



# RANDOM ACT OF KINDNESS WEEK

## February 17<sup>th</sup> – 22<sup>nd</sup>

You're invited to join in our week-long celebration of kindness. Help turn the world kind by celebrating RAKHudson Week. It's our chance to have fun being a little extra kind.

## Ways to Help

- ❑ **Organize a Good Deed!** Random of course! See the week-long schedule of events for ideas!
- ❑ **Volunteer!** Help kick off kindness in our community. Sign up today at: <https://www.signupgenius.com/go/10COD48AFAD2BABF85-rakhudson1>
- ❑ **Publicize Week of Kindness Events!** Encourage the community to get involved! Make announcements, hang posters and gather a group to spread some kindness!
- ❑ **Use Social Media!** We want this event to go viral in Hudson and beyond! Post Random Acts of Kindness and encourage others to pass on via Social Media. Include [#RAKHudson](#) in all your posts.
- ❑ **Follow Us!** Make sure to follow Hudson League for Service on [Facebook](#) @ [HudsonLFS](#) to share [#RAKWeek2019](#) updates.
- ❑ **Donate a small item or coupon to pass it on!** Volunteers will randomly distribute items in the community on [Sunday, February 17th](#) as part of the Kindness Kickoff. Recipients will be encouraged to pass it on to someone else as an Act of Kindness.



Sponsored by Hudson League for Service. RAKWeek 2019 is full of community activities geared toward promoting kindness. Additional details may be found at [www.hudsonleagueforservice.org](http://www.hudsonleagueforservice.org) and [www.facebook.com/HudsonLFS](https://www.facebook.com/HudsonLFS).