or injuries.
2. Undersigned Applicant understands and represents that **ALL** parties residing at the above address are over 65 years of age, meet the financial considerations as outlined in Ordinance 61-2017, or have a **SERIOUS** medical incapacitating handicap, and proof of age and/or serious incapacitating handicapped condition should be presented at time of application.

3. All parties residing at the above address intend to be in the city throughout the winter months; or will immediately notify the Parks and Recreation Department in the event such plans are changed.
4. **No snow plowing will be furnished to those qualified residents except when the accumulation of snow reaches approximately three inches or more upon the area to be plowed. It is recognized and agreed that all highways and streets within the city will be maintained prior to consideration of any snow removal under this program, the City will not plow more than once in a 24 hour period.**
5. Applicants understand that the City snow removal vehicles will clear no more than a single driveway width. The applicant shall indicate the location of the driveway through the use of driveway markers, which shall be visible from the cab of snow plow vehicles. Applicants shall not have side or overhead driveway obstructions which may interfere with snow removal operations.
6. The Parks and Recreation Department reserves the right to request additional information or documentation related to eligibility such as proof of income, handicap, disability, etc...
7. **Deadline to participate in this program is November 30, 2022. Applications received after this date will not be accepted.** Applications may be mailed to City of Twinsburg Attn: Senior Snow Plow 10075 Ravenna Road Twinsburg, OH 44087. Or dropped off at the Senior Center 10260 Ravenna Road Twinsburg, OH 44087 Monday – Friday 8:30am-3:30pm. Any questions call 330-963-8722.

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BY SIGNING BELOW, APPLICANT REPRESENTS THAT HE/SHE FULLY UNDERSTANDS THE REQUIREMENTS TO PARTICIPATE IN THE PROGRAM. ANY MISREPRESENTATION IN THE INFORMATION PROVIDED REGARDING HOUSEHOLD INCOME, DISABILITY OR HOUSEHOLD MEMBERS SHALL BE GROUNDS FOR DENIAL OF THE APPLICATION OR TERMINATION OF SERVICE.

Applicant's Signature

Date

Fee Enclosed

OFFICE USE ONLY Rec'd: _____ Fee: _____ Approved: ____
Add'l documentation rqst'd: _____ Denied: ____ Reason for denial: _____

Parks & Recreation Representative: _____ Date: _____

Appendix M

Senior News

PROGRAMS & SERVICES FOR ACTIVE SENIOR ADULTS

November—December 2022

Program Registration Begins: **Wednesday, October 26** for **STOW residents only**. Open registration begins October 27.



Inside This Issue:

Important Information	2
Special Events	3
Fitness & Health	4
Recreation Programs & Services	5-7
Program Calendars	8-9
Community Events	10, 15
Community Bus Trips (All ages)	11-12

Inclement Weather Policy

During inclement weather, activities may be cancelled. To find out if your class or activity is being held during these times, please contact the following:

Parks & Recreation Weather Hotline:
330-689-5105

Parks & Recreation Main Office:
330-689-5100

Monday-Friday 8:00am-4:30pm

We update information throughout the day. It is best to call just prior to your program's scheduled time. Program cancellation decisions are made independent of school district closures, except for those programs held in school facilities.



Stow Parks & Recreation Department

Program Registration & Information

Stow City Hall - 3760 Darrow Road
330-689-5100

Monday - Friday 8:00AM - 4:30PM

Stow Senior Center
3968 Darrow Road 330-686-1325

Senior Adult Programs
Kathy Lewis, Recreation Supervisor
klewis@stow.oh.us

www.FunInStow.com

Important Information

Happy Fall! After much thought and consideration, you will find some changes for the trip and program registration in this newsletter. Due to the popularity of our programs, limited space, and price increases, these change are necessary. We hope you see the value in the quality of programs we offer, and you will continue to be a part of the senior center family.

REGISTRATION & NEWSLETTER CHANGES – Please read carefully!

TRIP & PROGRAM REGISTRATION

Beginning immediately, Stow residents will have the first opportunity to register for our senior programs and trips, when the season opens. For the upcoming season, dates are:

Stow residents ONLY – Register beginning October 26, 2022

Nonresidents – Register beginning October 27, 2022

HOW TO REGISTER

Online

In person

Over the phone

PRIORITY FOR TAKING REGISTRATION

On your registration day, priority will be as follows:

Online and in-person registration have the same priority (there is no wait time if you register online)

Over the phone registration will have second priority

LEARN HOW TO USE OUR ONLINE REGISTRATION SYSTEM

If you are interested in learning how to use our online registration system, please register for the **Senior Program Registration** Classes being offered at the Senior Center. *Do this before registration day.* Registration information is in this newsletter.

TO LEARN TO REGISTER ONLINE, YOU WILL NEED

Basic knowledge of the internet

Ability to make payments via credit card through the website.

Pay convenience fees on all transactions

Online registrants must pay via credit card and convenience charges will apply for all online transactions.

PLEASE NOTE: The front office staff is unable to help you navigate online registration on registration day. If you encounter a problem online, please come in or call to register.

NEWSLETTER SUBSCRIPTION

For 2023, you will need to subscribe annually to get the newsletter mailed and/or emailed to you. Deadline for the subscription fee for the January and February newsletter is December 5.

SUBSCRIPTION FEE: \$5.00

RESIDENT & NONRESIDENT REGISTRATION FEES

In this newsletter, some programs will have DIFFERENT fees for residents and on-residents. The resident rate will apply to those who reside in the City of Stow.

If you have questions, please call us at 330-689-5100.

Special Events



UPDATED SENIOR PROGRAM NEWS

Starting October 2022

- Stow Residents will have an earlier registration date than non-residents. Date will be listed on newsletter.
- Stow Residents and non-Stow Residents will have different fees for programs. Fees will be listed on newsletter.

Starting January 2023

- If you would like to continue to receive the Senior Newsletter in the mail every other month - there will be a \$5 annual subscription. You may pay this fee online or at Stow Parks & Recreation Office starting December 2022.

Senior Program Registration Classes

Stow Senior Center

These classes are intended for seniors who have a basic knowledge of the internet and feel comfortable making payments via credit card through the website. Staff will walk you through the online registration process so you can register for programs at home, rather than in person, if you choose. Please call to register and get your username and password prior to the training. We will not be creating usernames and passwords during the training. Convenience charges will apply for all online transactions. Registration until full. You must bring your device with you for the training.

Thursday, Oct. 20

10:00-11:00am **Tablet/Smart Phones**

1:00-2:00pm **Laptops**

Monday, October 24

10:00-11:00pm **Laptops**

1:00-2:00pm **Tablet/Smart Phones**

Thanksgiving FEAST

Friday, Nov. 18
12:00pm
Leona Farris Lodge,
5027 Stow Rd.
\$8.00

Our Thanksgiving Feast will be offered as a sit down meal. The meal will include turkey, mashed potatoes, stuffing and green beans with pie for dessert from the Café in Stow. This program is currently full.



Friday, December 16

11:30am Resident: \$8
Leona Farris Lodge Non-Resident: \$10
5027 Stow Rd.

Join us for prizes, fun and of course great music! You never know what you will hear during our Music Bingo game. Songs might be some of your holiday favorites or they could be a blast from the past. Singing along is highly encouraged. Lunch of stuffed cabbage and pierogis will be provided. Register by December 7.

Fitness & Health

On-Going Programs & Classes for Active Senior Adults

Fall Prevention

Presented by Mulberry Gardens and Powerback Rehab

Thursday, November 3

10:00am Stow Senior Center

Falls are a public epidemic for the older adult population, and the financial and quality of life costs is astounding. According to the Centers for Disease Control and Prevention (CDC) one in four adults aged 65 and older falls each year and falling once increases an individual's chance of falling again by double. Join us to heighten your awareness around fall prevention and provide a better understanding of how to lower your personal risk for falling. Register by October 31.

K9 Caring Angels Therapy Dogs

Monday, December 12

1:00-2:00pm Cost: \$2

Stow Senior Center

Come meet the therapy dogs!

The Caring Angels Therapy Dogs consist of trained, tested and certified dogs and handlers that volunteer to give back to the community providing comfort and love where needed to improve the lives of others. This is an informal program that will allow interactions between our seniors and the dogs and handlers. Registration required by Dec. 5.



Chair Massage

with Sue Petrof, LMT

\$15 for 15 minutes

Nov. 11 and 18

Dec. 9 and 16

Massage is credited with reducing pain and allowing deep relaxation.

A chair massage focuses on the neck, shoulders and back only, while fully clothed. *No need to kneel on knees.*

Mornings by appointment at the **Stow Senior Center**

For Appointments Call: Sue Petrof, LMT

330-414-8882

Tyrannosaurus Flex Fitness Classes

3073 Graham Rd., Stow

Mondays:

9:00am: Low Impact/Cardio Drumming

10:00am: Low Impact Strength

Wednesdays:

9:00am : Low Impact/Cardio Drumming

Classes are adaptable based in individual needs.

Additional classes available for purchase: 4 classes for \$20

Call Kellie for more information and to register: 440-567-5087.

Foot & Nail Care

Reliable Nurse Foot Care

Nurse Provided Toenail & Foot Care

Nov. 4 and 7, Dec. 5

Toenail trimming, thinning and filing + corn & callus reduction performed at the **Stow Senior Center** by a certified foot care nurse at prices often cheaper than a copay.

Foot Care Sessions are \$35 check, cash or credit card.

Please call: (216) 956-0293 to schedule an appointment.

Silver Sneakers Update

Silver Sneakers will no longer be offered through the Stow Senior Center. Classes for eligible participants are offered at other area fitness centers including FitWorks Fitness, Life Center Plus and Cuyahoga Falls Natatorium. Please contact the participating facilities for an up to date listing of classes. Live and On Demand classes can be found at Silversneakers.com

Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Make It/Take It Cookie Decorating at Linda's Kitchen

141 Northwest Ave. Tallmadge, Ohio 44278

Wednesday, November 16

5:00pm-6:30pm Cost: \$40.00- R
\$42.00-NR

Join us at Linda's Kitchen in Tallmadge to make holiday cookies to give away, freeze or enjoy on your own. Class will consist of five dozen cookies per person. Varieties include one dozen of each: cut outs, snickerdoodles, snowballs, chocolate crinkles and thumb-prints. Participants will stand for the majority of the class, with the exception of decorating. Registration required by November 9.

Yellowstone: The Beauty of the Land

Friday, November 4 10:00am

Cost: \$5.00 Stow Senior Center

With more geothermal features than anywhere else in the world, Yellowstone is one hot topic. Learn about the land features of the park and what makes it so unique. Nature Pam's slideshow presentation uses photojournalism to capture the beauty and history of our national parks. Register by November 1.

Crafting with Kristin

Monday, December 5 1:00pm

Resident: \$8 Non Resident: \$10

Stow Senior Center

This always popular class will include step by step instructions and all necessary materials to create three homemade cards for the holiday season. Register by November 16.

5



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judilint@howardhanna.com

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Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Unless noted, programs will be offered for drop in play. *Due to spacing at the senior center, all programs will be offered at capacity. Please arrive no earlier than 10 minutes before a weekly program start time.*

Mah-Jongg

**EVERY Tuesday ~
12:00-2:00pm**

Game play start: **Stow Senior Center**

For players familiar with the game. No Fee. No registration



Pictured above: Stow Striders Hiking group at Liberty Run MetroPark.

Dominoes Mexican Train

**EVERY Tuesday ~
12:00-2:00pm**

Come learn to play this fun and easy game.

Enjoy good company!
No Fee. No registration

Bunco Wednesdays 12:00– 2:00

Bunco is now part of our weekly programming on Wednesdays in the back room of the senior center. This will be a drop in program for the first 16 participants. Games will be casual with no prizes provided. Staff will be available to assist new players. Supplies will be provided. No Fee. No registration

Game Day!

**EVERY Wednesday
12:00pm - 4:00pm**

Stow Senior Center

Decks of cards and a variety of board games and bunco supplies will be on hand to play. No Fee. No registration

Senior Bowling

**League Play—Thursdays
9:30am**

Clutch Lanes & Sports Center

4190 State Rd. Cuyahoga Falls

Fee: \$10.00* / 3 games

\$1 paid to league committee

League Coordinator:
Jack Garner

New Players & Subs Welcome

Brain Games

**With Danbury Senior Living
Nov. 3 and Dec. 1 @ 1:00
Stow Senior Center**

Register by Tuesday of each program
Join Bob from Danbury Senior Living for a fun hour of brain games including logic puzzles, word riddles and out of the box thinking. All materials will be provided. Registration Required.

Blanketeers

**2nd and 4th Wednesdays
12:30-2:30pm**

**Community Church of Stow
1567 Pilgrim Dr. Stow**

You do not need to know how to knit or crochet to join. Just go with a willingness to learn and they will teach you the craft to make hats, mittens and blankets. Since 2005, this group has donated over 4000 blankets to various causes. Donations of yarn are appreciated. Contact Bobbi at 330-688-7390.

Senior Bingo at Stow Senior Center

Program Sponsor:
Danbury Senior Living Cuyahoga Falls

**2nd and 4th Thursday of each month
Games begin at 1 pm**

\$3/(3 card) packet for all 10 games

Correct change please

All money taken in is paid out as prizes!

Digital Board displays past numbers. Window Slide Bingo cards provided. Registration is still required for this program. *Due to the popularity of the program, PLEASE call the front desk at 330-689-5100 if you are unable to attend so that we can fill your spot with someone from the wait list.*



Recreation Programs & Services

On-Going Programs & Classes for Active Senior Adults

Lunch Buddies

Drive yourself to local restaurants to enjoy with friends. Meet the group leader at the restaurant. Order & pay off menu.

Friday, November 11 11:30 am
Don Patron Mexican Grill
5835 Darrow Rd. Hudson 44236

Friday, December 9 11:30 am
River Merchant
911 N. Mantua St. Kent 44240

Breakfast Buddies

Visit a local restaurant to enjoy good conversation and a tasty breakfast! Meet the group leader at the restaurant. Order & pay off menu.



Monday, November 28 9:00am
Molly Brown's Café
2485 State Rd. Cuyahoga Falls 44223

Monday, December 19 9:00am
Lyla's Family Restaurant
1911 Bailey Rd. Cuyahoga Falls 44221

Call 330-689-5100 to register for Lunch Buddies & Breakfast Buddies.

Registration is required by the Monday prior, unless filled. All restaurants are moderately priced. Transportation and lunch are not included. Wait times may vary by restaurant.

7

At Mulberry Gardens Assisted Living and Memory Care WE PUT YOUR LOVED ONE FIRST

At Mulberry Gardens Assisted Living and Memory Care, we know staying socially connected and feeling engaged becomes more important as we age. Healthy relationships, good nutrition and regular fitness programs are all included! When your loved one moves to Mulberry Gardens, they'll become a part of something special...a sense of family, friendship, and belonging that welcomes them each day. There are never any buy-in fees and everything is included in one reasonable monthly rent, even the utilities, except phone. We also offer personal services at an additional cost, and because we focus on individual needs and preferences, you only pay for the services needed.

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395 South Main Street
Munroe Falls, OH 44262

MEMORY CARE
330-633-3026
47 Steeplechase Ln
Munroe Falls, OH 44262



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14-1497

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 12-2: Mah Jongg 12-2: Dominoes	2 12-4: Cards and Bunco Bus Trip: Miss Molly's Tea Room	3 9:30am Bowling @CLSC 10: Fall Prevention 1: Brain Games	4 Footcare 10: Yellowstone	5
6	7 12pm: Sunshiners Fall Hiking Spree (raindate)—10 Footcare	8 12-2: Mah Jongg 12-2: Dominoes	9 12-4: Cards and Bunco Blanketeers 12:30-2:30	10 9:30am Bowling @CLSC 1: BINGO Bus Trip: Butler Art Museum	11 Massages 11:30am Lunch Buddies	12
13	14	15 12-2: Mah Jongg 12-2: Dominoes	16 12-4: Cards and Bunco 5: Make It/Take It: Cookies Decorating	17 9:30am Bowling @CLSC 1: BINGO	18 Massages Thanksgiving @ LFL	19
20	21 Bus Trip: Kraynak's	22 12-2: Mah Jongg 12-2: Dominoes	23 12-4: Cards and Bunco Blanketeers 12:30-2:30	24 Closed 	25 Closed 	26
27	28 9am: Breakfast Buddies	29 12-2: Mah Jongg 12-2: Dominoes	30 12-4: Cards and Bunco			

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road

Program Registrations are taken at Stow City Hall - **Stow Parks & Recreation Department, 3760 Darrow Road**

*V= Virtual Programming

*LFL = Leona Farris Lodge, formerly Silver Springs Lodge 5027 Stow Rd

*Bus Trips & Lunch Bunch Depart: Stow City Center, 3760 Darrow Rd

*OT = Oregon Trails 2913 Graham Rd

*HB = Heritage Barn 5238 Young Rd

*CLSC - Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls

*SMFHS Stow Munroe Falls High School 3227 Graham Rd, Stow, OH 44224

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Bowling @CLSC 1 pm: Brain Games	2	3
4	5 Footcare 12pm: Sunshiners 1: Crafting with Kristin	6 12-2: Mah Jongg 12-2: Dominoes	7 12-4: Cards and Bunco	8 9:30am Bowling @CLSC 1pm: BINGO	9 Massages 11:30 am Lunch Buddies	10
11 Bus Trip: Severance Hall	12 1: Therapy Dogs	13 12-2: Mah Jongg 12-2: Dominoes	14 12-4: Cards and Bunco Blanketeers 12:30-2:30	15 9:30am Bowling @CLSC	16 Massages 11:30 Music Bingo @ LFL	17
18 Bus Trip: The Letterman	19 9am: Breakfast Buddies	20 12-2: Mah Jongg 12-2: Dominoes	21 12-4: Cards and Bunco	22 9:30am Bowling @CLSC 1pm: BINGO	23 	24
25 	26 	27 12-2: Mah Jongg 12-2: Dominoes	28 12-4: Cards and Bunco Blanketeers 12:30- 2:30	29 9:30am Bowling @CLSC	30 	31

Most Programs are held at:
Stow Senior Center, 3968 Darrow Road

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*OT = *Oregon Trails* 2913 Graham Rd

*HB = *Heritage Barn* 5238 Young Rd

*CLSC - *Clutch Lanes & Sports Center, 4190 State Road, Cuyahoga Falls*

*SMFHS *Stow Munroe Falls High School* 3227 Graham Rd, Stow, OH 44224

Tyrannosaurus Flex Fitness Classes -3073 Graham Rd., Stow

Community Events

Stow Sunshiners

Monthly Luncheon is held the 1st Monday of Month (*Holiday, 2nd Mon.)
November 7 and December 5 **at 12:00pm**

St. Stephen Lutheran Church

3725 Kent Road

Join the Sunshiners as they welcome newcomers and renew old acquaintances at their new location! For seniors 55+.

Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$10.50 to Stow Sunshiners
Contact Diane at 330-212-9994 for lunch reservations



HONORING OUR VETERANS

FRIDAY, NOV. 11, 2022

Cuyahoga Falls Natatorium ★ 2345 4th Street ★ Cuyahoga Falls, OH 44221

- ★ Doors open and lunch served 11:30-12 p.m.
- ★ Program 12-1 p.m.
- ★ Keynote Speaker: Major Eric Mansfield,
Retired, United States Army
- ★ Limited seating is available. Registration is required
by November 1 by calling (330) 926-3445 or emailing
hospitalevents@westernreservehospital.org



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SENIOR COALITION

Cancellation Policy

Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason, including illness, appointments or change of personal plans, you must submit a refund request at least seven days prior to a trip or program. Refunds are given only if no expenses/ticket purchases have occurred. Approved refunds by check incur a \$5 processing fee. Approved refunds applied as program credit will be for the full amount.

Any cancellations within 7 days of the activity **Do Not** receive credit or refund.

You may always allow someone to take your place in the program with the exception of free programs that have a current wait list.

Community Bus Trips

Open to All Ages

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.

Miss Molly's Tea Room

Date: Wednesday, November 2

Resident Fee: \$36.00 Non Resident Fee: \$38.00

Depart: 10:00am Return: 3:00pm

Miss Molly's is a lavishly decorated Victorian Tea Room and Gift Shop located in the Historic District of Medina. A limited menu will be offered, along with tea selections. Please plan to select your menu choice during registration. We will travel to Root Candle Company after lunch. Trip includes lunch, tea and dessert at Miss Molly's. Please bring cash the day of the trip for the tip.

Butler Institute of American Art — Youngstown

Date: Thursday, November 10

Resident Fee: \$22.00

Non Resident Fee: \$24.00

Depart: 8:30am Return: 3:30pm

The Butler is unique among museums. It exists to collect and preserve works of art in all media created by citizens of this country. From the crowning pieces of its permanent collection to the temporary exhibits, a walk through the Butler is a walk through American history. And what is most surprising about The Butler, is how the art jumps off the wall in this intimate setting. Trip includes a guided tour through the museum. Lunch (additional) at the Mocha House after the museum. This trip will include extensive walking throughout the museum.

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Community Bus Trips

Open to All Ages

Bus departs from Stow City Hall, 3760 Darrow Road, unless otherwise noted.



All trips will be offered at a limited capacity until further notice for the health and safety of our participants. **Masks are optional, but encouraged.** All trips are subject to change and cancellation. All restaurants are moderately priced and wait times may vary. - Continued from page 11 -

Christmas Land at Kraynak's

Herimtage, PA

Date: Monday, November 21

Resident Fee: \$22.00

Non Resident Fee: \$24.00

Depart: 10:00am Return: 4:30pm

From decorations to gifts, Kraynak's will get you into the holiday spirit. Imagine a world of make-believe with twinkling lights, glittering trees, and a magical array of life-like characters. "Santa's Christmas Land" is a 300-foot, indoor starlight avenue of uniquely designed artificial Christmas trees. Each tree has a specific theme that is enhanced and complimented by surrounding scenery and a cast of life-like animated characters. Lunch (additional) will be at Cucina di Cianci's Italian Restaurant. Additional stop at Daffin's Candies. This trip will include extensive walking.

The Cleveland Orchestra at Severance Hall

Date: Sunday, December 11 Fee: \$93.00

Depart: 1:00pm Return: 5:30pm

Celebrate the holidays with the Cleveland Orchestra in the spectacular Severance Hall. This concert is an annual favorite and is sure to be an experience to remember! Don't forget to dress to impress in your holiday best. We will not be stopping for lunch for this program. This trip is currently full.

The Letterman Holiday Show at Goodyear Theater

Date: Sunday, December 18 Fee: \$57.00

Depart: 3:30pm Return: 8:00pm** Please note: Time change from last newsletter**



For more than 50 years, The Lettermen-- Donovan Tea, Bobby Poynton and Rob Gulack, each of whom are entertainers in their own right--have kept the meaning of harmony alive with their soft, romantic, harmonic blend of music which is as popular with their fans today as it was in 1961 when they recorded their first hit, "The Way You Look Tonight." The holiday show will transform you back in time to celebrate the season. We will not be stopping for food, but food is available for purchase at the venue. This trip is currently full.

Life Center Plus Day Trip:

This trip is offered through Life Center Plus Travel. Please call 330-655-7487 for more details and registration for the trip below.

CHRISTMAS VICTORIAN VILLAGE

Thursday, December 1

Leave: 10:00am Return: 8:00pm \$89/PERSON CODE: T2235

Includes: deluxe motorcoach, lunch, all tours and admissions as stated We will head south to Cambridge, Ohio to enjoy Dicken's Victorian Village. Here will meet your costumed guide to take you on a driving tour of the famous Dicken's Christmas Village. Enjoy a delicious Christmas buffet along with a piece of homemade pie. Other stops include Kennedy's Bakery and the National Museum of Cambridge Glass, a favorite! Afterwards, end your day with an awesome Light and Music show at the Courthouse.


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Program Sign Up

Please use the registration form below if you are signing up for multiple activities at once. You must sign up for each month. If you cannot attend, please call 330-689-5100.

Name: _____

(circle one) Resident* Non Resident

Stow mailing address and 44224 zip code

_____ **2023 Newsletter Subscription Fee** Cost: \$5.00

Special Events:

_____ **Fall Prevention** Thursday, November 3 @ 10am Cost: Free

_____ **Yellowstone** Friday, November 4 @ 10:00am Cost: \$5.00

_____ **Make it/Take it** Wednesday, November 16 Resident: \$40 Non Resident: \$42

_____ **Thanksgiving** Friday, November 18 @ 12:00am Cost: \$8 **WAIT LIST ONLY**

_____ **Crafting with Kristin** Mon., Dec. 5 @ 1:00pm Resident: \$8 Non Resident: \$10

_____ **K9 Caring Angels Therapy Dogs** Monday, Dec. 12 @ 1:00 Cost: \$2.00

_____ **Music Bingo** Fri., December 16 @ 11:30am Resident: \$8 Non Resident: \$10

Weekly Programming:

Bingo \$3 for 3 cards, paid day of play Nov. 10 _____ Nov. 17 _____

Dec. 8 _____ Dec. 22 _____

Brain Games Nov. 3 _____ Dec. 1 _____

Let's Eat

Lunch Buddies Friday, Nov. 11 _____ Friday, Dec. 9 _____

Breakfast Buddies Monday, Nov. 28 _____ Monday, Dec. 19 _____

Community Bus Trips: (please circle one)

Miss Molly's Tea Room Wednesday, November 2 Resident: \$36 Non-Resident: \$38

Butler Institute of American Art Thursday, November 10 Resident: \$22 Non-Resident: \$24

Christmas Land at Kraynak's Monday, November 21 Resident: \$22 Non-Resident: \$24

waitlist **The Cleveland Orchestra at Severance Hall**** Sunday, Dec. 11 Fee: \$93.00

waitlist **The Letterman Holiday Show** Sunday, December 18 Fee: \$57.00

CHRISTMAS VICTORIAN VILLAGE Please call 330-655-7487 to book this trip through Life Center Plus Travel.

Community Programs

Stow Munroe Falls Public Library Community Events

Knit Stay Crochet

November 5th 10-4pm

Veterans Day Movie

Midway

November 7th 1-4pm

Smarter Photos with your Smartphone

November 14th 6:30-8pm

Native American Heritage Month Movie

Smoke Signals

November 16th 6-8pm

All programs are registration only. Please register at events.smfpl.org or call (330) 688-3295 ext 4



Stow Munroe Falls Drama Club Presents:

Puffs

Free Senior Citizen Performance on

November 18th @ 9:30am

For seven years a certain boy wizard went to a certain Wizard School and conquered evil. This, however, is not his story. This is the story of the Puffs... who just happened to be there too. A tale for anyone who has never been destined to save the world.

Wayne Hopkins — a boy from New Mexico who is neither brave, smart, nor a snake — finds out he's a wizard. Upon arrival at a certain school of magic and magic, he's placed into the Puffs: a group of well meaning, loyal rejects. Over the next seven years, he'll try to learn magic; try not to have his life ruined by his four-eyed nemesis; and try to not to get hurt in what is actually a very dangerous place for unsupervised children to be. Sometimes he will succeed. Partially.

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For ad info. call 1-800-477-4574 • www.lpicommunities.com

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Stow Senior Adult Programs
November - December 2022
Stow Parks & Recreation Department
3760 Darrow Road Stow, OH 44224
330-689-5100
Website: www.FunInStow.com

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Return Service Requested

Dated Material

Program Registration Begins: **Wednesday,**
October 26 for Stow Residents Only.
Open Registration begins Oct. 27 for
all others.

Stow Senior Programs are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+

Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: www.FunInStow.com** Look under: Senior Adult Programs

Additional Bus Trip Policies: Children under 18 must be accompanied by an adult. Pre-registration is required & full payment is due upon registration. No Holds. Trips include transportation and admissions. Meals are not included unless noted. Return times are approximate so please allow for additional time. Our staff is happy to assist you with basics whenever possible if you are travelling alone such as, if you need assistance retrieving your mobility device, or accessing the lift. (You must have a mobility device if you intend to use the lift.) If you require special assistance boarding, de-boarding, climbing stairs, or walking any distance, or of a personal nature, you should travel with a personal care attendant as our staff will not provide that level of assistance. A personal care attendant **MUST** also be registered for the trip. Please inform us of your intentions regarding these needs when you register.

THANK YOU SPONSORS OF THE STOW CITY CENTER PROJECT

