

RANDOM ACT OF KINDNESS WEEK February 17th – 22nd

You're invited to join in our week-long celebration of kindness. Help turn the world kind by celebrating RAKHudson Week. It's our chance to have fun being a little extra kind.

17th I Sunday: Random Acts of Kindness Day

Join us at the Hudson Library from 1PM to 4PM for a family friendly craft activity and to help kick off our week of kindness!

18th I Monday: Hey Neighbor

Share a book, do an errand, or give flowers to a neighbor!

19th I Tuesday: Thankful Tuesday

Write a Thank You note to show your appreciation!

20th I Wednesday: Explore Kindness

Make 10 people smile - compliments and smiles work!

21st I Thursday: Tasty Thursday

Give to a food pantry or pick up a stranger's restaurant tab!

22nd I Friday: Be a Friend

Spend some time with someone who may be lonely!

Share your #RAKHudson stories on [1] and watch Kindness grow!



Sponsored by Hudson League for Service. RAKWeek 2019 is full of community activities geared toward promoting kindness. Additional details may be found at www.hudsonleagueforservice.org and www.facebook.com/HudsonLFS.