



## **PROCLAMATION**

### ***Recognition of State of Mind: Hudson Week***

**WHEREAS**, the Leadership Hudson Class of 2019 has recognized the importance of raising awareness and reducing the stigma that surrounds mental health issues within our community, and class members have coordinated a week-long campaign, featuring educational programming and events designed to bring awareness to many of the mental health issues prevalent in Hudson's youth and adolescent community; and

**WHEREAS**, during the week of October 4 – 8, 2020, which is also recognized nationally as Mental Illness Awareness Week, community members will have the opportunity to hear from a variety of mental health professionals on a collection of topics including depression, anxiety, stress and other common mental health issues impacting our children and adolescents; and

**WHEREAS**, the programming and events will be hosted in a digital format, with events being free and open to the public; and

**WHEREAS**, I wish to formally thank Leadership Hudson Class of 2019 for calling attention to the importance of mental health.

**NOW, THEREFORE**, I, Craig A. Shubert, Mayor of the City of Hudson, Ohio, do hereby proclaim October 4<sup>th</sup> – 8<sup>th</sup>, 2020, as

#### **“STATE OF MIND: HUDSON WEEK”**

in Hudson, Ohio, and I encourage all citizens to acknowledge the importance of raising awareness and reducing the stigma associated with mental health issues and to take advantage of the many educational opportunities available through the planned events and programming.

**IN WITNESS WHEREOF:**

I have hereunto set my hand and caused  
the Seal of the City of Hudson to be  
affixed on this 15<sup>th</sup> day of September, 2020.

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Craig A. Shubert, Mayor  
City of Hudson, Ohio